### Improving lives together

Supported living for adults with learning disabilities, autism, mental health needs and behaviours that may challenge

Now taking referrals

### North West Supported Living

Supported Living is an important step towards independence. We know how important it is for individuals to have the right support so they can live the life they want to live.

We support individuals with learning disabilities, autism, mental health needs and behaviours that challenge. Individuals are supported to hold their own tenancy agreement with a registered housing association. Individuals who are interested in living here may have previously been detained within a hospital setting and are ready for a step down placement within their local community.

#### Our community links:

- > Local shops and supermarkets
- > Good rail links
- > Local parks
- > Cinema
- > Leisure centres

Cygnet are experienced in supporting individuals who may lack capacity to choose where they live and would work closely alongside our commissioning partners to ensure that correct legal frameworks are in place in order for them to live successfully in the community.

Offering experienced, trained staff twenty-four hours a day, the service benefits from a core staffing team. Each tenant would be allocated an experienced and consistent staff team and training would be bespoke to individual support needs which enables tenants to live as independently and safely as possible.

When individuals come to North West Supported Living, we take the time to get to know them, their preferences, as well as their hopes and dreams for the future. We support individuals with a personal discharge plan to achieve their goals and aspirations and ensure they feel they are in control of their own life.







#### Our resident profile:

- > Diagnosis of learning disability and/or autism
- > May have associated mental health needs
- > Behaviours that may challenge
- > Communication challenges



I have lived at different facilities but this is the first place I truly call home. I have not had a mental health or drug relapse since moving to my own home thanks to Cygnet and the staff team have really supported me. The staff really care for you and at the same time help you live independently. I am feeling really positive about my future now thanks to the team here.





#### How we support individuals:

Helping people to build relationships and access whatever community activities they would like to take part in



Working with individuals to find out their strengths, abilities and references Providing personcentred practical help for individuals - such as training and support on how to manage their home, their money, gardening, housework and healthy living

Easy read and other accessible information available to individuals





We get to know them, their families, carers advocates and other people who are important to them and their care and support Helping individuals to set and achieve goals as part of their support plan



## Supporting individuals in the North West

- Macclesfield 9 single occupancy apartments
  - Preston 1 bed single occupancy house
    - Warrington
    - 1 bed single occupancy house
- Wigan 2 bed dual occupancy house
  - Wigan 1 bed single occupancy house
  - Registered address: London Road, Oak Grove, Macclesfield SK11 0JG T: 01625 919994





# For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

#### Our referral process:

- Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- Assessment arranged and undertaken via our management team
- Feedback provided on whether our service can meet the individual's needs
- Assessment pack formulated including care plans and funding information
- Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

CYG-468 | Date of Preparation: 27/02/24

Care

#### Please visit cygnetgroup.com for more info | Follow us on social media:

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Trust

**Empower** 

Respect