## Improving lives together

## **Acute Service** for Women

Kahlo Ward, Cygnet Hospital Woking, Surrey Cygnet Beds available and accepting referrals

Kahlo Ward at Cygnet Hospital Woking is an 11 bed female mental health acute service. The service provides a safe and stabilising environment for women who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of our service is about assessing and treating individuals in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support service users to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team will work closely and collaboratively with the people we support, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.



**Female** 





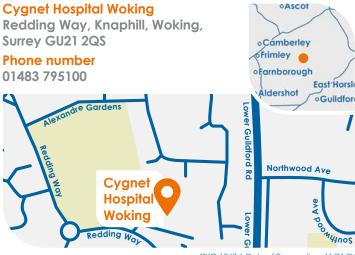
1 beds

## Our service user profile:

- > Women, aged 18+ years
- May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- - Acute mental illness
  - Acute depressive illness
  - **Psychosis**
  - Schizophrenia
  - Bi-polar disorder
  - Personality disorder
  - **Dual diagnosis**
- Diagnoses may include: > May present with co-morbid presentations:
  - Self-harm
  - Substance misuse issues
  - Complex needs



## Where are we?



CYG-1247 | Date of Preparation: 11/01/24

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