

Improving lives together

Transitional service for adults who are delayed discharges on PICU and Acute wards



Cygnnet Health Care offers a PICU / Acute transitional service (Discharge 2 Assess D2A) for people who no longer require an acute admission, but who remain on PICU and Acute wards as a delayed discharge due to not being able or ready to transition into the community. The service is offered at all of our high support inpatient rehabilitation (Level 2) services within the UK.



Male and Female



18+ years



National placements

Average Length of Stay for our D2A admissions is

48* days

* Data relates to 37 individuals between Jan 23 & Jul 24

Our service user profile:

- > Men or women, aged 18+ years
- > Detailed under the Mental Health Act or informal
- > Individuals who no longer require an acute admission but:
 - Require some support prior to discharge to the community
 - Do not require a long term rehabilitation placement
 - Need a period of assessment to identify their next placement
 - Have a placement identified with no agreed admission date
 - Have no fixed abode and require housing / benefit support

Case Study

In 2023, 8 individuals from one NHS trust moved from

a PICU or Acute service

to

a Cygnnet High Support Inpatient Rehabilitation (Level 2) service.

Cost savings to the trust

£350,000*

* Costs compared to those individuals staying on the PICU or Acute ward for the same time period

Our service at a glance:

- > Access to a **multi-disciplinary team** including but not limited to; mental health nurses, clinical and forensic psychologists, occupational therapists, and psychiatrists
- > Assessment from the whole MDT including **physical health assessments, functional skills assessments, recovery star, lunsers, Hogans** etc.
- > **Psychological** assessment and formulation
- > Activities of daily living (ADLs) in preparation for **discharge**
- > Support to address **social issues** such as benefits
- > Engagement in **meaningful therapeutic activities** of choice
- > Optimisation of **medication** if appropriate
- > Support to access **community services**
- > **Future planning** regarding discharge



PICU and Acute Services Delayed Discharge Patients
(NHS monthly cost approx. £20,000 - £28,000 per patient)

Cygnets PICU / Acute Transitional Services
(NHS monthly cost approx. £13,000 - £14,000 per patient)

**Cygnets
Community
Rehabilitation
Services
(Level 1)**

**Community
Services**

**Independent
Living**



For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1** Referral made to **0808 164 4450 / chcl.referrals@nhs.net**
- 2** Assessment arranged and undertaken via our management team
- 3** Feedback provided on whether our service can meet the individual's needs
- 4** Assessment pack formulated including care plans and funding information
- 5** Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement



CYG-116 | Date of Preparation: 29/07/24

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Integrity

Trust

Empower

Respect

Care