Improving lives together

Medium Secure Personality Disorder Services for Men

Madison and Columbus, Cygnet Bury Hudson, North West

Cygnet Bury Hudson offers a dedicated personality disorder service on two wards, Columbus and Madison, in a medium secure setting. Both wards deliver care for men with enduring mental health needs and co-morbidity in a calm, therapeutic environment with a focus on service user experience, shared care and safety.

Our Model of Care













Our service user profile

- > Men, 18+ years
- > Primary diagnosis of personality disorder
- Detained under the Mental Health Act, including Ministry of Justice restrictions
- Requiring assessment and treatment in a secure environment
- May have a history of trauma

Therapies and activities

Each service user has a treatment plan and therapeutic timetable that is person-centred and flexible. We're guided by the Royal College of Psychiatrists' Enabling Environments standards alongside our coproduced model of care. Therapies and activities are delivered on an individual and group basis and include:

- > Dialectical Behavioural Therapy (DBT)
- > Schema Focused Therapy (SFT)
- > Compassion Focused Therapy (CFT)
- > Cognitive Behavioural Therapy (CBT)
- > Eye movement desensitization and reprocessing (EMDR)
- > Social & daily living skills development
- > Education and vocational developments



The model of care promotes a collaborative approach, incorporating psychiatry, psychology, occupational therapy, social therapy, physical healthcare and more. We work closely with the service user, families and carers and external teams.

Our occupational therapists offer one to one support and group sessions including; social skills, sleep hygiene, healthy lifestyles, daily living skills development and community reintegration. They can support individuals to access educational and vocational placements both onsite and in the community.

We aim to support individuals to progress through their identified care pathway, into the least restrictive environment possible, while working to reduce the possibility of readmission back into secure care.



Scan the QR code or click here to watch David's Story



Our Facilities

- > En-suite bedrooms
- Range of communal spaces
- > Gym
- > Laundry

- > Occupational
- therapy kitchen
- > Therapy garden
- > External sports pitch
- > Recovery college

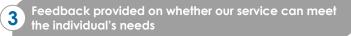




Make a referral



Assessment arranged and undertaken via our management team



Assessment pack formulated including care plans and funding information

Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Bury Hudson off Buller St, Bolton Rd, Bury, North West BL8 2BS

Phone number 0161 762 7200



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