



# Your guide to Malborn and Teroan

Community Rehabilitation

# Malborn and Teroan

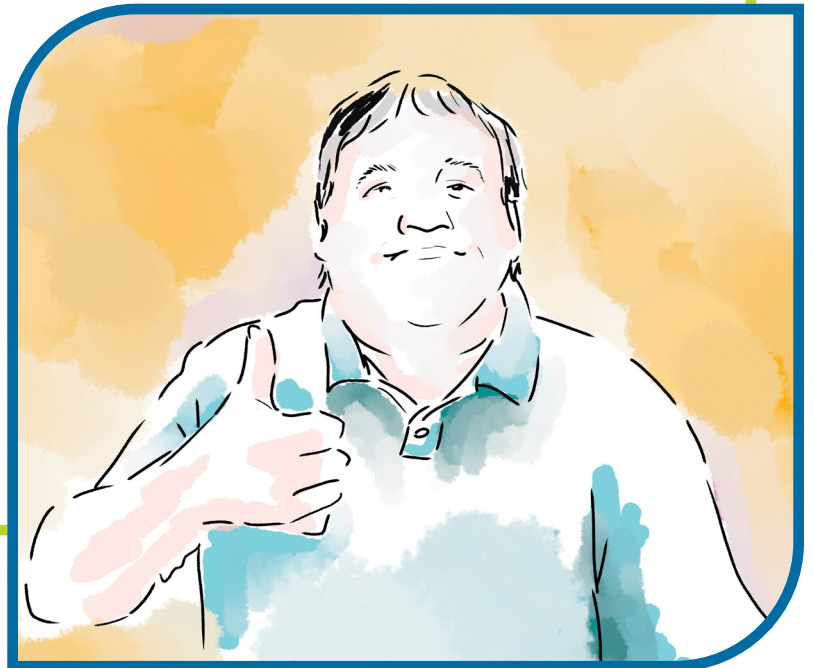
Nottinghamshire

**Registered address:** Malborn and Teroan,  
Main Road,  
Nether Langwith,  
Nottinghamshire,  
East Midlands.  
NG20 9EN

Malborn and Teroan is owned by Cygnet. Malborn and Teroan is located in Nottinghamshire.

The people we care for here are:

- Male
- 18+





Up to 6 people can stay at our community rehabilitation service at Malborn and Teroan.

There are 6 beds, 3 beds in each house.

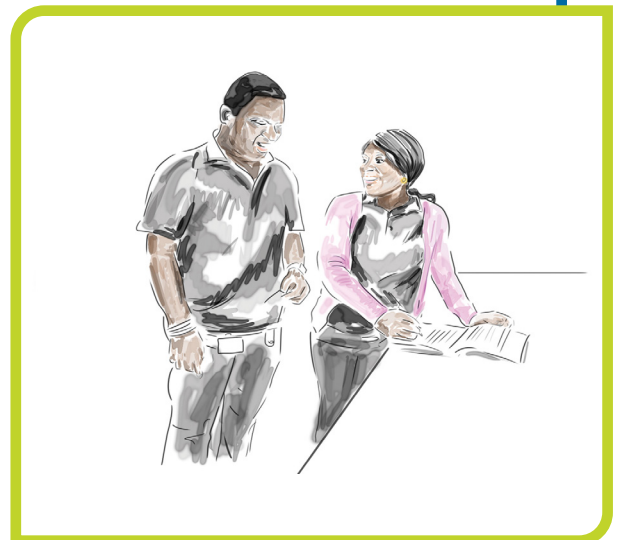
Our aim is to help you towards a more independent way of living as you work to rejoin the wider community.

## Our team

A House Manager oversees the running of the house. They will make sure the support you get is of a high standard.

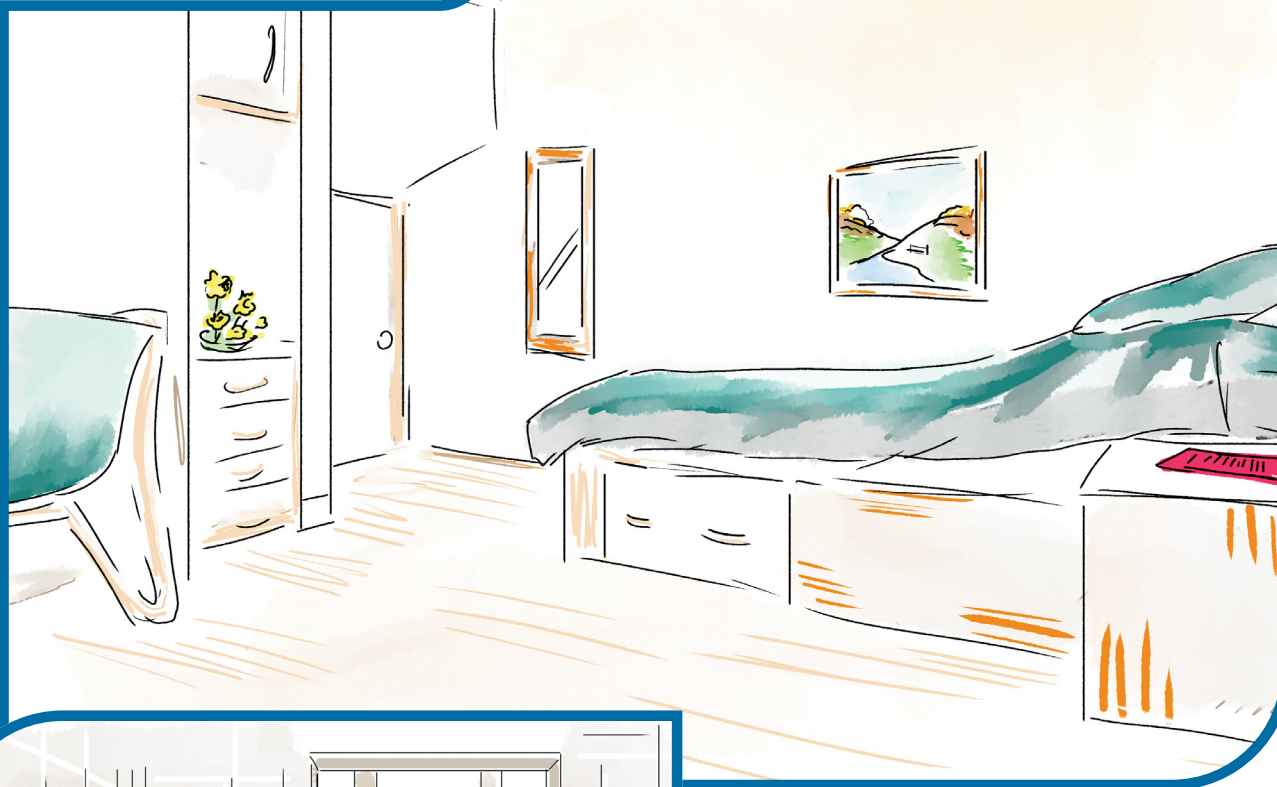
There is also a team of support workers who have experience supporting people through mental health rehabilitation.

They will make sure you have what you want and need to maximise your independence and help you in your recovery.



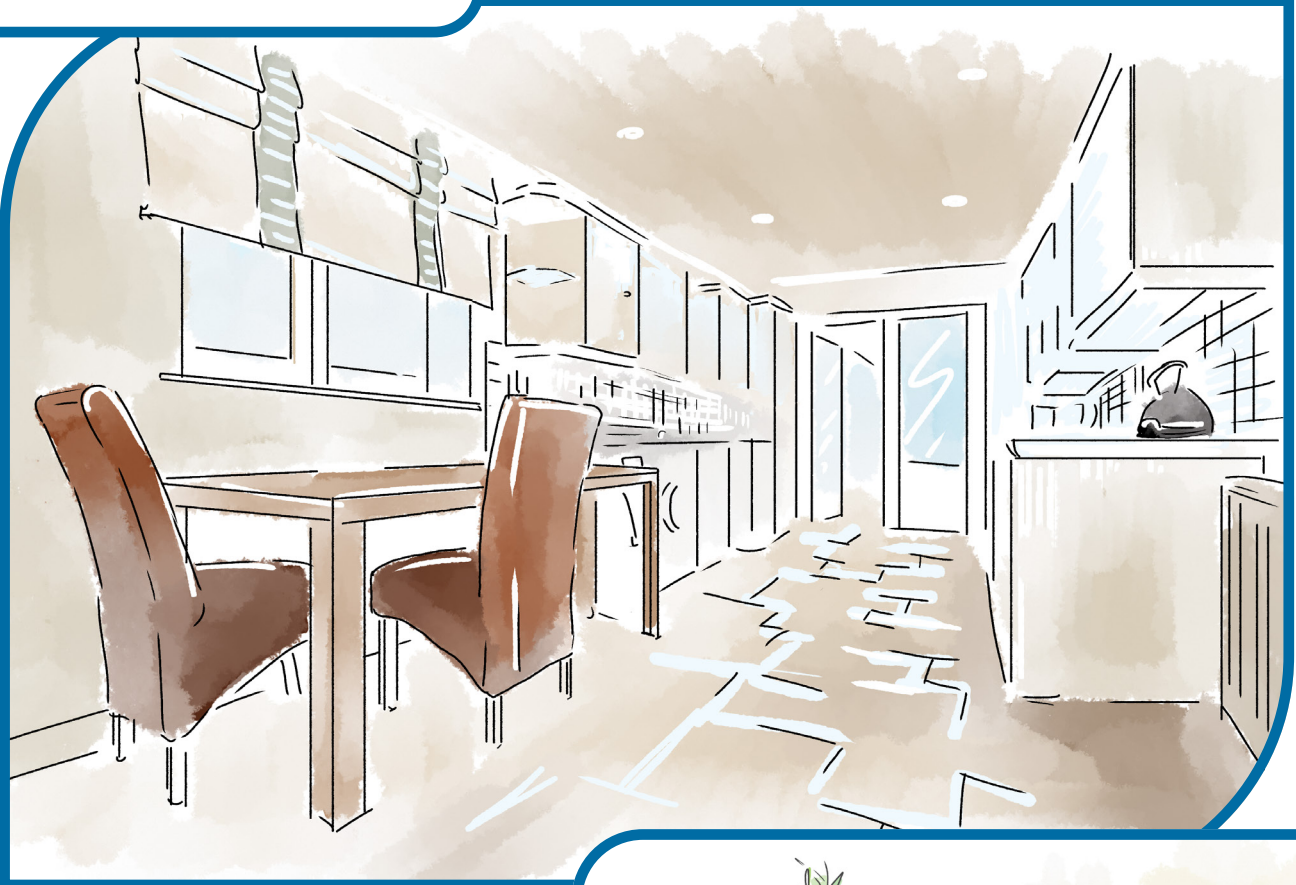


## Living spaces



You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.

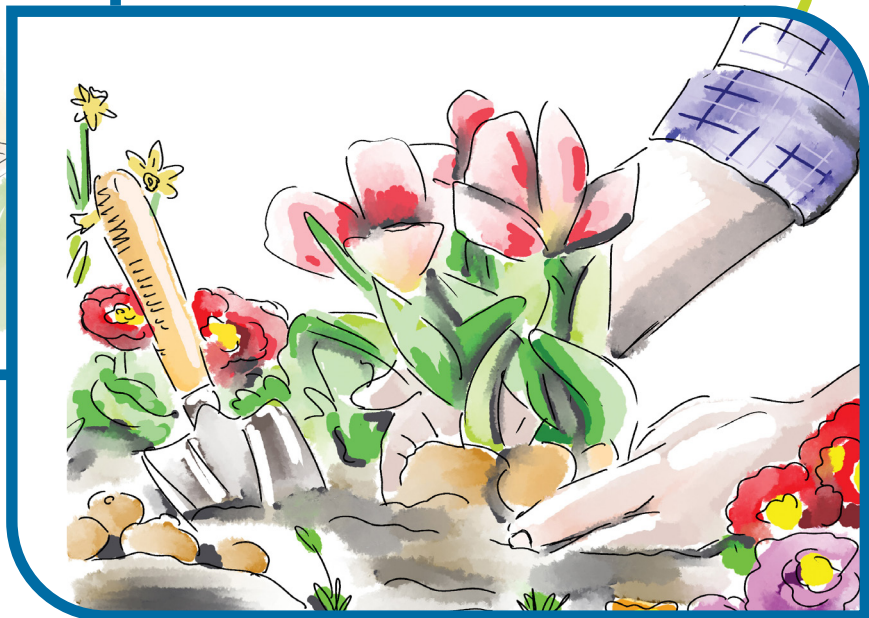
## Shared spaces



You will share dining and lounge areas with other people. The house is arranged in a family setting with a modern communal kitchen, lounge areas, laundry facilities and gardens.

## Outdoors

Outside there is gardens which the service users can enjoy.



## Goals

We will work with you to help you achieve your goals. Our aim is to help you in the best way for you.





## Visitors



You are welcome to have visitors at Malborn and Teroan during your stay.

However, you must arrange this with us before the visit takes place and your visitors will only be allowed in the communal areas of the house.

This is important so that we can make sure the privacy of other service users is respected.



## Community

The houses are set in a small, picturesque village which has its own facilities including:

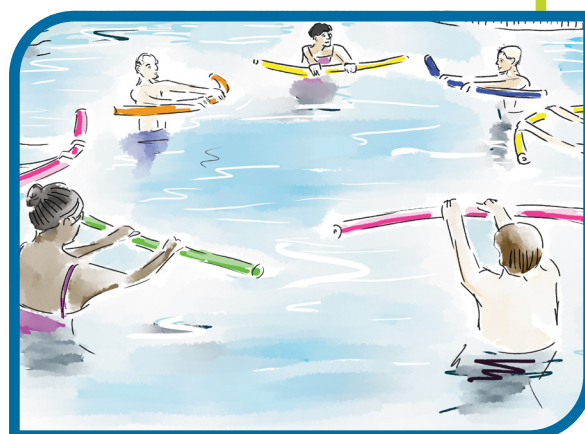
- post-offices
- shops
- pubs

The town of Shirebrook is 2 miles away, it has:

- a leisure centre
- market
- Job centre

For pleasant countryside walks and bike rides we are near:

- Sherwood Forest
- Creswell Crags
- Clumber Park
- Rufford Park





Address

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Accessible  
Information  
Standard