

Improving lives together

# CAMHS Acute Service

Wizard House,  
Cygnnet Bury Forestwood, North West

Now supporting  
young people with  
disordered eating



**NEW** - Supporting young people with  
disordered eating



Mixed  
Gender



12 to 18  
years



12 beds

Wizard House is our 12 bed general adolescent acute unit (GAU) providing support for young people aged 12 to 18 across the gender spectrum who require inpatient care. The service is focused on helping them return home and is dedicated to helping young people maintain their school placements where possible. Admissions can be either formal or informal.

The aim of our service is to improve the mental health of young people, who require treatment in a general adolescent unit, by delivering tailored assessment and treatment packages in a safe, age appropriate environment, specifically, to reduce the risk of harm to self and / or others.

The service helps young people whose needs cannot be safely and adequately met by community Tier 3 CAMHS or specialist education facilities. This includes individuals with a mild learning disability or autism, who do not require Tier 4 CAMHS Learning Disability Services. We can now also support young people with disordered eating.

## Our service user profile:

- > Age 12-18 years
- > Diagnosis of:
  - Psychosis
  - Self-harm and/or suicidal ideation
  - Depression or anxiety
  - Emerging personality disorder
  - Emotional, social and behavioural difficulties
- > May be detained under the Mental Health Act or informal
- > May have forensic history
- > May also have the following co-morbidities as a secondary diagnosis:
  - Borderline / mild learning disability
  - Autism
  - Disordered eating

## Disordered Eating Support

The team at Wizard House have undergone training to be able to support young people with a secondary diagnosis of disordered eating. The ward now includes a private dining room, giving individuals a dedicated quiet and supportive environment for mealtimes.

Young people at Wizard House have access to a dietitian and care plans are adapted to meet the needs of those with disordered eating, including specialist naso-gastric feeding plans where deemed appropriate.

## Forestwood School

Forestwood School is the specialist provider of education for all young people admitted to Cygnnet Bury Forestwood. Teaching happens within a school unit, equipped with an ICT suite and an interactive whiteboard. The school also has access to a kitchen, gymnasium, outside courtyard and therapeutic garden.

## Curriculum

The intent of our school curriculum is to maintain and develop current educational pathways and / or promote future re-engagement with education, employment or training. In doing so, we believe that young people leaving our provision will stand the best chance of reintegration with community life and therefore a successful recovery journey.





Thank you for all your help and support you gave to our daughter, we truly appreciate it. - **Parents**

### Our facilities:

- > En-suite bedrooms
- > Spacious communal areas
- > Outdoor sports areas
- > IT Café
- > Training kitchen to support skills development
- > On-site Ofsted registered school

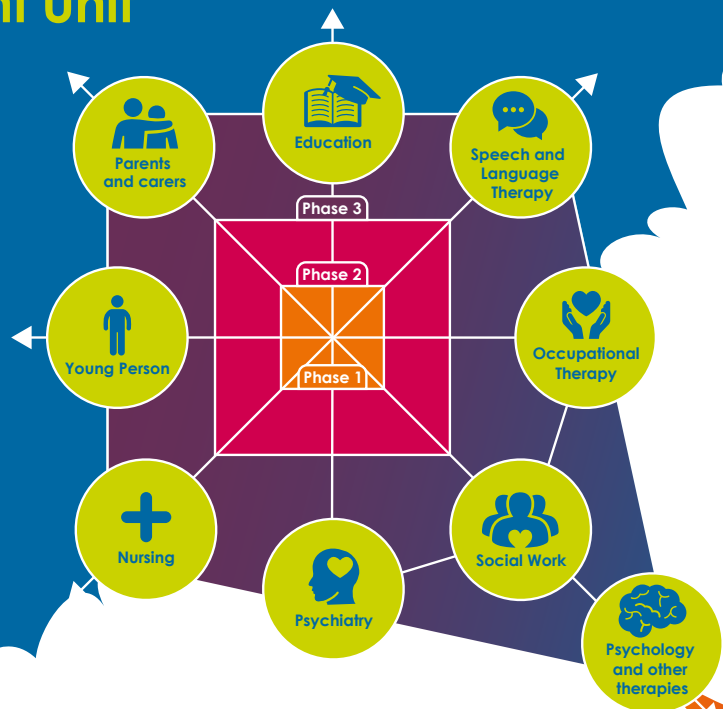
Thank you for helping me get to the stage I am now, for the groups and activities, for the leaves and the confidence boost. You've really had a big impact on my recovery. - **Young person**



## CAMHS General Adolescent Unit (GAU) Model of Care

### KITE - Key Interventions of Therapeutic Enabling

- **Phase 1**  
Assessment and Engagement (First 72 hours)
- **Phase 2**  
Formulation and Treatment (Weeks 1 - 8)
- **Phase 3**  
Transition and Discharge (Weeks 9 - 12)



1

Referral made to Cygnets bed hub via 0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding

For All PICU and Acute Referrals (Adults and CAMHS)

0808 164 4450  
[chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

### Where are we?

**Cygnets Bury Forestwood**  
off Buller St, Bolton Rd, Bury,  
North West BL8 2BS

**Phone number**  
0161 762 7200



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