

NEW service,
opening
September
2024

Improving lives together

Cygnet Kenney House, Oldham

- Specialist PICU for Women
- Acute Mental Health Service for Women
- Mental Health Rehabilitation Service for Women (Level 2)



Introduction

Cygnets Kenney House is our new hospital for women, located in Oldham. Providing a safe and secure care pathway for women with mental health needs, the service will be opening in September 2024.

We have collaborated with the NHS to develop services to support women from the North West to be treated closer to home. There will be three wards at Cygnets Kenney House; Billington Ward, a 12 bed specialist Psychiatric Intensive Care Unit (PICU), Baldock Ward, a 16 bed Acute service and Harben Ward, a 16 bed mental health rehabilitation and recovery service.

The PICU and Acute environments will offer rapid access to care, supporting women to move quickly and safely through to the most appropriate and least restrictive setting. The mental health rehabilitation and recovery ward (level 2) will support individuals moving on from the Acute ward, as well as external referrals from other services such as secure, CAMHS, prison services and more.

Our service at a glance



Our multidisciplinary team:

- > Responsible clinician
- > Specialty doctor
- > Hospital manager
- > Clinical manager
- > Ward managers
- > Occupational therapists
- > Psychologist
- > Assistant psychologist
- > Nurses
- > Social worker
- > Support workers
- > Mental Health Act administrator
- > Advocacy



Our therapies and interventions:

(may include but not limited to)

- > Dialectical Behaviour Therapy (DBT) informed therapy
- > Substance misuse programmes
- > Cognitive Behavioural Therapy (CBT) and Cognitive Analytic Therapy (CAT)
- > Schema Therapy
- > Eye Movement Desensitisation and Reprocessing Therapy (EMDR)
- > Hearing Voices groups
- > Active Life programmes
- > Psychoeducation
- > Comprehensive occupational therapy programmes



Our facilities:

- > En-suite bedrooms
- > Spacious communal areas on each ward
- > Quiet lounges
- > Dining rooms
- > Activities of daily living kitchens
- > Multi-faith room
- > Fully equipped gym
- > Multiple meeting and therapy rooms

Billington Ward PICU

Opening September 2024



Female



18+ Years



12 beds

Our new 12 bed female PICU will accept emergency and crisis admissions. Referrals will come to us from all areas, including acute and prison services.

Our aim is a short, rapid intervention to help individuals regain a sense of control and order in their lives, so they can move to a less restrictive care setting and ultimately return home.

Billington Ward will provide expert, intensive, short-term, individualised care for women detained under the Mental Health Act. Individuals will present with increased risks that require them to be assessed and treated in a PICU environment.

Baldock Ward Acute Ward

Opening September 2024



Female



18+ Years



16 beds

Our new 16 bed female emergency acute inpatient service will provide a safe and stabilising environment for women experiencing an acute episode of mental illness and require an emergency admission.

The ethos of Baldock Ward is about assessing and treating women in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support individuals to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team will work closely and collaboratively with individuals, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.

Our service user profile:

- > Women, aged 18+ years
- > Detained under the Mental Health Act or informal
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues



Harben Ward

High Support Inpatient Rehabilitation Service (Level 2)

Opening October 2024



Female



18+ Years



16 beds

Our new High Support Inpatient Rehabilitation Service (Level 2) will provide a safe and comfortable environment that promotes recovery and helps to bridge the gap between hospital stays and community living.

Harben Ward will provide a care pathway within Cygnet Kenney House, whilst also accepting external referrals.

We are dedicated to understand, stabilise and break the traumatic cycles of relapse that can impact individual's lives. Our care will embrace a balanced approach to risk management and therapeutic optimism. The women we support will have access to a range of therapies and care planning will be co-produced and bespoke.

Our service user profile:

- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that may challenge
- > Aiming for a return to community or community-based care
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and / or be stepping down from secure services
- > May have a history of repeated acute admissions

Psychology-led interventions:

- > Cognitive Behavioural Therapy (CBT)
- > Dialectical Behaviour Therapy (DBT) informed approach
- > Schema informed approach
- > Brief Solution Focused therapy
- > The Wellness Recovery Action Plan (WRAP®)
- > Mindfulness
- > Behaviour analysis and problem-solving approaches
- > Psychometric assessments
- > Drug and alcohol awareness and relapse prevention
- > Cognitive skills
- > Mental Health relapse prevention
- > Offence-focused interventions
- > Emotional Management interventions including anxiety and anger
- > Motivational enhancement
- > Self-esteem enhancement



Our referral process:

PICU / Acute referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450** / chcl.referrals@nhs.net
- 2 Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information
- 3 Admission agreed and arranged with referring team following confirmation of funding

Mental health rehabilitation and recovery referral process:

- 1 Referral made to Cygnet referrals team via Kim Law - **07798 916 556** / KimLaw@cygnethealth.co.uk
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement



We are able to take referrals 7 days a week.

To make a referral please;

Call:
0808 164 4450

Email:
chcl.referrals@nhs.net
or contact your regional Business Relationship Manager.

Where are we?

Cygnet Kenney House

Wester Hill Rd, Oldham, North West OL8 2QH



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