

Improving lives together



# Specialist residential service for adults with autism and learning disabilities

Oakhurst Lodge, Southampton

Placements available  
Now taking referrals



Oakhurst Lodge is an 8 bed specialist residential service for adults with autism and learning disabilities who may present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

Person-centred planning is at the heart of everything we do, based on the specific needs of the individuals in our care. We understand that consistency and continuity of care is important for our residents.



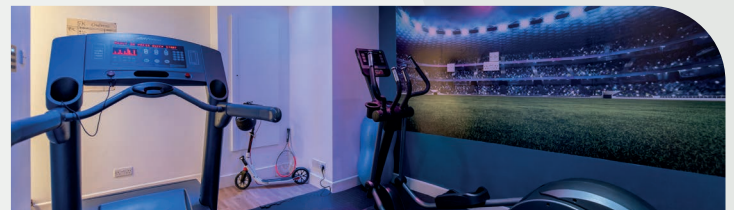
Mixed gender



18+ years



8 beds



## Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of autism and learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- > May have associated complex needs
- > May have an ECHP (Education Healthcare Plan)
- > May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders

## The service at a glance

The home is located on the outskirts of the New Forest in a community setting between Southampton and Lyndhurst. Within the service we have a number of communal areas including lounges, dining room, spacious kitchen and an activity room, in addition, each individual has their own en-suite bedrooms.

Externally there is a large garden that enables individuals to participate in a number of different outdoor activities, including a BBQ, a basket swing, ball games and a lovely gazebo providing a comfortable seating area.

As part of our care pathway, our service encourages individuals to achieve further independence, self-advocacy and confidence, leading to a better quality of life. Interventions are matched according to each person's needs and our life skills development programmes are overseen by our activity coordinator.

The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. The team supports the development of daily living skills and reduction in maladaptive behaviours.

Our staff use positive person-centred approaches and are trained in specialised intervention techniques and sensory integration strategies. A combination of person-centred planning, measurement of progress and a full multidisciplinary approach can only result in the best outcomes for each individual.



Achieved the **Dignity in Care Award**



**A homely environment** with 24/7 support



Close to the **beach** and the **New Forest**



**25%** of staff have been employed at the service for **5 years or more**



On-site **multi-disciplinary team** consisting of occupational therapy, speech and language therapy, psychology and psychiatry



**Supporting individuals** to enhance their skills and their social circles



**Themed weekends** each weekend the residents pick a new country, they **decorate the house and prepare food from that country**



Consistently **100%** of individuals achieve **25 hours of activities each week**



**Person-centred birthday parties**



**Independent advocates** attend the service weekly



Wide range of **indoor activities** available including arts and crafts, cookery and discos



**Weekly house meetings**



“We feel that the team at Oakhurst Lodge deserve some recognition for all of the care they have given during this difficult period in time. Despite the complete change in his world, they have kept him safe and supported. It has been extremely difficult for us not to be able to visit him, however the reassurance that he is happy is enormous. The staff have all worked so hard and definitely go the extra mile. He is fortunate to be cared for by such a caring, professional group of people.”  
**Family member**



**Our community links:**

- > Good transport links into Totton and Southampton
- > Local shops, pubs and restaurants
- > Forest walks
- > Long down dairy farm
- > Local beaches

**Our facilities:**

- > En-suite bedrooms
- > 2 lounges
- > Dining room
- > Kitchen
- > Activity room
- > Large garden

**i** For more information or to make a referral please call **0808 164 4450** or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

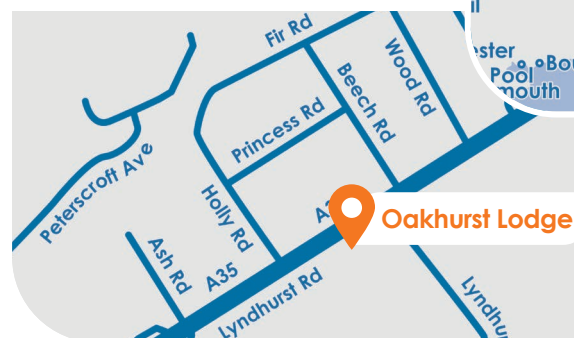
**Our referral process:**

- 1 Referral made to Cygnet referrals team via [0808 164 4450/chcl.referrals@nhs.net](mailto:0808_164_4450@chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

**Where are we?**

**Oakhurst Lodge**  
137 Lyndhurst Road, Southampton, Hampshire SO40 7AW

**Phone number**  
02380 293589



CYG-697 | Date of Preparation: 16/10/23

Please visit [cygnetgroup.com](http://cygnetgroup.com) for more info | Follow us on social media:

**Integrity**

**Trust**

**Empower**

**Respect**

**Care**