Press Release

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For Immediate Release

Sheffield Workers win Mental Health Team of the Year

A team of healthcare workers from Sheffield are celebrating after winning Mental Health Team of the Year at a national awards ceremony.

Organised by Cygnet Health Care, one of the UK's largest independent providers of specialised mental health services for the NHS and local authorities, the Cygnet Annual Psychiatrists Conference and National Awards 2023 recognise excellence in the healthcare industry. The Team of the Year award recognises a high-performing mental health team which has demonstrated high quality and person-centred care.

Winning criteria included, working closely to gain external accreditation, encouraging mental wellbeing in the workplace or integrating physical and mental health care, and working collaboratively in the delivery of services at Cygnet Health Care, as well as developing supportive relationships with external agencies and carers.

Pegasus Ward, at Cygnet Hospital Sheffield, is a 13 bed general adolescent acute service, providing support for young people, both male and female, and is focused on helping them return home. The service is dedicated to helping young people maintain their school placements, if possible, and admissions can be either formal or informal. Staff were singled out for their hard work and efforts in improving the mental health of young people.

Presenting the award, Lord Patel of Bradford OBE, Senior Independent Board Director at Cygnet Health Care, said: "Over the last year, a number of projects have been led by the Pegasus team, including quality improvement projects and a focus on disordered eating. Feedback about the team has been overwhelmingly positive. The team have really worked hard together over the last year and recently achieved their CAMHeleon accreditation which celebrates and promotes best practice and the things that really make a positive difference to young inpatients, identifying small changes that have a big impact."

Stacey Burgess, Ward Manager, said: "*I am immensely proud of every single colleague for the 100% dedication they bring to the team and for the support they provide. To be recognised for doing a good job and providing service users with the highest level of support is a privilege. We all try every day to make a difference to the lives of those we support and winning this award filled me with pride.*

"We have had wonderful feedback from the external professionals we work with which is testament to the positive and influential leaders we have on the ward. This year has been amazing with our success stories and achievements.

"I would like to thank all the families and carers who have worked with us and thank you to all the Young People who come through the door. You have made us the team we are today."

Dr Tony Romero, CEO of Cygnet Health Care, said: ""These awards recognise the achievements and difference our motivated, compassionate and value-driven doctors and teams make for our services users every single day."

"We have seen so many wonderful examples of our doctors and other clinicians, going above and beyond over the last year and stepping up to work beyond their role and sacrifice their time and dedication for the benefit of the individuals in their care.

"As CEO I am proud to count these exceptional individuals as colleagues who exemplify our values at Cygnet. The team at Cygnet Hospital Sheffield on Pegasus Ward work diligently to ensure all residents can fulfil their potential. This accolade is testament to the hard work, commitment and dedication of all of the staff at Cygnet Elms.

"At Cygnet Health Care, we strive to provide the highest quality and standard of care and always put our service users at the heart of what we do. This is demonstrated impeccably at Cygnet Hospital Sheffield."

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Notes to Editors:
For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Health Care
Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care's pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care's focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet's facilities are rated as good or outstanding, which is above the national average.

www.cygnethealth.co.uk