

Improving lives together

High Support Inpatient Rehabilitation (Level 2) Service for Men

**Cygnnet Lodge Kewstoke,
Weston-super-Mare**

Good



Now open
as a service
for men
Accepting
referrals

Set in 16 acres of grounds overlooking the River Severn, Cygnnet Lodge Kewstoke is a high support inpatient rehabilitation (level 2) service for men who have enduring mental illness and may have been detained under the Mental Health Act.

Supporting up to 12 men, Cygnnet Lodge Kewstoke provides a high quality care through a collaborative, multi-disciplinary approach in a community facing environment. We focus on successful discharge planning from the moment individuals arrive. Service Users may have a range of mental health difficulties, including personality disorder or a mild learning disability (as a secondary diagnosis). Our approach focuses on a culture of risk management balanced with therapeutic optimism, where men have the opportunity to develop and practice skills they will need in a safe environment.

In addition to the rehabilitation service, we also provide a 15 bed male acute service, **Haywood ward**. This is a safe and stabilising environment for men experiencing an acute episode of mental illness and require emergency admission. Individuals may progress to The Lodge as a part of their care pathway from Haywood Ward to the community.



Male



18+ years



12 beds

Our service user profile:

- > Men aged 18+ years
- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that challenge
- > Aiming for a return to community or community-based care
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

Our service at a glance

We offer a recovery-focused care pathway that involves getting to know the service user, identifying rehabilitation goals collaboratively with him, building and consolidating skills in order to prepare for community living. We take a multi-disciplinary approach with individualised timetables weekly for each individual to support progress along his care pathway.

The service offers a gym and therapy room on site with a Recovery College where individuals can take courses. We have input from creative therapies such as art, music and drama. There is a beach within walking distance and local shops and restaurants. There are expansive views from the lounge and upstairs bedrooms across the River. The nearest town is Weston-super-Mare, offering leisure activities and a chance to build community access skills. The surrounding Areas of Outstanding Natural Beauty such as Quantock Hills, the Mendips and Cheddar Gorge open up even more options for therapeutic activities.


We pride ourselves on engagement with carers and families. We offer weekly contact within the Triangle of Care framework. We are centrally based for motorway access enabling ease of access for family, friends, carers and community teams to visit.

Our multi-disciplinary team:

- > Consultant Psychiatrists
- > Specialty Ward Doctor
- > Psychologists
- > Assistant Psychologist
- > Registered Mental Health Nurses
- > Healthcare Support Workers
- > Registered General Nurse
- > Social Worker
- > Occupational Therapists
- > Occupational Therapy Assistants
- > Pharmacist
- > Mental Health Act Administrators
- > Medical Secretary
- > Independent Mental Health Advocates
- > Physical health lead / RGN
- > Art, music & drama therapists
- > Active life coaches
- > Visiting GP

 **Beautiful coastal location**
with mindfulness group trips to the beach 

 **2 experts by experience**
supporting service users

 **Awarded Cygnet Psychology Team of the Year 2023**

Animal therapy 

Located in 16 acres of landscaped grounds
with a view across the channel to Wales and access to beaches 

People's Council meeting
held monthly and weekly community meetings 

 **24 hour nursing team**
with least restrictive practice leads 

Shop and cook groups
with the occupational therapy team 

 **Links with Weston College**
for vocational courses

 **On ward drug and alcohol groups**
as well as links with community services

 **Chat Café**

Qualified bike trainer
including road safety assessments 

 **Easy transport links**
to Weston-super-Mare

 **Brand new recovery college** at the service
offering educational courses designed to provide increased understanding of their mental health and supporting them through their recovery journey



Our facilities:

- > En-suite bedrooms
- > Music room
- > Well equipped gym
- > IT Café
- > Therapy kitchens
- > Large groundspace and garden
- > Activity space
- > OT Café
- > Recovery college
- > Multi-faith room
- > Dedicated therapy pod space

PICU/Acute Transitional Service

for those who no longer require an acute admission but who remain on PICU and Acute wards as a delayed discharge. Expected length of stay is 3 months



For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Lodge Kewstoke
Beach Road, Kewstoke,
Weston-super-Mare,
South West BS22 9UZ

Phone number
01934 428989



CYG-889 | Date of Preparation: 27/02/24

Please visit cygnetgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care