

NEW service,
opening
Mid-2024

Improving lives together

Cygnnet Hospital Oldbury

> PICU & Acute Hospital for Women, in West Midlands



Introduction

Cygnets Hospital Oldbury is our new state-of-the-art PICU & Acute hospital for women, in the West Midlands. The service will be opening in mid-2024.

The service will feature two wards. A 12 bed PICU ward and a 15 bed Acute ward. Cygnets Hospital Oldbury will have a full multi-disciplinary team (MDT) and will support the acute needs of adults requiring rapid access to mental health services, including those who may need an intensive care environment.

We're focused on length of stay and making sure individuals move as quickly and safely as possible from our services to the most appropriate and least restrictive environment for them. Individuals can step down through the pathways available within Cygnets services.

Referrals can come to us from all areas, including other acute services and prison services.

Our service at a glance



Our multi-disciplinary team:

- > Responsible clinician
- > Specialty doctor
- > Hospital manager
- > Clinical manager
- > Ward managers
- > Head of care
- > Occupational therapists
- > Psychologist
- > Assistant psychologist
- > Nurses
- > Social worker
- > Support workers
- > Mental health act administrator
- > Advocacy



Our therapies and interventions:

(may include but not limited to)

- > Dialectical Behaviour Therapy (DBT) informed therapy
- > Substance misuse programmes
- > Cognitive Behavioural Therapy (CBT) and Cognitive Analytic Therapy (CAT)
- > Schema Therapy
- > Eye Movement Desensitisation and Reprocessing Therapy (EMDR)
- > Hearing Voices groups
- > Active Life programmes
- > Psychoeducation
- > Comprehensive occupational therapy programmes



Our facilities:

- > En-suite bedrooms
- > Spacious communal areas on each ward
- > Quiet lounges
- > Dining rooms
- > Activities of daily living kitchens
- > Multi-faith room
- > Fully equipped gym
- > Multiple meeting and therapy rooms

PICU Ward



Female



18+ Years



12 beds

Our new 12 bed female PICU service and will accept emergency and crisis admissions. Referrals will come to us from all areas, including acute and prison services. Our aim is a short, rapid intervention to help individuals regain a sense of control and order in their lives, so they can move to a less restrictive care setting and ultimately return home.

The service will provide expert, intensive, short-term, individualised care for women detained under the Mental Health Act.

Individuals will present with increased risks that require them to be assessed and treated in a PICU environment.

Acute Ward



Female



18+ Years



15 beds

Our new 15 bed female emergency acute inpatient service will provide a safe and stabilising environment for individuals who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of the services is about assessing and treating women in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support individuals to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team work closely and collaboratively with individuals, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.

Our service user profile:

- > Women, aged 18+ years
- > Detained under the Mental Health Act or informal
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues



Our Referral Process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450 / chcl.referrals@nhs.net**
- 2 Feedback provided on whether our services can meet the **service user's needs within 1 hour** of receipt of full clinical information
- 3 **Admission agreed and arranged** with referring team following confirmation of funding



We are able to take referrals 24 hours a day, 7 days a week. To make a referral please call **0808 164 4450 / email chcl.referrals@nhs.net**

Where are we?

Cygnet Hospital Oldbury
Salop Drive, Oldbury,
West Midlands B68 9AG

