



Press Release

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For Immediate Release

Woking Occupational Therapist Wins Award for Her 'Forward Thinking' Approach

An Occupational Therapist from Woking who supports men and women hospitalised with their mental health struggles has won an award for her 'forward-thinking approach'.

Courtney Greene, Regional Lead and Head of Occupational Therapy at Cygnet Hospital Woking, a 62-bed mental health hospital for men and women on Redding Way.

During Occupational Therapy week at the start of the month, OT colleagues from across the country came together to celebrate and take part in the OT Awards, organised by Cygnet, a leading provider of health and social care services.

Courtney won the 'Innovation for the Future' award which recognised those who demonstrate completion of Occupational Therapy research, leading Quality Improvement projects and have presented at external conferences.

The nomination script read: "Courtney has played a pivotal role in spearheading Quality Improvement projects aimed at mitigating violence, aggression, and self-harm.

"Her contributions also extend to scholarly pursuits, as evidenced by presentations at a wide variety of prestigious external conferences.

"She has been dedicated to elevating the visibility of Cygnet Occupational Therapy and has authored a series of insightful articles covering diverse topics, including sleep in summer, stress and calmness, and family relationships at Christmas.

"Courtney is very future-focused and forward-thinking in her approach, always on the lookout for projects that will enhance and improve the future care of service users, rolling out low stimulus environments within her hospital, driving through an IT Tablet project to enhance the connection between families and patients, and working on further projects or supporting others to do so."

Courtney said she was honoured to receive the award and added: "Thank you to my colleagues and Cygnet Hospital Woking and my regional team who are always so supportive and allow me the time to take on these projects."

Victoria Wisniewski and Sylvia Dubarry, Cygnet's Occupational Therapy Directors said: "Our Occupational Therapists deliver vital work for our service users. Their commitment, skills, and compassion truly make a difference.

"Every day, they bring patience, creativity, and deep commitment to the work they do – helping individuals find meaning, independence, and hope in their daily lives."

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Notes to Editors:

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Group

Cygnet Group is a leading provider of health and social care services for young people and adults with mental health needs, acquired brain injuries, eating disorders, autism and learning disabilities within the UK.

www.cygnethealth.co.uk