



Your guide to Cygnet St Augustine's

Mental Health Rehabilitation

Cygnets St Augustine's

Staffordshire

Registered address: Cygnets St Augustine's,
Cobridge Road,
Stoke-on-Trent,
Staffordshire,
West Midlands
ST15JY

Cygnets St Augustine's is owned by Cygnets.
Cygnets St Augustine's is located in Stoke-on-Trent.

The people we care for here are:

- Male
- 18+





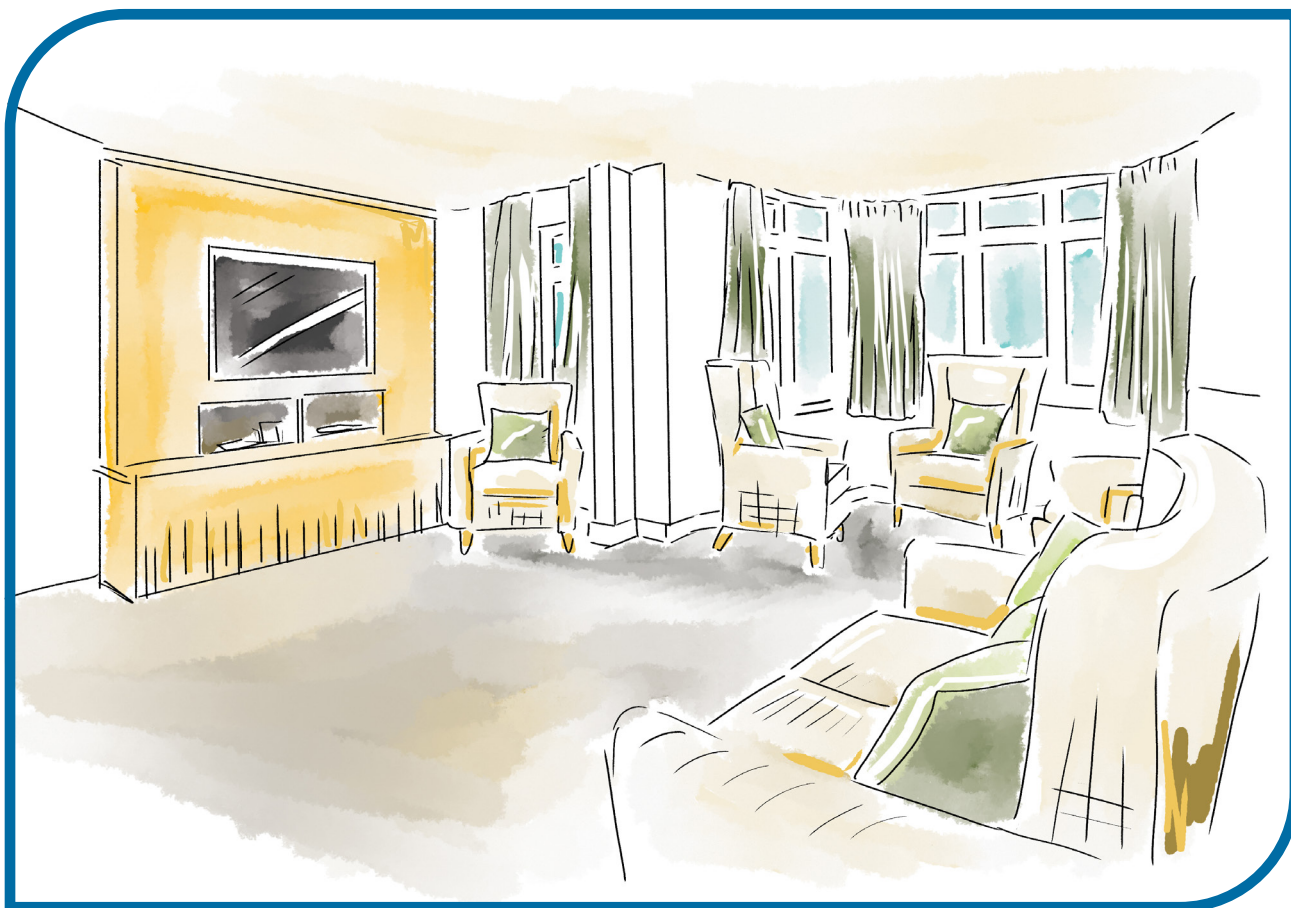
Up to 32 people can stay at Cygnet St Augustine's. We want you to feel safe and comfortable while you stay here.

We will give you support to enhance your personal skills and rebuild your life. We will listen to what you want and need.



Living spaces

You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.



You will share dining and lounge areas with other people.

We also have a therapy kitchen for you to practice daily living skills.



Our team



There are a range of staff available to you, they are dedicated to understanding you and helping you through the highs and lows of your recovery.

We will make sure you have what you want and need to maximise your independence and help you in your recovery. Staff will be supportive and encouraging.

Who is here to help you?

- Hospital Director
- Head of Care
- Psychiatrist
- Specialty Doctor
- Psychology team
- Nurses
- Support Workers
- Occupational Therapists
- Therapy Co-ordinators
- Mental Health Act Administrator
- Gym Instructor



Goals

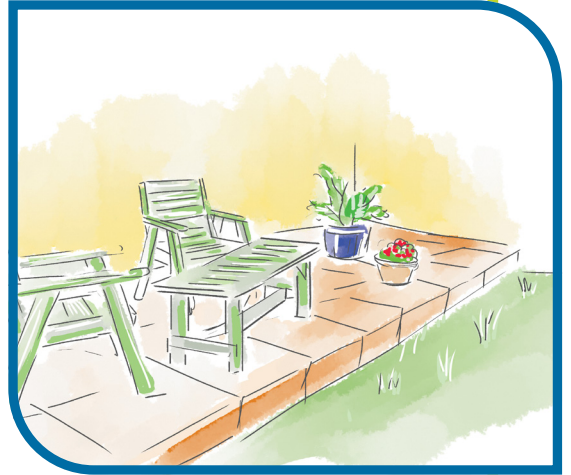
We will work with you to make a **person-centred plan**. We will talk to you about your needs and aims and jointly make a plan to make you be as independent as possible. Our aim is to help you in the best way for you.



Our facilities

We will try to make your stay with us as pleasant as possible. Some of the facilities available to you are:

- En-suite bedrooms
- 2 Lounges
- Therapy kitchen
- Variety of activity areas
- Enclosed garden
- Dining room
- Gym
- IT cafe



Activities



Our focus is to help you increase your independence where possible, through work and education as well as at social and leisure facilities.



You will be given the opportunity to learn new skills and practice daily living skills, these will be timetabled into your plan to help you gain more independence.

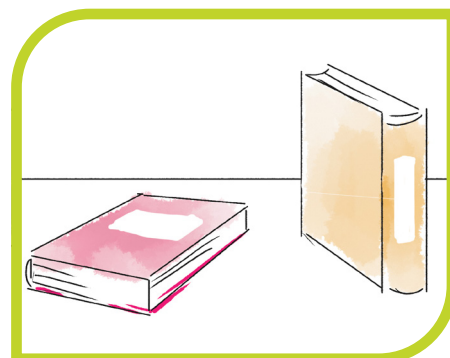


If you want you can be involved with the **People's Council**. This is a meeting where people get involved in what happens at Cygnet St Augustine's. You can share your opinions and have your say about what you think.

Community

When the time is right you are encouraged to go out into the community. Nearby we have:

- Learndirect
- Stoke-on-Trent College
- Forrest Park
- Water World
- Westport Lake
- Alton Towers

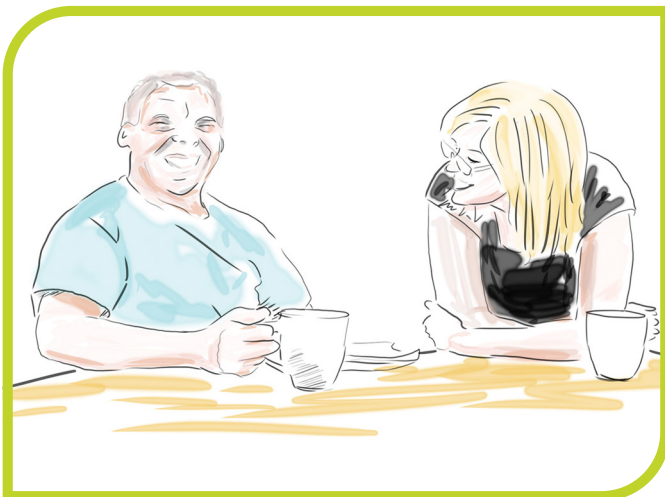


Job Support

Staff will give you support and guidance to explore vocational opportunities online and in the community.

We can help you to:

- write a CV
- apply for a job
- apply for volunteer work or work experience
- practice for interviews
- gain more skills



Your notes

Address

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Westminster,
London,
SW1P 3JA

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Website

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