

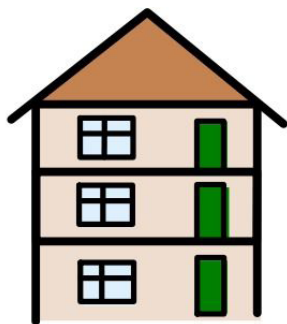


# Your guide to Supported Living with Cygnnet

Leeds, West Yorkshire

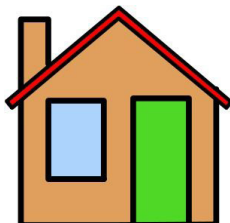
# Supported Living, Leeds

## West Yorkshire

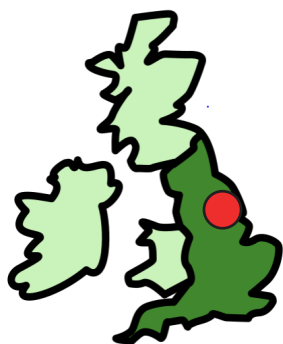


Cygnets has:

- 14 apartments



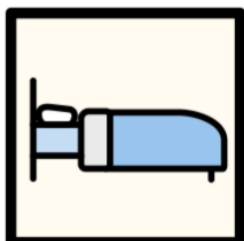
- 4 bungalows



These are in Leeds. Leeds is in West Yorkshire.



You will have your own:



- bedroom



- bathroom



- kitchen



- living room

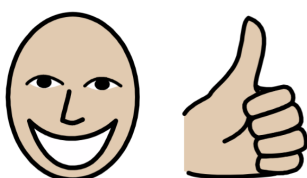
# About Supported Living



Supported living is an important step towards independence.



Being independent helps you make more choices about the life you want to live.



We will make sure you have what you want and need in your home.



Staff can help you with activities and help you to learn new skills.

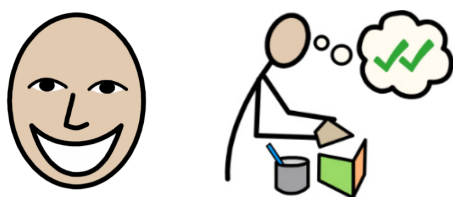
# How we support you



We will talk to you to find out what you like to do.



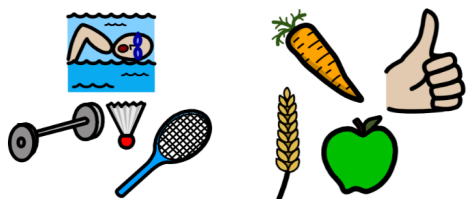
We will work with you to achieve your goals and dreams.



We help you build your skills and confidence.



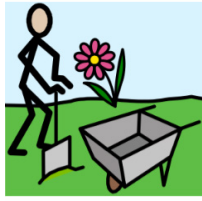
We can remind you to take your medicines.



We can help you live in a healthy way.



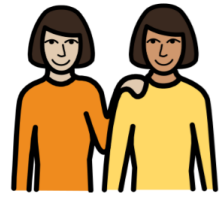
We can help you to go clothes shopping and keep your clothes looking nice.



gardening



to look after  
your money



meet new  
people

What skills  
would you  
like to learn?

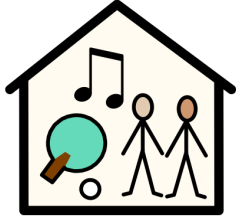


make food

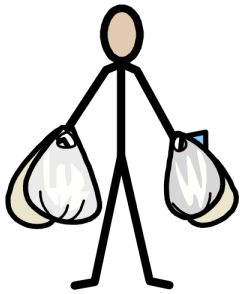


housework

# We can help you to:



- join clubs and social groups



- go shopping



- keep in touch with friends and make new friends



- see your family



We will support you to look for a job if you would like to work.

# Paying for things



Cygnet gets money to support you.



The money pays for people to support you.



Here are some examples of the things you can also spend your money on:



- clothes



- household bills and rent



- getting your hair cut



- activities you want to do



Your notes

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Accessible  
Information  
Standard