

Improving lives together

Low Secure Mental Health Service for Men

**Saltwood Ward,
Cygnnet Hospital Maidstone, Kent**

Accepting
Referrals

Saltwood Ward provides a 16 bed low secure service for men with enduring mental illness, including those with a personality disorder at Cygnnet Hospital Maidstone, Kent.

The multidisciplinary team is integrated and work as one, sharing expertise. The Trust also has extensive community links which can be particularly helpful for service users moving towards discharge, thus helping to keep lengths of stay to a minimum.

Our male high dependency inpatient rehabilitation service, Kingswood Ward at Cygnnet Hospital Maidstone, provides a pathway for men from Saltwood Ward requiring a stepdown to a lower level of security.

Cygnnet Hospital Maidstone is a core and active provider partner in the South East (KSS) Provider Collaborative for Adult Secure Services. The primary focus of the partnership is to be able to offer secure care within the South East region when a service users requires it. Also to keep lengths of stay within secure services as appropriately short as possible, while achieving the treatment goals set out. The Provider Collaborative Case Manager oversees the quality and care of our KSS patients.



Male



18+ years



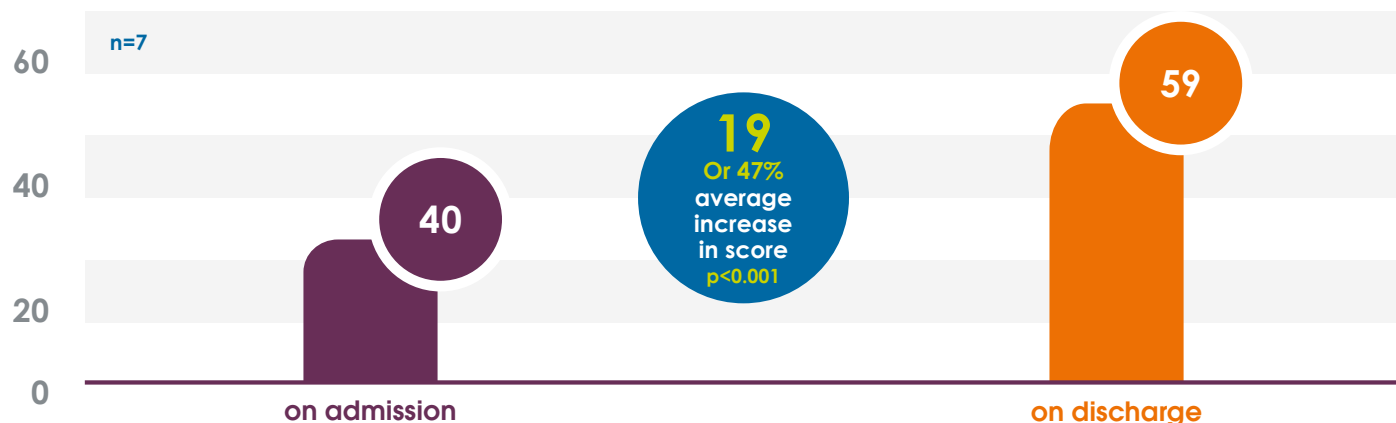
16 beds

Our service user profile:

- > Men, aged 18+
- > Detained under the Mental Health Act
- > Requiring assessment and treatment in a secure environment
- > Presenting active or potential risk to others
- > Diagnosis of:
 - Severe and enduring mental health problems
 - Psychotic disorder
 - Schizoaffective disorder
 - Schizophrenia
- > May be exhibiting dangerous and challenging behaviour
- > May have a dual diagnosis with substance abuse
- > May require a specialist service for treatment or management of personality disorder
- > May have a forensic history

Global Assessment of Progress (GAP)

The Global Assessment of Progress (GAP) is our specialist outcome tool used on Saltwood Ward, Cygnnet Hospital Maidstone. The tool allows us to measure an individual's progress throughout their placement, plot the positive developments, setbacks and changes in wellbeing but also identify the warning signs of any possible deterioration, whilst informing care planning and being transparent about future risks.



Individuals in our care had an average GAP score increase of 47% on discharge

Service user survey results

Each service user at Saltwood Ward is given the opportunity to complete an individual satisfaction survey



*Results taken from 2022 service user surveys

Discharge Destinations



87% of the individuals discharged from Saltwood Ward at Cygnet Hospital Maidstone from Jan 2022 - Nov 2022 were able to move downstream along their care pathway.

*Results taken from the period Jan 2022 - Nov 2022.



Our daily activity programme:

- > Social group
- > Self-harm management
- > Anger management
- > Dietetic assessment and advice
- > Life skills
- > Education
- > Recovery groups
- > Ward based activities
- > Daily planning meeting
- > Current affairs group
- > Recreational activities
- > Relaxation
- > Gardening
- > Art Group



Our facilities:

- > En-suite bedrooms
- > Extensive social and recreational space
- > Activities of Daily Living (ADL) kitchen
- > Safe outdoor space



Where are we?

Cygnnet Hospital Maidstone
Gidds Pond Way, Off Newnham Court Way, Weaving, Maidstone ME14 5FY

Phone number
01622 580 330



CYG-1014 | Date of Preparation: 31/08/2023



For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

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