

Welcome

Cygnet was established in 1988. Since then we have developed a wide range of health care services for young people and adults with mental health needs, acquired brain injuries, eating disorders, autism and learning disabilities within the UK. We have built a reputation for delivering pioneering services and outstanding outcomes for the individuals in our care.



Our expert and highly dedicated care team of 11,500 employees support 7,500 individuals each year across 150 services to consistently make a positive difference to their lives.



Cygnet Health Care is part of the Cygnet Group which also provides social care services for adults in England, Scotland and Wales.



Click the buttons to find out more about our PICU/Acute Services

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Introduction

We offer a national network of more than 550 urgent admission beds to meet the acute needs of adults requiring rapid access to mental health services, including those who may need an intensive care environment.

Our range of emergency admission services for adults include hospitals that can provide psychiatric intensive care, acute wards for individuals with mental health illness.

We offer a one hour response time to referrals, with a decision on a placement no more than an hour after we receive adequate clinical information. Where a bed is not immediately available in the preferred service, we can cross-refer to our national network of hospitals with the agreement of the referrer. All of our services have 24 hour medical cover and admissions can occur 24 hours a day.

We're focused on length of stay and making sure individuals move as quickly and safely as possible from our services to the most appropriate and least restrictive environment for them. Individuals can step down through the pathways available within Cygnet services.

Our service user profile: PICU/Acute

- Experiencing difficulties that present a risk to the wellbeing of themselves or others that cannot be treated in an open environment
- Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bipolar disorder
 - Personality disorder
 - Dual diagnosis
 - Autism or Asperger's Syndrome
- May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues
 - Complex needs





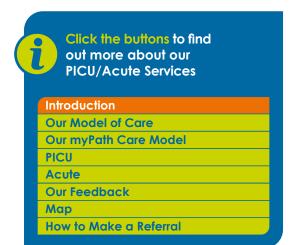
18+ years



Male/Female



Mental Health
Act Status:
Detained (must be
detained for PICU)
or Informal







- High staffing ratios
- One hour response time from receipt of clinical information
- > Admissions 24 hours a day
- > 24 hour medical cover
- Short length of stay
- Online bed availability tool and daily bed availability communication
- Substance misuse / addictions treatment
- Comprehensive national network of step-down pathways
- Weekly clinical update reports

Our multi-disciplinary teams:

- Consultant psychiatrists
- Specialty doctors
- Nursing
- Psychology
- Occupational therapy
- Healthcare support workers
- Social workers
- Substance misuse practitioners



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Our Model of Care



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How to Make a Referral

At Cygnet Health Care we are doing all we can to make a positive difference. To help guide us & ensure we are working together to achieve this we have collaboratively developed our Model of Care for our PICU/Acute Services. A guide that shows what we do as an organisation to meet the acute needs of adults requiring rapid access.

care environment.

The team supporting me will be resilient and striving

My progress will focus on improving quality of life

My Future

Stage Four

Transition & Discharge My Future (4 - 8 weeks)

- ➤ MDT to invite Care Coordinator and family to discharge meeting
- ➤ Handover of clinical records, body maps and any safeguarding issues
- Nurse to complete discharge GAP score, Ward Doctor to complete discharge summary within 10 working days
- ➤ Discharge notification to be sent within 24 hours of discharge

Stage Two

Formulation My Skills (1 week)

- > Formulation of diagnosis, review care plan and risks
- Complete OT (Occupational Therapy) and Psychology screening and assessment
- MDT (Multi-disciplinary team) review
 communication with stakeholders

Stage Three

Treatment

to mental health services, including those who may need an intensive

- > Weekly MDT review, daily review of enhanced observation levels, weekly review of psychological engagement
- ➤ Debrief and reflective practice after serious incidents, restraints and seclusions
- Monitor compliance with treatment plan and identification of relapse signatures
- > MDT to consider discharge planning

Stage One

Admission & Assessment

Understanding me (72 hours)

My Past

- Induction to the ward and introduction to the team
- Welcome pack provided to the individual in our care including Mental Health Act rights and advocacy services
- ➤ Admitting nurse to complete initial care plan, including physical health risk assessment, admissions checklist & GAP score
- > Medical team to review response to medication and liaise with GP as appropriate
- > Complete physical health investigation
- Invite Care Coordinator and family to ward rounds



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myPath is our unique overarching care model that serves to monitor service user engagement levels, manage their records, assess individual progress and formulate a personalised and dynamic care plan with measurable targets. Within our PICU and acute services, myPath is structured to support short term admissions for those individuals who have a mental illness and also require preparation for independent life within the community, or for moving into mainstream rehabilitation.

For each individual, a daily risk assessment is completed, which enables dynamic responses to individual presentation within any 24 hour period and ensures immediate support is provided. Each individual is offered a minimum of 25 hours meaningful activity, which is evidenced and documented within an individualised activity timetable based around understanding mental health needs and developing daily living skills. All individuals' care pathways are reviewed in full by the multi-disciplinary team on a weekly basis and guided by a dynamic care plan that is closely linked to our specialist outcome tool, the Global Assessment of Progress (GAP). In our PICU and acute services, the GAP allows us to measure an individual's progress during their admission, plot the positive developments and changes in wellbeing whilst formulating plans over potential future risks for longer term management. In applying myPath, our team is able to be responsive in their approach, determine length of stay, and ensure that people can move as quickly as possible to the most appropriate and least restrictive environment.



PICU

our national network of PICUs cater for emergency admissions for men and women experiencing an acute period of mental illness that cannot be managed in an open acute inpatient setting. All admissions are detained under the Mental Health Act. Referrals come to us from all areas including acute services, prison, or via the criminal justice system.

In 2023 79% of individuals discharged from a PICU were able to move to an open ward, community living, or a longer term rehabilitation placement.

The focus of our PICUs is stabilisation, and moving individuals as quickly as possible to the most appropriate and least restrictive environment, whilst avoiding the need for readmission. This is achieved through the provision of a short term intensive assessment and treatment programme, designed to support service users to regain a sense of control and order in their lives so they can ultimately return home.

The men and women we support come to us in crisis, and often present with very complex needs and increased risks that compromise their physical or psychological wellbeing, or that of others. We can also assess and transfer urgent prison referrals swiftly.

Our teams work closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge.

Care and treatment in a PICU is person-centred and delivered by a comprehensive multi-disciplinary team. There is an emphasis on the use of relational security, safety, recovery programmes and pharmacology in the management of risk, challenging behaviour and enduring mental health disorders. Training, coaching and supervision of staff enable the clinical team to remain knowledgeable and skilled in the provision of modern, appropriate, compassionate and safe care to service users.



We provide a full programme of therapy and meaningful activity across our services, including on and off-ward therapies and 1:1 and group sessions. Therapeutic interventions and activities offered by our services include:

- Dialectical Behaviour Therapy (DBT) informed therapy
- Substance misuse programmes
- Cognitive Behavioural Therapy (CBT) and Cognitive Analytic Therapy (CAT)
- Schema Therapy
- Eye Movement Desensitisation and Reprocessing Therapy (EMDR)
- > Hearing Voices groups
- Active Life programmes
- Psychoeducation
- Comprehensive occupational therapy programmes

Our PICU and acute wards work closely together to form comprehensive acute care pathways across the group. Working closely with commissioning teams, we are able to offer pathways out of PICU where clinically appropriate and therapeutically beneficial, across our comprehensive network of specialist services, including acute services, mental health rehabilitation and specialist personality disorder or neuropsychiatric services.





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How to Make a Referral

Average length of stay is

7

WEEKS
across our PICU services (2023)



Pippin Ward
Cygnet Appletree

Frederick Street, Meadowfield, County Durham, North East DH7 8NT

T: 0191 378 2747

Age: 18+ Gender: Female Beds: 10



Svanna Ward

Cygnet Hospital Beckton

23 Tunnan Leys, Beckton, London E6 6ZB

T: 020 7511 2299

Age: 18+ Gender: Female Beds: 12



Tyler Ward

Cygnet Hospital Blackheath

80-82 Blackheath Hill, London SE10 8AD

T: 0208 694 2111

Age: 18+ Gender: Male Beds: 14



South Hampton Ward

Cygnet Hospital Bury

Buller Street, off Bolton Road, Bury, North West BL8 2BS

T: 0161 762 7200

Age: 18+ Gender: Male Beds: 12



Cyanet Hospital Harrow

London Road, Harrow on the Hill, London HA1 3JL

T: 020 8966 7000

Age: 18+ Gender: Male Beds: 12



Castle Ward

Cygnet Hospital Godden Green

Godden Green, Sevenoaks, Kent, South East TN15 0JR

T: 01732 763 491

Age: 18+ Gender: Female Beds: 12



Franklin Ward

Cygnet Hospital Hexham

Anick Road, Hexham, Northumberland, North East NE46 4JR

T: 01434 408660

Age: 18+ Gender: Female Beds: 10



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Nash War

Cygnet Hospital Kewstoke

Beach Road, Kewstoke, Weston-super-Mare, Somerset, South West BS22 9UZ

T: 01934 428989

Age: 18+ Gender: Male Beds: 12



Bearsted Ward

Cygnet Hospital Maidstone

Gidds Pond Way, off Newnham Court Way, Weavering, Maidstone, South East ME14 5FY

T: 01622 580 330

Age: 18+ Gender: Male Beds: 15



Rosa Ward

Cygnet Hospital Oldbury

Salop Drive, Oldbury, West Midlands B68 9AG

T: Coming soon

Age: 18+ Gender: Female Beds: 12



Fern Ward

Cygnet Hospital Sherwood

Rufford Colliery Lane, Mansfield, Nottinghamshire, East Midlands NG21 0HR

T: 01623 701386

Age: 18+ Gender: Male Beds: 12



Chamberlain Ward / Pattison Ward

Cygnet Hospital Stevenage

Graveley Road, Stevenage, Hertfordshire, East SG1 4YS

T: 01438 342942

Age: 18+ Gender: Male Beds: 24 across 2 wards



Acorn Ward

Cygnet Hospital Woking

Redding Way, Knaphill, Woking, Surrey, South East GU21 2QS

T: 01483 795100

Age: 18+ Gender: Female Beds: 10



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Carter Ward

Cygnet Hospital Wolverhampton

140 Wolverhampton Road, Wolverhampton, West Midlands, WV11 1UH

T: Coming soon

Age: 18+ Gender: Male Beds: 12



Bennu Ward

Cygnet Hospital Wyke

Blankney Grange, Huddersfield Road, Wyke, Bradford, Yorkshire & Humber BD12 8LR

T: 01274 605500

Age: 18+ Gender: Male Beds: 12



Albert Ward

Cygnet Victoria House

Barton Street, Darlington, County Durham, North East DL1 2LN

T: 01325 385 240

Age: 18+ Gender: Male Beds: 9



Billington Ward

Cygnet Kenney House

Wester Hill Rd, Oldham, North West OL8 2QH

T: Coming soon

Age: 18+ Gender: Female Beds: 12



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ur acute inpatient psychiatric services provide a safe and stabilising environment for men and women who are in crisis, experiencing an acute episode of mental illness and requiring an emergency admission. Service users may be informal or detained under the Mental Health Act (individuals must be detained for admission to the enhanced acute services at Cygnet Hospital Stevenage).

The ethos across our services is about assessing and treating individuals in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support service users to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our teams work closely and collaboratively with the people we support, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by comprehensive multi-disciplinary teams, contributing to shorter lengths of stay. Our short-term psychological interventions are based on a Cognitive Behavioural Therapy (CBT) approach and we also provide specialist substance misuse support and psychoeducation, alongside a comprehensive occupational therapy programme.



Due to the robust environment at our services, we are able to actively support service users at the challenging end of the acute spectrum, without requiring admission to a PICU service.

We work closely with NHS referring teams to keep lengths of stay as short as possible and to ideally discharge individuals home, or move them back to a less restrictive environment.

Our PICU and acute wards work closely together to form comprehensive acute care pathways across the group. Working closely with commissioning teams, we are able to offer pathways out of PICU where clinically appropriate and therapeutically beneficial, across our comprehensive network of specialist services, including acute services, mental health rehabilitation and specialist personality disorder services.



Average length of stay is

I month

across our Acute services (2023)



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Cygnet Hospital Bierley,

West Yorkshire

Cygnet Hospital Bury, Lancashire

Cygnet Hospital Colchester, East

Cygnet Hospital Godden Green, South East

Cygnet Hospital Harrogate, Yorkshire & Humber

Cygnet Hospital Harrow, London

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Cygnet Hospital Wolverhampton

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Cygnet Lodge Woking, South East

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Cygnet Hospital Wyke, West Yorkshire

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cygner Meid House, Morill West

Cygnet Victoria House, North East

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Acer Upper **Cyanet Acer Clinic**

Worksop Road, Chesterfield, Derbyshire \$43 3DN

T: 01246 386090

Age: 18+ Gender: Female Beds: 14



Bramley Ward Cygnet Appletree

Frederick Street, Meadowfield, County Durham, North East DH7 8NT

T: 0191 378 2747

Age: 18+ Gender: Female Beds: 15



Juniper Ward/Palm Ward

Cvanet Churchill

Barkham Terrace, Lambeth Road, London SE1 7PW

T: 020 7928 2334

Age: 18+ Gender: Male Beds: 34 across 2 wards



Hooper Ward

Cygnet Hospital Beckton

23 Tunnan Leys, Beckton, London E6 6ZB

T: 020 7511 2299

Age: 18+ Gender: Female Beds: 13



Blossom Ward (F) / Lister Ward (M)

Cygnet Hospital Bierley

Bierley Lane, Bradford, Yorkshire & Humber BD4 6AD

T: 01274 686767

Age: 18+ Gender: Male / Female Beds: 31 across 2 wards



White House

Cyanet Hospital Bury

Buller Street, off Bolton Road, Bury, North West BL8 2BS

T: 0161 762 7200

Age: 18+ Gender: Male Beds: 18



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Highwoods Ward

Cygnet Hospital Colchester

Boxted Road, Mile End, Colchester, Essex. East CO4 5HF

T: 01206 848 000

Age: 18+ Gender: Male Beds: 19

Oakwood Ward / Upper Oakwood Cygnet Hospital Godden Green

Godden Green, Sevenoaks, Kent, South East TN15 OJR

T: 01732 763 491

Age: 18+ Gender: Female Beds: 21 across 2 wards



Haven Ward (M) / Sanctuary Ward (F)

Cygnet Hospital Harrogate

23 Ripon Road, Harrogate, North Yorkshire, Yorkshire & Humber HG1 2JL

T: 01423 500599

Age: 18+ Gender: Male / Female Beds: 36 across 2 wards



Byron Ward

Cyanet Hospital Harrow

London Road, Harrow on the Hill, London HA1 3JL

T: **020 8966 7000**

Age: 18+ Gender: Male Beds: 12



Fisher Ward

Cygnet Hospital Hexham

Anick Road, Hexham, Northumberland, North East NE46 4JR

T: **01434 408660**

Age: 18+ Gender: Male Beds: 17



Haywood Ward (M) / Sandford Ward (F)

Cyanet Hospital Kewstoke

Beach Road, Kewstoke, Weston-super-Mare, Somerset, South West BS22 9UZ

T: 01934 428989

Age: 18+ Gender: Male / Female Beds: 31 beds across 2 wards



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Emmeline Ward

Cygnet Hospital Oldbury

Salop Drive, Oldbury, West Midlands B68 9AG

T: Coming soon

Age: 18+ Gender: Female Beds: 15



Bramble Ward / Treetops Ward

Cygnet Hospital Sherwood

Rufford Colliery Lane, Mansfield, Nottinghamshire, East Midlands NG21 0HR

T: 01623 701386

Age: 18+ Gender: Male Beds: 32 beds across 2 wards



Orchid Ward

Cygnet Hospital Stevenage

Graveley Ward, Stevenage, Hertfordshire, East SG1 4YS

T: 01438 342942

Age: 18+ Gender: Female Beds: 14



Peacocks Ward (M) / Sycamore 1 (M) / Sycamore 2 (M) / Swift Ward (F)

Cygnet Hospital Taunton

Orchard Portman, Taunton, Somerset, South West TA3 7BQ

T: 01823 336457

Age: 18+ Gender: Male/Female Beds: 45 across 4 wards



Picasso Ward / Kahlo Ward

Cygnet Hospital Woking

Redding Way, Knaphill, Woking, Surrey, South East GU21 2QS

T: 01483 795 100

Age: 18+ Gender: Female Beds: 23 across 2 wards



Shaw Ward

Cygnet Hospital Wolverhampton

140 Wolverhampton Road, Wolverhampton WV11 1UH

T: Coming soon

Age: 18+ Gender: Male Beds: 17



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George Willard Ward Cygnet Lodge Woking

Barton Close (off Redding Way), Knaphill, Woking, Surrey, South East GU21 2FD

T: 01483 289 999

Age: 18+ Gender: Male Beds: 12



Phoenix Ward

Cygnet Hospital Wyke

Blankney Grange, Huddersfield Road, Wyke, Bradford, Yorkshire & Humber BD12 8LR

T: 01274 605500

Age: 18+ Gender: Male Beds: 19



Baldock Ward

Cygnet Kenney House

Wester Hill Rd, Oldham, North West OL8 2QH

T: coming soon

Age: 18+ Gender: Female Beds: 18



Compton Ward

Cygnet Nield House

Bradfield Road, Crewe, Cheshire, North West CW1 4QW

T: 01270 696510

Age: 18+ Gender: Female Beds: 15



Victoria Ward

Cygnet Victoria House

Barton Street, Darlington, County Durham, North East DL1 2LN

T: 01325 385 240

Age: 18+ Gender: Male Beds: 17



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"I feel the need to express our gratitude for the care and support he (dad) and us as a family have received since his admission. The quick intervention, treatment and care has meant that dad is making a fantastic recovery and we could not be happier to see him returning to his usual self. We cannot thank you enough. Keep doing a fantastic job!" – Family member



"I would like to thank the staff for their kindness and patience with me. It has been a difficult journey and they have shown me support all the way."

- Service user



"Thank you for your level of care with our son. We have never felt more secure in the level of treatment for his condition. The staff care and are understanding. It's nice to see a fully staffed facility, which has very specialist team."

- Family member

"The team at Cygnet have been very professional, kind, and caring to me."

- Service user

"You went above and beyond. You were of great comfort and reassuring and made it an easier journey for us." – Family member

"Thank you so much for looking after me whilst being here. Thank you for keeping me safe when I was unable to, it means a lot. You helped me so much in this short space of time." – Service user



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Map | Our specialist services by region

PICU



Cygnet Acer Clinic
Worksop Road, Chesterfield,
Derbyshire \$43 3DN
T: 01246 386 090

Cygnet Appletree, Durham Frederick Street, Meadowfield, County Durham, North East DH7 8NT T 0191 378 2747

3 Cygnet Hospital Beckton 23 Tunnan Leys, Beckton, London E6 6ZB T: 020 7511 2299

Cygnet Hospital Bierley Bierley Lane, Bradford, West Yorkshire, Yorkshire & Humber BD4 6AD T: 01274 686767

5 Cygnet Hospital Blackheath 80-82 Blackheath Hill, London SE10 8AD T: 020 8694 2111

Cygnet Hospital Bury Buller Street, off Bolton Road, Bury, North West BL8 2BS T: 0161 762 7200

Cygnet Churchill
Barkham Terrace, Lambeth Road,
London SE1 7PW
T: 020 7928 2334

8 Cygnet Hospital Colchester Boxted Road, Mile End, Essex, East CO4 5HF

T: 01206 848000

Cygnet Hospital Godden Green Godden Green, Sevenoaks, Kent, South East TN15 0JR T: 01732 763491

Cygnet Hospital Harrogate
23 Ripon Road, Harrogate, North
Yorkshire, Yorkshire & Humber HG1 2JL
T: 01423 500599

Cygnet Hospital Harrow
London Road, Harrow on the Hill,
London HA1 3JL
T: 020 8966 7000

Cygnet Hospital Hexham
Anick Road, Hexham,
Northumberland, North East NE46 4JR
T: 01434 408660

Cygnet Hospital Kewstoke
Beach Road, Kewstoke,
Weston-super-Mare, South West BS22 9UZ
T: 01934 428989

Cygnet Hospital Maidstone
Gidds Pond Way, off Newnham
Court Way, Weavering, Maidstone,
South East ME14 5FY
T: 01622 580 330

Cygnet Hospital Oldbury
Salop Drive, Oldbury,
West Midlands B68 9AG
T: Coming soon

Cygnet Hospital Sherwood
Rufford Colliery Lane, Mansfield,
Nottinghamshire, East Midlands NG21 0HR
T: Coming soon

Cygnet Hospital Stevenage Graveley Road, Stevenage, Hertfordshire, East SG1 4YS T: 01438 342 942

Cygnet Hospital Taunton
Orchard Portman, Taunton, Somerset,
South West TA3 7BQ
T: 01823 334457

Cygnet Hospital Wolverhampton
140 Wolverhampton Road, Wolverhampton,
West Midlands, WV11 1UH

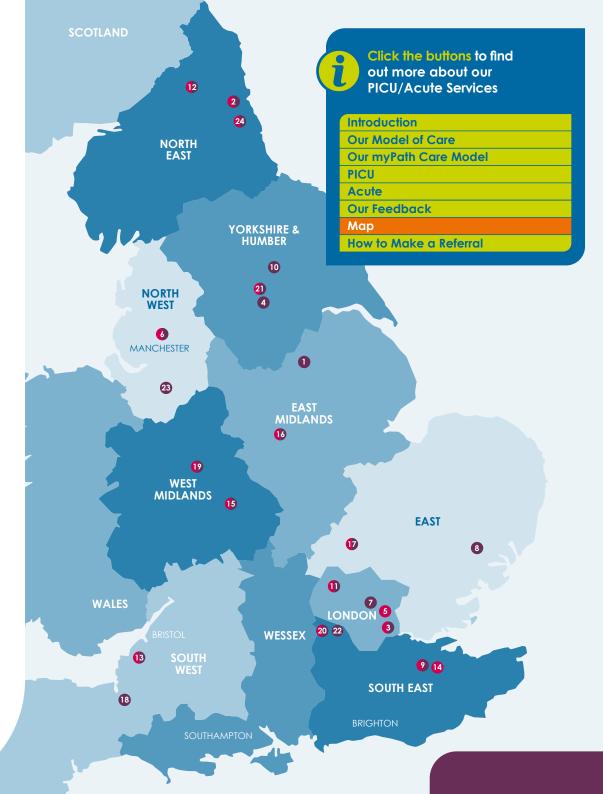
Cygnet Hospital Woking
Redding Way, Knaphill, Woking,
Surrey, South East GU21 2QS
T: 01483 795 100

Cygnet Hospital Wyke
Blankney Grange, Huddersfield Road,
Wyke Bradford, West Yorkshire, Yorkshire
and Humber BD12 8LR
T: 01274 605 500

Cygnet Lodge Woking Barton Close (off Redding Way), Knaphill, Woking, Surrey, South East GU21 2FD T: 01483 289 999

Cygnet Nield House
Bradfield Road, Crewe, Cheshire,
North West CW1 4QW
T: 01270 696510

Cygnet Victoria House
Barton Street, Darlington,
County Durham, North East DL1 2LN
T: 01325 385 240



How to Make a Referral



We are able to take referrals 7 days a week.

To make a referral please;

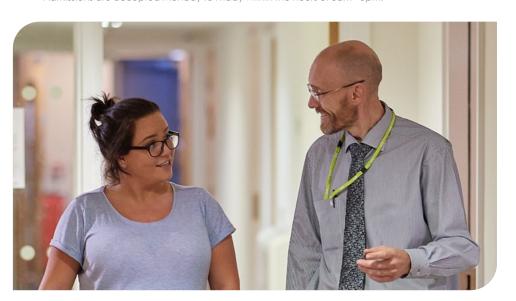
Call: 0808 164 4450

Email:
chcl.referrals@nhs.net
or contact your
regional Business
Relationship Manager.

Our Referral Process:

- Referral made to Cygnet referrals team via 0808 164 4450 / chcl.referrals@nhs.net
- Peedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information
- Admission agreed and arranged with referring team following confirmation of funding

*Admissions are accepted Monday to Friday within the hours of 8am - 5pm.





Introduction

Our Model of Care

Our myPath Care Model

PICU

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Our Feedback

Map



Improving lives together

Cygnet

4 Millbank, 3rd Floor, Westminster, London SW1P 3JA

**** 0207 123 5706

www.cygnetgroup.com

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CYG-759 | Date of Preparation: 27/02/24

Integrity Trust Empower Respect Care