

Improving lives together

# Complex Personality Disorder Service for Women with Disordered Eating

Clarion Ward,  
Cygnet Nield House, Crewe



Now accepting referrals



Clarion Ward at Cygnet Nield House is our complex personality disorder service for women with a dual diagnosis of personality disorder and co-morbid disordered eating. Both aspects can be treated simultaneously, with the appropriate specialist therapeutic input provided.

The service offers a phased treatment pathway which aims to help the service user understand and plan their journey through treatment. Clarion Ward focuses on the need for treatment to be collaborative with service users, taking account of individual needs, driven by multi-disciplinary understanding, support and interventions. This allows the women we support to progress through the service and increase their quality of life and functioning.



Female



18+ years



14 beds

## Our service user profile:

- > Female, aged 18+ years
- > Primary diagnosis of emotionally unstable personality disorder (other personality disorder types will be considered)
- > Meet the diagnostic criteria for EUPD patients with co-morbid disordered eating
- > BMI >16 and medically stable (including risks associated with EUPD)
- > May be detained under the Mental Health Act or informal
- > May present with co-morbid presentations:
  - Self-harm
  - Self-neglect
  - History of substance misuse
  - Complex needs
  - Disordered eating
- > May have a history of trauma and/or abuse
- > May have experienced previous placement breakdowns



Scan the QR code or click here to watch a short video on Cygnet Nield House



## Our therapies and interventions:

- > Trauma Recovery Empowerment Model
- > Compassion Focussed Therapy
- > Radically Open-Dialectical Behavioural Therapy (RO-DBT)
- > Informed Dialectical Behaviour Therapy (DBT)
- > The Flash Technique
- > Eye Movement Desensitisation Reprocessing

## Our multi-disciplinary team:

- > Consultant Psychiatrist
- > Psychologist
- > Assistant Psychologist
- > Occupational Therapist
- > Dietitian
- > Hospital Manager
- > Registered Mental Health Nurses (RMN)
- > Registered General Nurses (RGN)
- > Healthcare Support Workers
- > Therapy Co-ordinator



# Model of Care for our Personality Disorder Services



"All the staff are great. I find myself looking back, it did the world of good for my mental health. Great staff, great facility, it is homely and nice." **Service User**



**i** For more information or to make a referral please call **0808 164 4450** or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

## Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

**Cygnet Field House**  
Barrows Green, Bradfield Road,  
Crewe, Cheshire CW1 4QW

**Phone number**  
01270 696510



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