

Improving lives together



High Support Inpatient Rehabilitation (Level 2) Service for Men

**Marlowe Ward & Milligan House,
Cygnet Lodge Woking, Surrey**

**Beds
available
Now taking
referrals**

Welcome to
Cygnet Lodge
WOKING



Cygnet Lodge Woking's high support inpatient rehabilitation (level 2) service for men with complex needs is split over 2 wards, Marlowe Ward and Milligan House. Our recovery programme is delivered in a culture that balances risk management with therapeutic optimism, where men have the opportunity to learn and practice the skills they will need in a completely safe environment.

Our service user profile:

- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that challenge
- > Aiming for a return to community or community-based care
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions



Male



18+ years



12 beds



**6 beds +
2 self-contained
flatlets**



Our service at a glance

Marlowe Ward is a 12 bed service that delivers high-quality care within a community atmosphere, while focusing on discharge planning from the moment service users arrive. Individuals often come to us following multiple placement breakdowns, failed treatment programmes or they may be stepping down from secure settings. Our aim is to understand, stabilise and break the traumatic cycles of relapse that can impact an individual's life.



Milligan House is an eight bed service that is an annexe to the main building, containing six pre-discharge beds with an additional two self-contained flatlets. Milligan House allows Marlowe Ward to provide a care pathway for service users as they reach a level of increased stability.

This step-down service gives individuals the opportunity to build their skills prior to discharge, while still having the full support of the multi-disciplinary team. The service may be particularly successful for individuals who have been in services for a long period of time as Milligan House offers an opportunity for slower stream rehabilitation back into the community.

Service users have access to a range of therapies and opportunities and care plans are individualised. The local community is an essential step along the pathway to independence, for both leisure pursuits and for social training such as shopping and using public transport. External activities are tailored to individual needs and wishes.

Positive Behaviour Support (PBS) plans created inclusively with each individual



Staff support individuals with their physical health as well as mental health, encouraging them to live healthier lives



Therapy dog visits weekly



Daily living skills kitchen available supporting skill development



On-site gym instructor



Multi-disciplinary team (MDT) work together as a team to ensure everyone is supported and there are no gaps in their care



Multi-faith room available



Variety of activities offered including:

- > Mindfulness
- > Creative arts
- > Breakfast club

- > Self-catering group
- > Karaoke

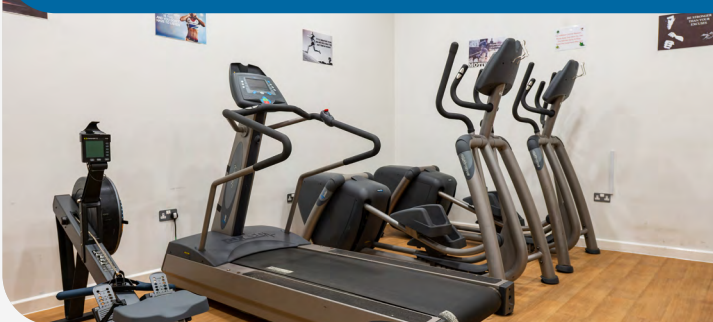
- > Movie nights
- > Gym

3 tier pathway within the service

Acute

↓
High Support Inpatient
Rehabilitation (Level 2)

↓
Pre-discharge stepdown



Our facilities:

- > En-suite bedrooms
- > 2 self-contained flatlets
- > Therapy kitchen
- > Variety of activity areas
- > Dining room
- > Living room
- > Enclosed garden
- > Gym
- > Multi-faith room



For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Lodge Woking
Barton Close (off Redding Way),
Knaphill, Woking,
Surrey GU21 2FD

Phone number
01483 289999



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