

Press Release Immediate Release 3 October 2023

## Cygnet Health Care Named Finalists in Neuro Rehab Times Awards

Cygnet Health Care Neuropsychatirc teams and services have been named finalists in the Neuro Rehab Times Awards 2023.

The awards celebrate innovation, dedication and leadership in the neuro-rehab world. They aim to shine a light on excellence in a wide range of categories, representing the many factors which influence the neuro-rehab journey.

Meadows Mews, a community residential service for men with neuropsychiatric or neurodegenerative conditions based in Tipton, has been nominated in the Care Provider of the Year category.

This award will recognise the providers whose care is delivering beyond-expectation outcomes in a positive environment, with care delivered by a supported and committed team.

Service manager Jacqueline Johnson said: "We place individuals at the heart of everything in a partnership arrangement wherever possible. A robust and effective community reintegration programme is provided for those coming out of a hospital setting to ensure that they can achieve their most independent and positive lifestyle, taking full advantage of all their hard work to achieve a level of recovery that can allow them to explore living in the community.

"We know it is a daunting thought for service users to go from a hospital setting to living in the community with minimal restrictions. This is why residents at Meadows Mews continue to receive psychiatric, psychological, occupational therapy and support worker interventions and support, as required. The aim of this treatment is to complete brain injury rehabilitation in the community setting with emphasis on making the necessary specialist help available outside the hospital setting.

"Our service allows people to make mistakes; not to have those mistakes held over them forever and maximise the positive risk taking opportunities already commenced within a more formal setting."

Highlights from the most recent service user survey at Meadows Mews demonstrate the life-changing impact staff have with 100% of service users saying they felt safe and that staff were caring and supportive.

Jacqueline added: "The team at Meadows use humour and creativity to engage with service users; they listen to what each service user wants to do and works with them to help them get where they need to be.

"Often these services users have had multiple other attempts at community reintegration and they have failed; often they have been told that their risks are too great and that their choices in long term living opportunities within the community are very limited. The Meadows team unlocks that hidden potential; nurtures their service users to enable them to make informed choices about how to keep their options open long into the future and works with them to find the right path for them.

"Service users are at the heart of all decisions made at Meadows Mews and they are included in making decisions about their care, support, and life choices. I am incredibly proud of my team for being recognised at the Neuro Rehab Times awards."

Cygnet Neuropsychiatric Services, with a focus on Cygnet Hospital Brunel, has also been named a finalist in the Above and Beyond category, which looks to recognise the commitment of individuals, teams or whole organisations in truly going that extra mile, going 'above and beyond' their line of work to achieve something remarkable.

The hospital was home to Cygnet's first service user-led Quality Improvement (QI) project.

Winners will be announced at a virtual ceremony on October 26.

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## Notes to Editors:

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