

Improving lives together

# Transitional service for adults who are delayed discharges on PICU and Acute wards



Cygnnet Health Care offers a PICU / Acute transitional service (Discharge 2 Assess D2A) for people who no longer require an acute admission and are clinically ready for discharge, but remain on PICU and Acute wards. The service is offered at all of our high support inpatient rehabilitation (Level 2) services within the UK.



Male and Female



18+ years



National placements

Average Length of Stay for our D2A admissions is

**48\* days**

\* Data relates to 37 individuals between Jan 23 & Jul 24

## Our service user profile:

- > Men or women, aged 18+ years
- > Detailed under the Mental Health Act or informal
- > Individuals who no longer require an acute admission but:
  - Require some support prior to discharge to the community
  - Do not require a long term rehabilitation placement
  - Need a period of assessment to identify their next placement
  - Have a placement identified with no agreed admission date
  - Have no fixed abode and require housing / benefit support

## Case Study

In 2023, 8 individuals from one NHS trust moved from

a PICU or Acute service

to

a Cygnnet High Support Inpatient Rehabilitation (Level 2) service.

Cost savings to the trust

**£350,000\***

\* Costs compared to those individuals staying on the PICU or Acute ward for the same time period

## Our service at a glance:

- > Access to a **multi-disciplinary team** including but not limited to; mental health nurses, clinical and forensic psychologists, occupational therapists, and psychiatrists
- > Assessment from the whole MDT including **physical health assessments, functional skills assessments, recovery star, lunsers, Hogans** etc.
- > **Psychological** assessment and formulation
- > Activities of daily living (ADLs) in preparation for **discharge**
- > Support to address **social issues** such as benefits
- > Engagement in **meaningful therapeutic activities** of choice
- > Optimisation of **medication** if appropriate
- > Support to access **community services**
- > **Future planning** regarding discharge



**PICU and Acute Services Delayed Discharge Patients**  
(NHS monthly cost approx. £20,000 - £28,000 per patient)

**Cygnnet PICU / Acute Transitional Services**  
(NHS monthly cost approx. £13,000 - £14,000 per patient)

**Cygnnet  
Community  
Rehabilitation  
Services  
(Level 1)**

**Community  
Services**

**Independent  
Living**



For more information or to make a referral please call **0808 164 4450** or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

**Our referral process:**

- 1** Referral made to **0808 164 4450 / chcl.referrals@nhs.net**
- 2** Assessment arranged and undertaken via our management team
- 3** Feedback provided on whether our service can meet the individual's needs
- 4** Assessment pack formulated including care plans and funding information
- 5** Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement



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**Integrity**

**Trust**

**Empower**

**Respect**

**Care**