

Improving lives together



Medium Secure Personality Disorder Services for Men

Madison and Columbus,
Cygnet Bury Hudson, North West

Accepting
referrals

Cygnet Bury Hudson offers a dedicated personality disorder service on two wards, Columbus and Madison, in a medium secure setting. Both wards deliver care for men with enduring mental health needs and co-morbidity in a calm, therapeutic environment with a focus on service user experience, shared care and safety.



Male



18+ years



26 beds
across 2
wards

Our Model of Care

Phase One

Understanding me Pre-Admission & Admission

Getting to know my team
and support group

Phase Two

My Skills Assessment

Understanding my needs and
support required for a
safe future

Phase Three

My Independence Treatment

Building trust, actively
engaging in treatment and
re-learning new skills

Phase Four

Preparing to move on Transition & Discharge

Consolidating skills and moving
on to a safe, purposeful and
meaningful future



Our service user profile

- > Men, 18+ years
- > Primary diagnosis of personality disorder
- > Detained under the Mental Health Act, including Ministry of Justice restrictions
- > Requiring assessment and treatment in a secure environment
- > May have a history of trauma

Therapies and activities

Each service user has a treatment plan and therapeutic timetable that is person-centred and flexible. We're guided by the Royal College of Psychiatrists' Enabling Environments standards alongside our coproduced model of care. Therapies and activities are delivered on an individual and group basis and include:

- > Dialectical Behavioural Therapy (DBT)
- > Schema Focused Therapy (SFT)
- > Compassion Focused Therapy (CFT)
- > Cognitive Behavioural Therapy (CBT)
- > Eye movement desensitization and reprocessing (EMDR)
- > Social & daily living skills development
- > Education and vocational developments



The model of care promotes a collaborative approach, incorporating psychiatry, psychology, occupational therapy, social therapy, physical healthcare and more. We work closely with the service user, families and carers and external teams.

Our occupational therapists offer one to one support and group sessions including: social skills, sleep hygiene, healthy lifestyles, daily living skills development and community reintegration. They can support individuals to access educational and vocational placements both onsite and in the community.

We aim to support individuals to progress through their identified care pathway, into the least restrictive environment possible, while working to reduce the possibility of readmission back into secure care.



Scan the QR code or click here
to watch David's Story




Regular inter-ward parties and sports tournaments held on-site

Engaged with Carers holding regular events



Embracing The Royal College of Psychiatrists Enabling Environments ethos

EE
ENABLING ENVIRONMENTS

Links with local charities and community groups for volunteering



Fishing Club



I want to thank you for all your help and support, because you have helped me more than I could imagine.
- Former service users

Our Facilities

- > En-suite bedrooms
- > Range of communal spaces
- > Gym
- > Laundry
- > Occupational therapy kitchen
- > Therapy garden
- > External sports pitch
- > Recovery college



Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Bury Hudson
off Buller St, Bolton Rd, Bury,
North West BL8 2BS

Phone number
0161 762 7200



CYG-686 | Date of Preparation: 10/02/25

Please visit cygnetsgroup.com for more info | Follow us on social media:

Integrity

Trust

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Respect

Care