



Your guide to Gledholt Mews and Coach House

Community Rehabilitation

Gledholt Mews and Coach House

West Yorkshire

Registered address:

Gledholt Mews and
Coach House
34 Greenhead Road,
Huddersfield,
West Yorkshire,
HD1 4EZ

Gledholt Mews and Coach House is owned by Cygnet. Gledholt Mews and Coach House is located in the West Yorkshire.

The people we support here are:

- 18+

We have mixed gendered spaces.



Gledholt Mews and Coach House is our service for adults with mental health needs or a personality disorder who have been able to progress to the next stage in their recovery.

Up to 21 people can stay at our service. We support up to:

- 15 people in our Mental Health Community Rehabilitation
- 6 people in our Personality Disorder Rehabilitation.

The people we support have a range of needs and live in the area that best caters to their needs. Our aim is to help you towards a more independent way of living as you work to rejoin the wider community.



Our team

Everyone has access to a team of specialist staff that will support you in your recovery.

They will make sure you have what you want and need to maximise your independence and help you in your recovery.

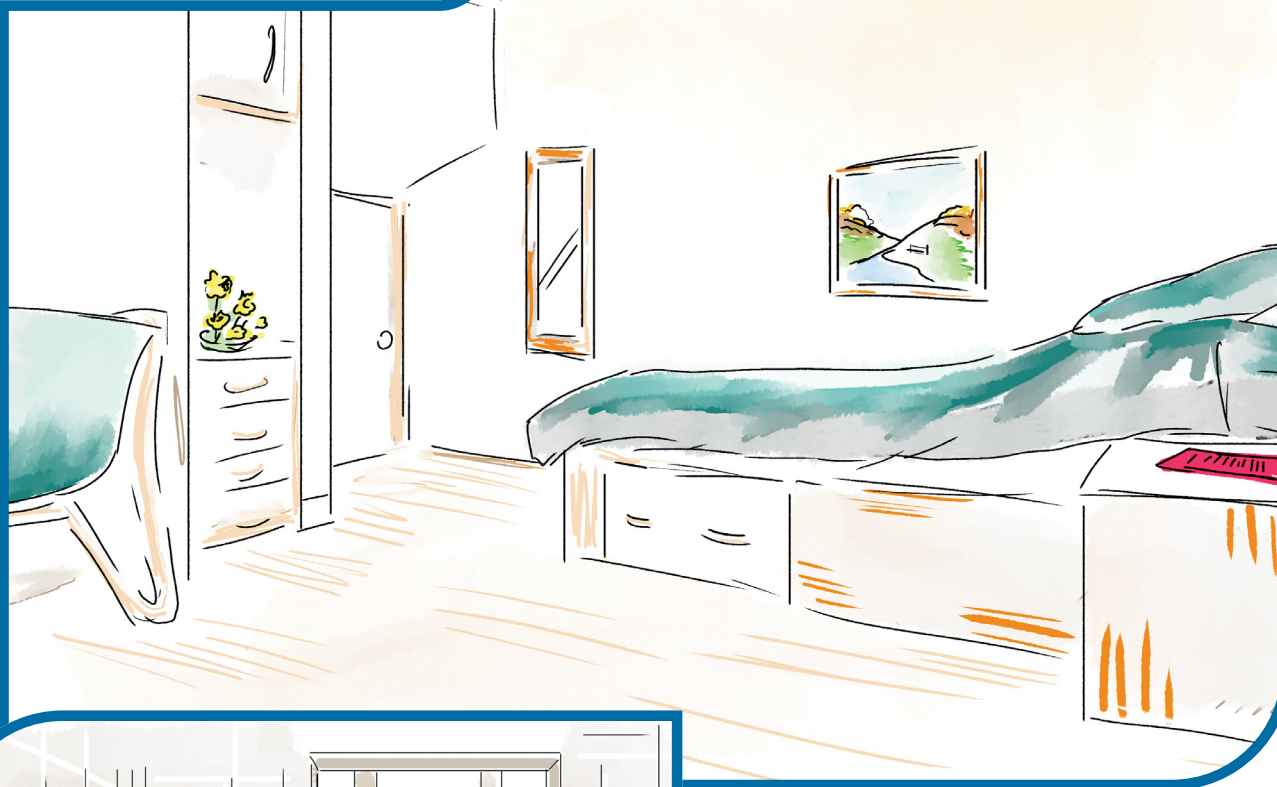


Who is here to help you?

- nurses
- psychology team
- occupational therapy team
- speech and language therapy team

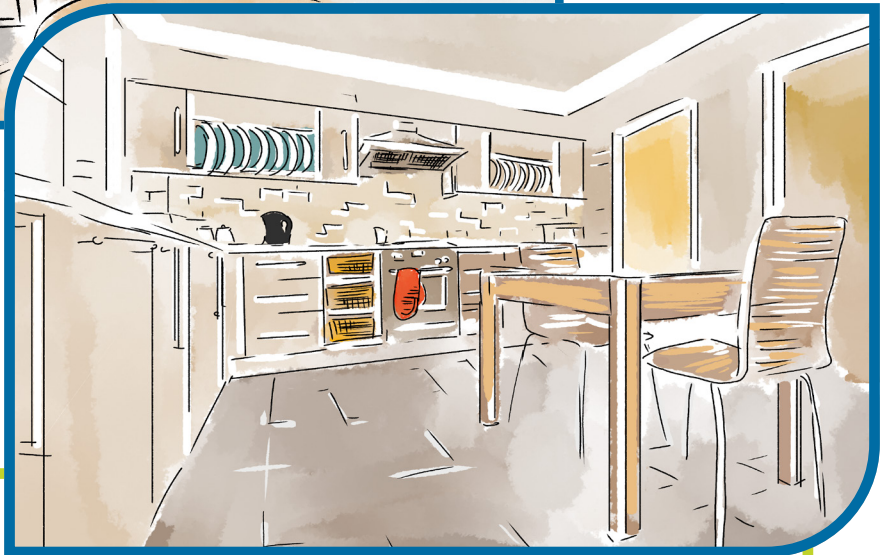
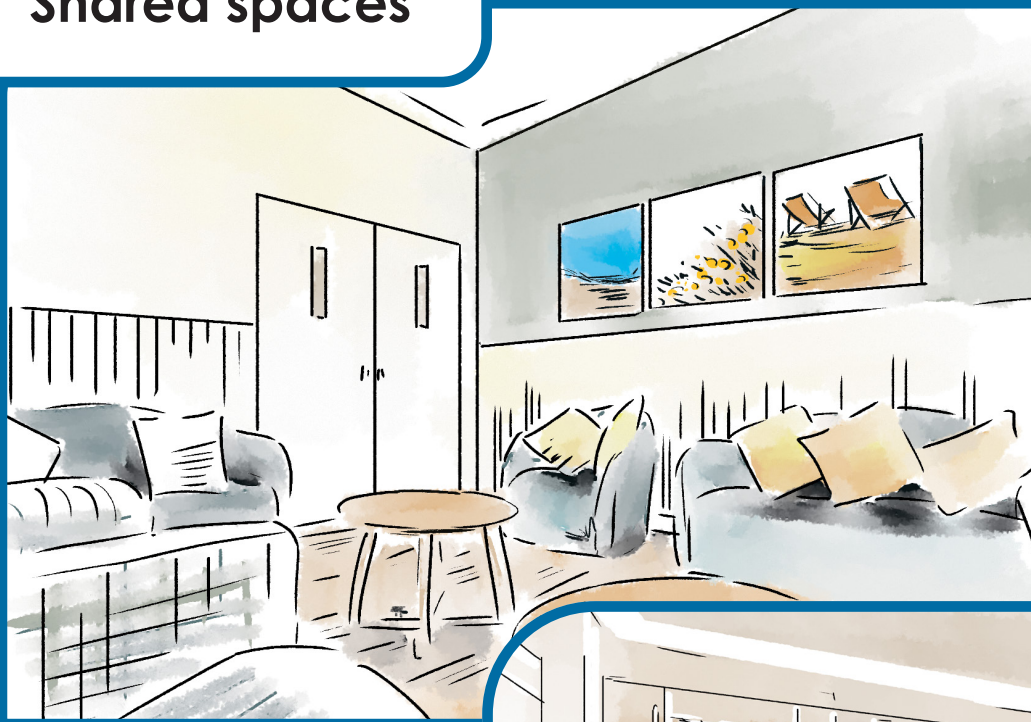


Living spaces



You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.

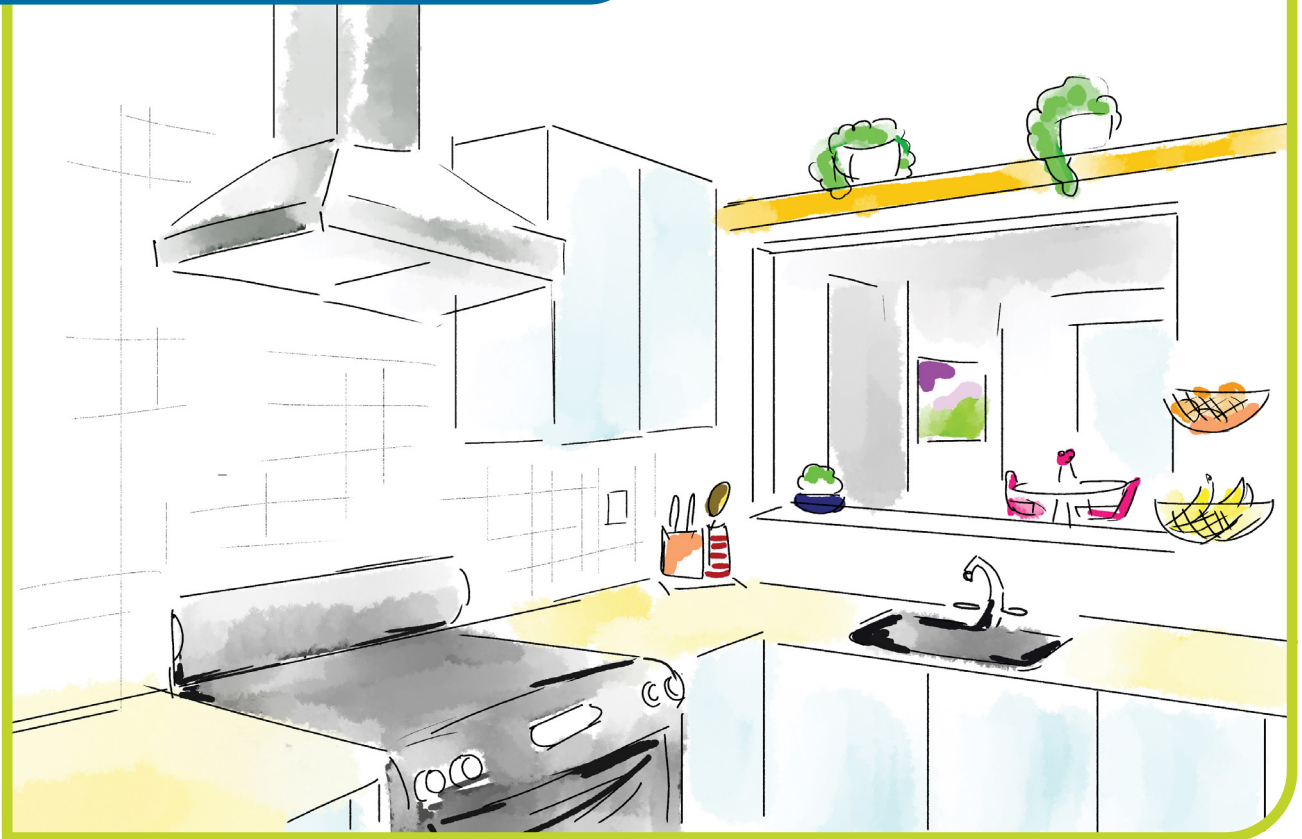
Shared spaces



If you stay in the main house you will share dining and lounge areas with other people.

People are encouraged to cook with or without staff support, however kitchen staff are available for assistance or to prepare meals in the large on-site kitchen.

Self-contained flats

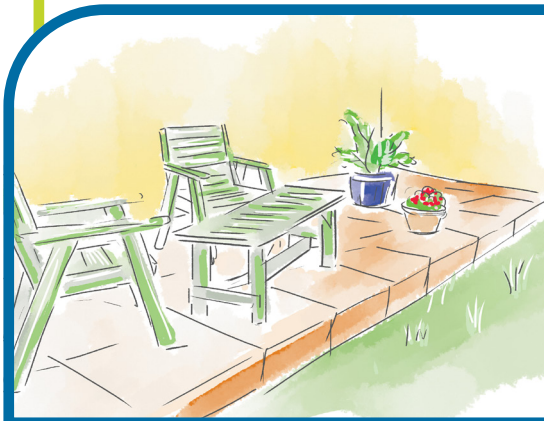


We have 10 self-contained flats. These flats give people space to build on their living skills before they go out into the community.

If you stay here you will have your own lounge and diner, kitchen and en-suite bathroom.

Outdoors

We have a garden with outdoor seating.



Goals

We will work with you to help you achieve your goals. Our aim is to help you in the best way for you.



Visitors



You are welcome to have visitors at Gledholt Mews and Coach House during your stay.

However, you must arrange this with us before the visit takes place and your visitors will only be allowed in the communal areas of the house.

This is important so that we can make sure the privacy of other people is respected.

Support for College Courses and Work

If you wish to attend college or to complete other courses, we can help you with this.

Our staff will speak to you about your areas of interest and courses that are available at various colleges as well as other places.

Also, our team can support you if you wish to participate in voluntary or paid work.

We can help you to:

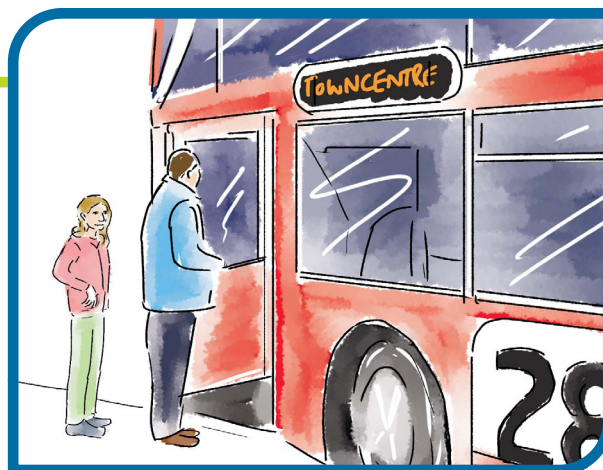
- write a CV
- apply for a job
- practice for interviews
- gain more skills



This is all part of supporting you to develop various skills that will help you as you return to community life.

Community

Gledholt Mews and Coach house is less than a mile from Huddersfield town centre and travel links are easy to access for further afield. This will give you plenty of opportunities to practice skills to get out and about. These will help you prepare for life in the future.



Greenhead Park and Gledholt Woods are popular for relaxing walks.



Your notes

Address

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Website

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