

Press Release

22 August 2023

For Immediate Release

Cygnet Social Care Services Hold "Coronation Games"

Cygnet Social Care services in the Midlands held their 'Social Care Coronation Games' event at Saffron Lane Athletics Stadium, Leicester earlier this month.

Cygnet services involved in the day included Ashbrook, Beeches, Broughton House, Broughton Lodge, Cherry Tree House, Conifers, Elston House, The Fields, Long Eaton Day Services, Marion House, No. 12 High Street, Pines, Toller Road and Willow House.

The day began with the services moving around the stadium and taking part in track and field events. These events included a 100m water race, long jump, a penalty shootout, archery and much more.

Michelle Robertson is the Activity Coordinator at Toller Road, an 8 bed specialist residential service with nursing, supporting adults with learning disabilities and complex needs. She said: "The event was brilliant, we've done it for a few years previously and it's always a highlight. Everyone joins in and we get to see people smiling and getting to know each other. The Toller Road residents loved the penalty shootout, the bowls and lunch of course."

Everyone broke for lunch and enjoyed having a slice of a special Coronation Games cake that was prepared by staff. Residents were also treated to a visit from an ice cream truck at the end of the day.

The final sporting event of the day was a 400m relay race in which residents and staff took part. The day concluded with an awards ceremony, in which every resident received a certificate and a medal.

Every service made their own unique flags to celebrate what makes them unique. These were judged at the end of the day by Gareth Williams, CEO of Cygnet Social Care and Jenny Gibson, Cygnet Group HR Director.

Jenny said: "We had some really great flags this year but I and Gareth unanimously decided that Ashbrook is our winner. It looked incredibly professional and we found out from the staff that some of the residents are very artistic. We love how the pictures represent the different interests of the people that live at the service.

"No. 12 High Street was our choice for second place, we loved how they linked into the Coronation theme. Third place is Willow House, we really like the reference to our values and all joining into the tree. Congratulations to our winners and to everyone who made a flag."

Gareth Williams added: "The day was a great opportunity to meet our service users and residents, get involved with some activities and bring smiles to people's faces. The Midlands team did an amazing job organising the event and it was a great representation of Cygnet Social Care."

Notes to Editors

For interviews, please contact Gemma Attew, External Communications Manager, at gemmaattew@cygnethealth.co.uk

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care's pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care's focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet's facilities are rated as good or outstanding, which is above the national average. www.cygnethealth.co.uk