## Improving lives together

# **Specialist Acute Service for Men**

Haywood Ward, Cygnet Hospital Kewstoke, Weston-super-Mare

#### Good

Haywood Ward is Cygnet Hospital Kewstoke's 16 bed male emergency acute inpatient service. The service provides a safe and stabilising environment for individuals who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of our service is about assessing and treating service users in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support service users to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team work closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.





### 16 beds

accepting

referrals

3 11 3

#### Our service user profile:

- > Men, aged 18+ years
- > Detained under the Mental Health Act or informal
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
  - Acute mental illness
  - Acute depressive illness
  - Psychosis
- Personality disorder
  - Dual diagnosis

Schizophrenia

Bi-polar disorder

- May present with co-morbid presentations:
  - Self-harm
  - Substance misuse issues
- Complex needs



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