



Press Release

Immediate Release

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### **Birmingham Man Takes On Scafell Pike Challenge for Autism Charity**

A member of the maintenance team at a Birmingham service which supports individuals with learning disabilities has recently completed an epic challenge to raise money for a charity that helps people with autism.

Clive Summerbell works at Cygnet Wast Hills, the Cygnet Health Care-run service in Kings Norton which supports up to 21 individuals with autism, learning disabilities and complex needs. He took on the challenge to scale Scafell Pike, the highest mountain in England and fundraise for the National Autistic Society.

Walking a total distance of 17 miles in 10 hours, Clive, who has taken on a number of different fundraising challenges in the past, including a sponsored walk for mental health charity Mind, and raising money for Dementia UK, described the trek as "his toughest challenge yet". He originally set himself a fundraising target of £250, which he has now surpassed.

Clive proudly displayed Cygnet Health Care's flag when he reached the summit of Scafell Pike, which stands at an impressive 978 metres.

He said: "I was thrilled to be participating in this event to support the National Autistic Society.

"As someone who has personally witnessed the challenges faced by individuals with autism through my job at Cygnet Health Care, and as I also have autism in my family, this cause is incredibly close to my heart.

"Autism affects millions of people worldwide, and it is crucial that we come together to raise awareness and provide support.

“By taking part, I was not only pushing myself to conquer the heights of Scafell Pike but also raising funds to make a real difference in the lives of those affected by autism. The National Autistic Society works tirelessly to provide vital services, support, and advocacy for individuals on the autism spectrum and their families.”

Clive has now raised nearly £500 through his fundraising efforts.

He added: “Thanks to the generous contributions, we will move one step closer to creating a more inclusive society where individuals with autism can thrive.”

To donate, go to <https://www.justgiving.com/page/clive-summerbell-1707826621673>

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