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Trauma informed healthcare with adults facing complex & multiple disadvantage

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Independent Health Providers Safeguarding Forum



Establishing the Homeless Health Nurse-led service

- ❑ Established January 2021
- ❑ Response to sadly preventable death of a person experiencing homelessness (PEH)
- ❑ Accelerated during COVID-19 pandemic – ‘Everyone In’ initiative
- ❑ Blackpool/ Fylde coast locality initiatives:
 - [Project ADDER programme data - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/projects/project-adder)
 - [Changing Futures - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/projects/changing-futures)
 - Drug related death/ Non-fatal overdose panel



Establishing the Homeless Health Nurse-led service

- Co-located care delivery
- Delivering care 5 days week: Mon- Fri 09:00 – 17:00
- Across 3 localities
- Received 1020 referrals to date
- Team consisting of:
 - 1 FT non medical prescriber (tACP)
 - 3 PT nurses
 - 1 HCA
 - 1 Non-clinical care navigator



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What do we mean by
'complex' or multiple
'disadvantage' ?



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A range of multiple
and/or intersecting
inequalities that
manifest in a
combination of
experiences...



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Mental ill health

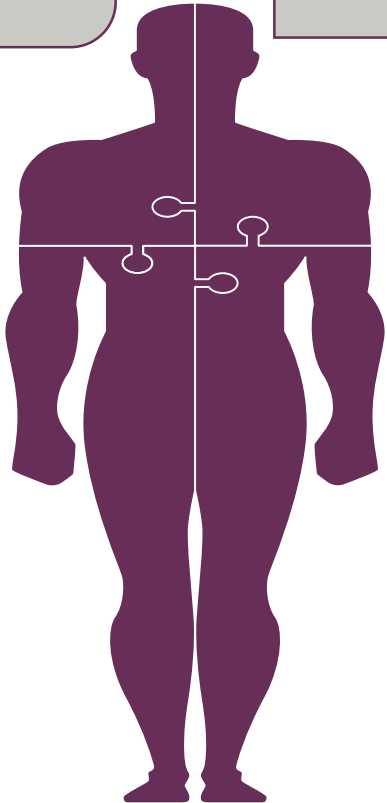
Gender-based violence

Homelessness

Exploitation

Criminal justice system contact

Domestic abuse



Physical ill health

Substance misuse



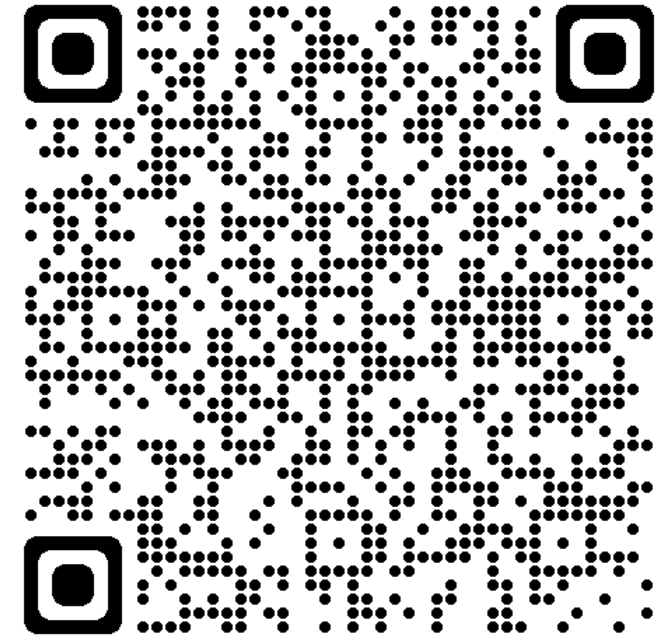
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What do we mean by
'trauma informed'
approach ?



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Processing:

- Appointment timings
- Clear medication regimes
- Understanding treatment plans
- Liaise with others
- Provide information on how to deal with a crisis

Regulation:

- Set boundaries
- Build trusting relationship
- Non-judgemental
- Manage & monitor risk
- Harm reduction



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Social function:

- Demonstrate empathy
- Be consistent
- Patience
- Treat depression
- Explore ambivalence
(motivational interviewing)



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Mental health

Domestic abuse/ GBV

Abuse/ Exploitation

Risk assessment – safety for self/ others

Sexual health/ BBV

Bacterial infections/ Wound care

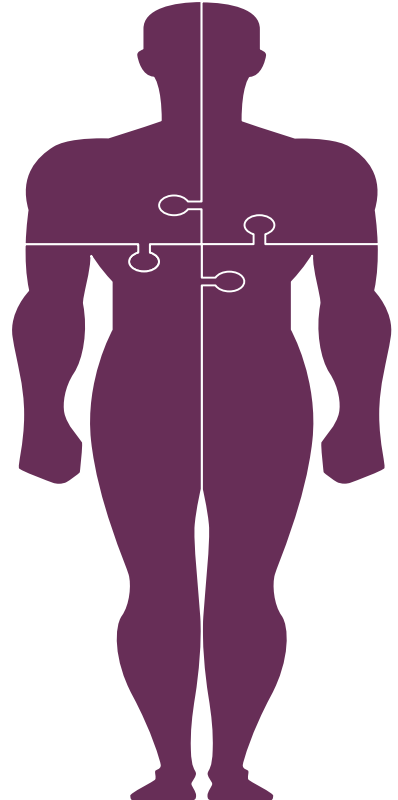
Accommodation needs

Long term conditions management

Financial support/ NRPF

Other physical health needs

Public health/ Health promotion



Care Needs

Substance misuse/ Alcohol use

Malnutrition screening



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Self neglect can be caused by:

- brain injury, dementia or mental disorder
- obsessive compulsive or hoarding disorder
- physical illness
- addictions
- traumatic life events



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Identifying and working with self-neglect in people experiencing homelessness: A guideline for frontline practitioners (London Network of Nurses & Midwives Homelessness Group , 2023)



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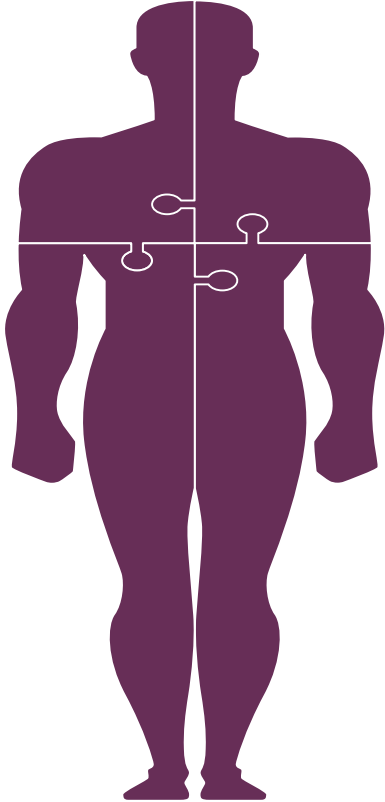


Low mood

Hep C positive

Rough sleeping – tent on sea front

ALAN



PVL-SA infection/
Leg ulcers

Asthma/
?COPD

PVD

HIGH risk
malnutrition

Mobility
issues

IV heroin &
crack use

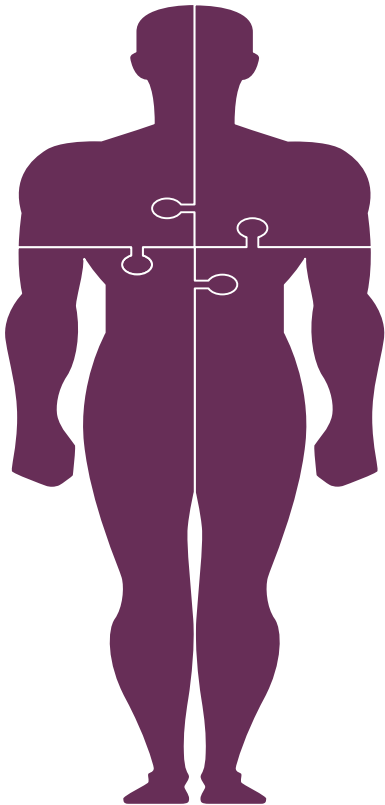


Offered time to chat & a brew

Arranged Hep C team contact & med delivery

Contacted housing & facilitated accommodation

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Facilitated drug worker engagement

Initiated malnutrition care plan

Wound care/ Oral abx/ IPC

Asthma review/ Inhaler check & px

Referral to vascular OP



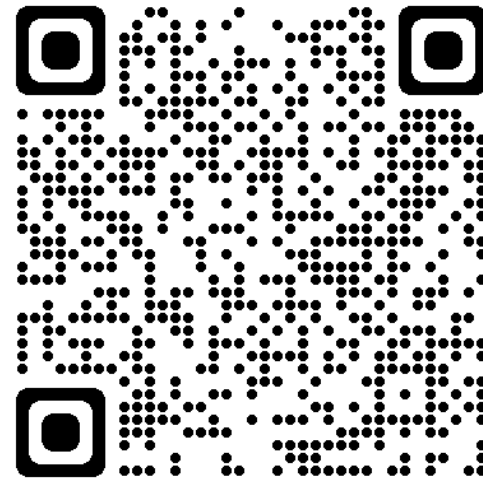
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Thank you

Any questions?



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