

Improving lives together

Neuropsychiatric Service for Women

**Cygnnet Newham House,
Middlesbrough**

Good

Beds
available
Now
accepting
referrals

Cygnnet Newham House is our 20-bed neuropsychiatric care and treatment facility providing rehabilitation for women affected by acquired brain injuries (ABI).

The hospital provides a safe and secure place to aid recovery alongside offering those diagnosed with a progressive neurological disease like Huntington's Disease, a placement to support and help manage the progression of their symptoms.

The hospital is a modern purpose-built facility, designed specifically to provide a clinically-led evidence-based neuropsychiatric pathway for individuals presenting with behaviours that challenge as a result of their ABI.

Our focus is to create a therapeutic rich environment to engage the women in our care and offer them the opportunity to maximise their independence.

Our in-house Neuropsychiatry interdisciplinary team and person-centred approach puts the individual at the centre of their treatment and discharge planning. We offer a wide range of activities and facilities to promote independent function. Positive behaviour goals are focused on discharge planning to support service users to return to community living – either with support or independently.



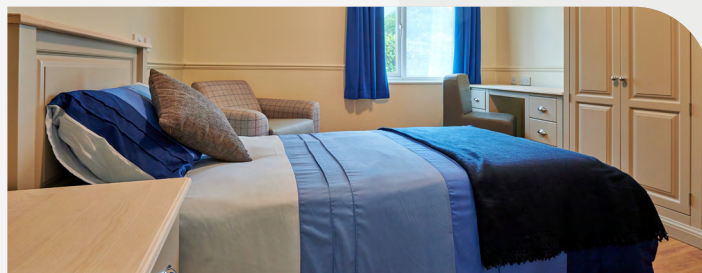
Female



18+ years



20 beds



Our service user profile:

- > Women aged 18+ years affected by a neurological condition where challenging behaviour is the leading impairment
- > Women with complex presentations who could have comorbid mental health diagnoses, neurological or non-epileptic seizures
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history with a diagnosis of:
 - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
 - Established or suspected neurodegenerative condition including Huntington's Disease
 - Specialist Dementia e.g. Frontotemporal Dementia
 - Korsakoff 's syndrome or other substance abuse related brain injury
 - Established or suspected Functional Neurological Disorder manifesting with behavioural, sensory, memory, fatigue, concentration or motor deficits
- > Presenting symptoms may include:
 - Dysphasia or other communication problems
 - Dysphagia with or without the requirement of PEG support/modified diets
 - Moderate to severe cognitive impairment
 - Mobility impairments
- > Presenting symptoms may include:
 - Psychiatric disorders including psychoses
 - Post-ictal psychosis
 - Organic personality disorder



Our Interdisciplinary team:

- > Neuropsychiatrist/Psychiatrist
- > Neuropsychologist/ Psychologist
- > Occupational Therapist
- > Speech and Language Therapist
- > Physiotherapist
- > Clinical Hospital Manager
- > Therapy Coordinator
- > Nurses across RMN/RGN/ RNLD disciplines
- > Support Workers
- > GP cover from local practice



Our services at a glance:

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behaviour management
- > Overview and stabilisation of medication with monitoring of side effects
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions



Our hospital facilities:

- > En-suite individual bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Communal lounge
- > Quiet room
- > Fully equipped gym
- > IT room
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms
- > On-site laundry facilities
- > Specific dietary needs met by our in-house catering team

Award winning Consultant Clinical Neuropsychologist in the UKABIF 2023 awards



Themed cultural, seasonal and religious celebrations and parties

"From day one arriving at Newham House I just knew this was the right place for her. The staff were so welcoming it just felt right."
Family member

Regular carers, family and friends forums



Member of
INPA Independent Neurorehabilitation Providers Alliance
INFLUENCE SUPPORT COLLABORATE CONNECT



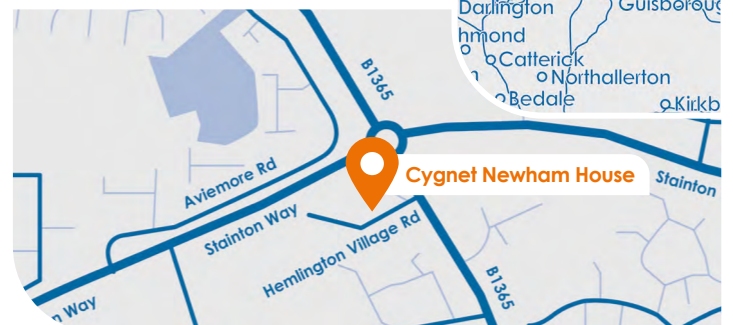
For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Newham House
Hemlington Village Rd,
Middlesbrough, North East TS8 9DE
Phone number
01642 573640



CYG-675 | Date of Preparation: 16/02/24

Please visit cygnetgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care