# Improving lives together

Dual Model Rehabilitation Service (Level 1 & 2) for Men

Blythe Ward, Cygnet Joyce Parker Hospital, Coventry

Blythe Ward is a 12 bed specialist rehabilitation service for men. Our flexible service includes High Support Inpatient Rehabilitation (Level 2) and Community Rehabilitation (Level 1). This dual-level rehabilitation model ensures that individuals receive the support they need while developing independence at their own pace.

Our dedicated clinical teams provide a full multi-disciplinary programme that includes; occupational therapy, psychology, psychiatry and vocational training, offering service users the opportunities and support they need to stabilise their condition and enter society with a renewed sense of enthusiasm and optimism.

Cygnet Joyce Parker Hospital is located just outside of Coventry City Centre, there are good transport links with a bus stop just a couple of minutes' walk from the service. Within the centre there are plenty of shops, restaurants, museums and theatres.



Increasing complexity at every stage of rehabilitation means we need to provide the right level of care at the right time.

Our approach enables the men we support to gradually build skills in self-catering, self-medication, and community reintegration, before moving on to fully independent living. We work with individuals to develop personalised recovery plans that align with their long-term goals.



Our expert team work collaboratively to empower the men in our care to transition into the community with confidence







18+ years



Male



#### Our service user profile:

- > Men aged 18+
- > Detained under the Mental Health Act (1983) or informal
- Primary diagnosis of mental illness or personality disorder with:
  - Complex comorbidities
  - Substance, drug and alcohol abuse
  - Treatment resistance
  - Behaviours that challenge
- Aiming for a return to community or community-based care
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- May have secondary diagnoses of mild learning disability or autism spectrum disorder
- May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

#### Who would benefit from our service:

- Men who are stepping down from acute, PICU, or low secure and need either level 1 or 2 rehabilitation as the next step in their recovery journey
- Those who struggle to manage in supported accommodation or are experiencing delays in accessing a placement
- Individuals who need a structured, recovery-focused model with self-catering, self-medication, and community engagement



Social Hub co-produced with service users







A variety of therapies and activities





Working closely with carers, family and friends





Improving daily living skills and independence



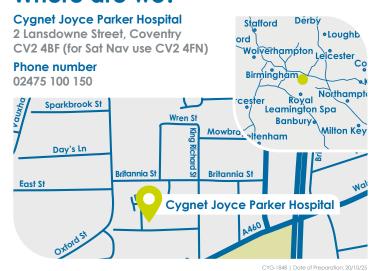




### Make a referral

- Referral made to your regional Business Relationshi Manager or 0808 164 4450 / chcl.referrals@nhs.net
- Assessment arranged and undertaken via our management team
- Feedback provided on whether our service can meet the individual's needs
- Assessment pack formulated including care plans and funding information
- Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?



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