





Your guide to Supported Living with Cygnet

Gledcliffe, West Yorkshire

Supported Living, Gledcliffe

West Yorkshire





Cygnet runs a house in Huddersfield.



Hudderfield is in West Yorkshire.





The house is for 6 people in 2 living areas. The people we support here are male and female.



Staff will support you when you need it.



You will have your own:



• bedroom



You will share these spaces:



bathroom



living room



kitchen



outdoor space

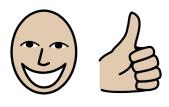
About Supported Living



Supported living is an important step towards independence.



Being independent helps you make more choices about the life you want to live.



We will make sure you have what you want and need in your home.





Staff can help you with activities and help you to learn new skills.

How we support you





We will talk to you to find out what you like to do.



We will work with you to achieve your goals and dreams.





We help you build your skills and confidence.



We can remind you to take your medicines.





We can help you live in a healthy way.



We can help you to go clothes shopping and keep your clothes looking nice.







What skills would you like to learn?





We can help you to:



join clubs and social groups



• go shopping



 keep in touch with friends and make new friends



• see your family



We will support you to look for a job if you would like to work.

Paying for things



Cygnet gets money to support you.



The money pays for people to support you.



Here are some examples of the things you can also spend your money on:



clothes



household bills and rent



• getting your hair cut



activities you want to do

Your notes



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