



# Your guide to Cygnet Oaks

**Mental Health Rehabilitation**

# Cygnnet Oaks

South Yorkshire

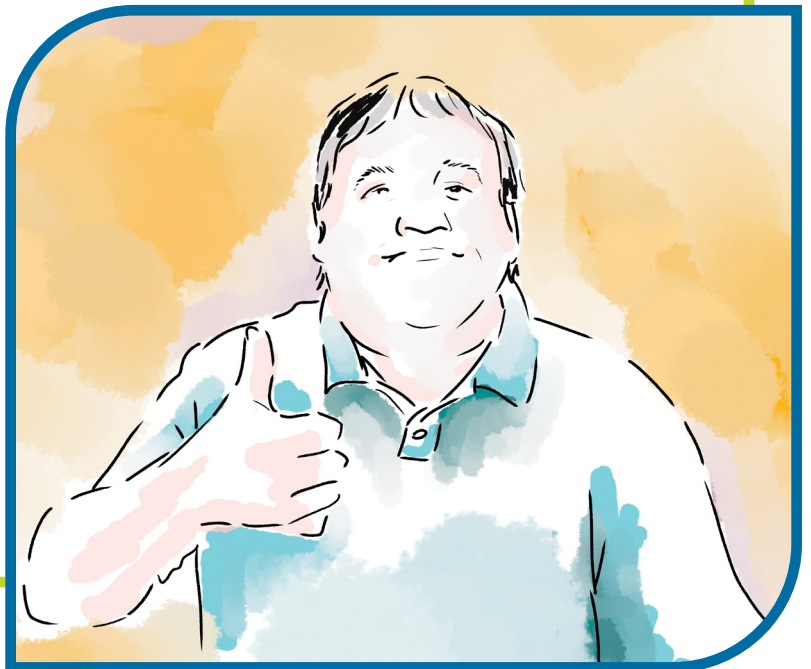
**Registered address:**

Cygnnet Oaks,  
Upper Sheffield Road,  
Barnsley,  
South Yorkshire,  
Yorkshire & Humber  
S70 4PX

Cygnnet Oaks is owned by Cygnnet. Cygnnet Oaks is located in South Yorkshire.

The people we care for here are:

- Male
- 18+





Up to 35 people can stay at our mental health service at Cygnet Oaks.

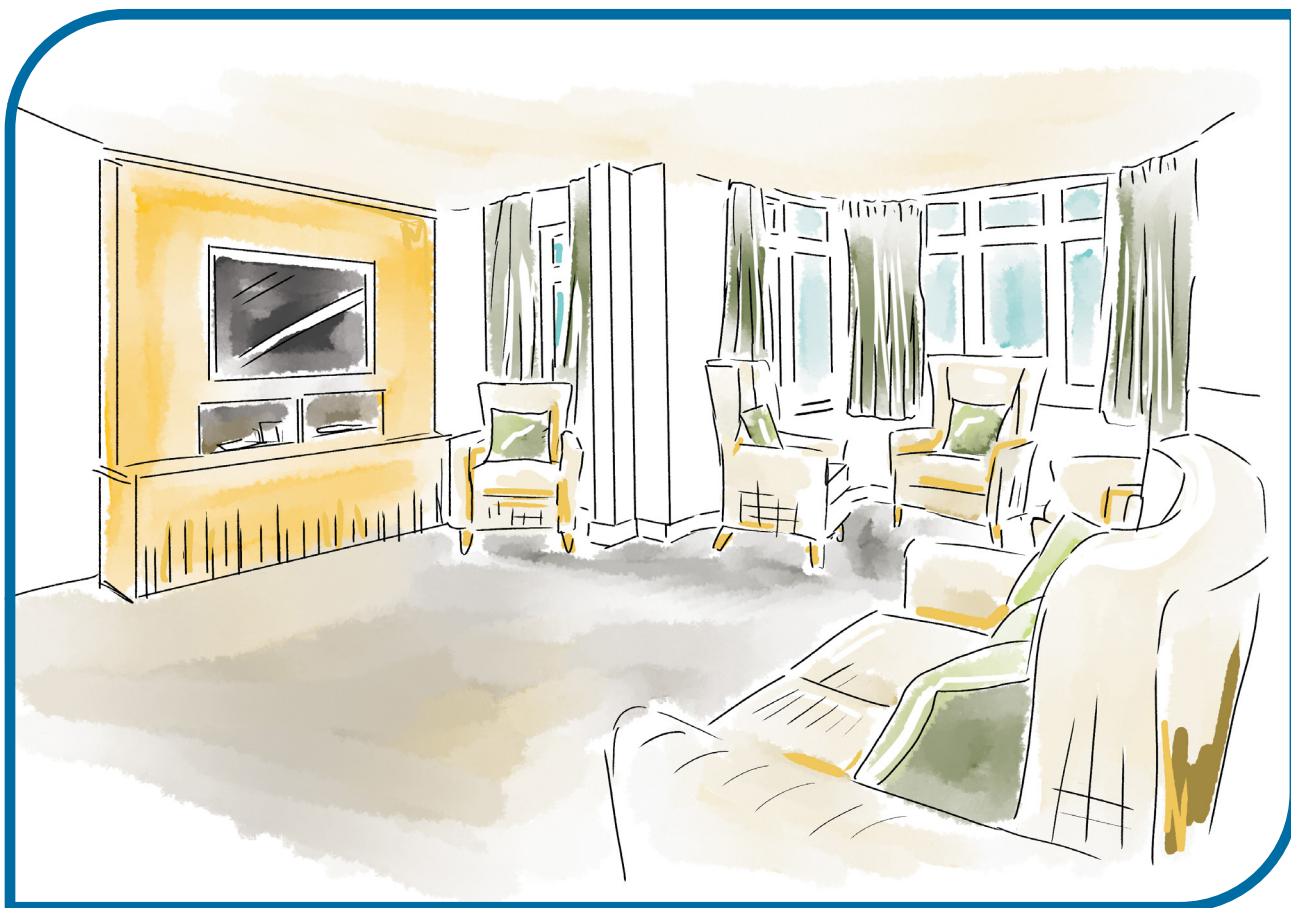
There are 2 wards:

- The Lodge - 20 beds
- The House - 15 beds



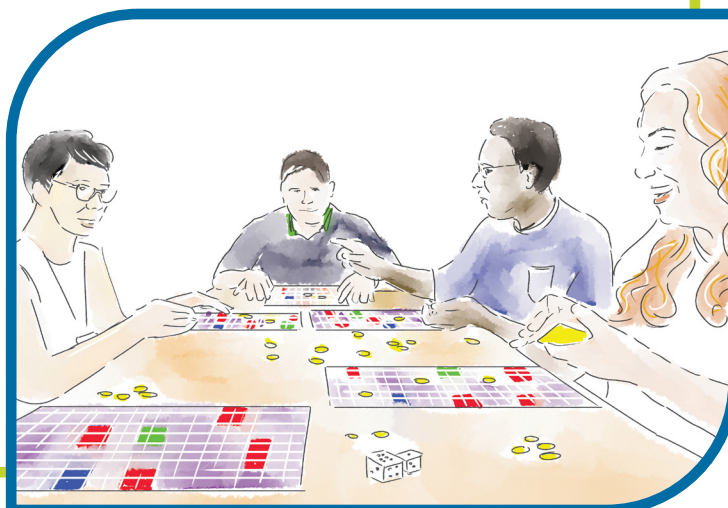
## Living spaces

You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.



You will share dining and lounge areas with other people.

We also have a variety of activity areas and an IT cafe.



## Our team



There are a range of staff available to you. They will be supportive and encouraging.

We will make sure you have what you want and need to maximise your independence and help you in your recovery.

## Who is here to help you?

- Psychiatrist
- Psychology team
- Nurses
- Occupational Therapy team
- Support team

All service users are registered with the local GP.



## Goals

We will work with you to make a **person-centred plan**. We will talk to you about your needs and aims and jointly make a plan to make you be as independent as possible. Our aim is to help you in the best way for you.

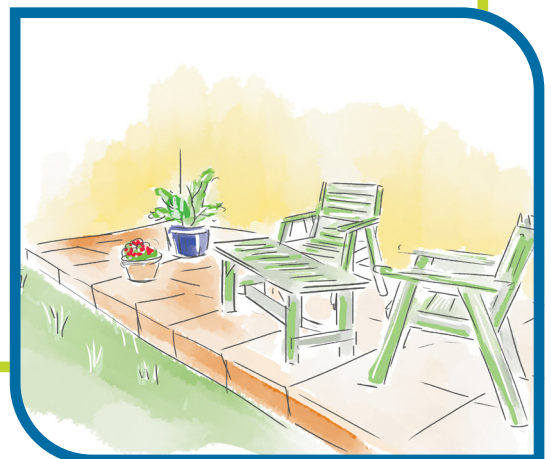




## Our facilities

We will try to make your stay with us as pleasant as possible. Some of the facilities available to you are:

- En-suite bedrooms
- Therapy kitchen
- Variety of activity areas
- Art room
- Horticultural garden
- Therapy room
- Relaxation rooms
- Classroom
- Dining room
- Living room
- Enclosed garden
- Gym
- IT café



## Activities



Our focus is to help you increase your independence where possible, through work and education as well as at social and leisure facilities.



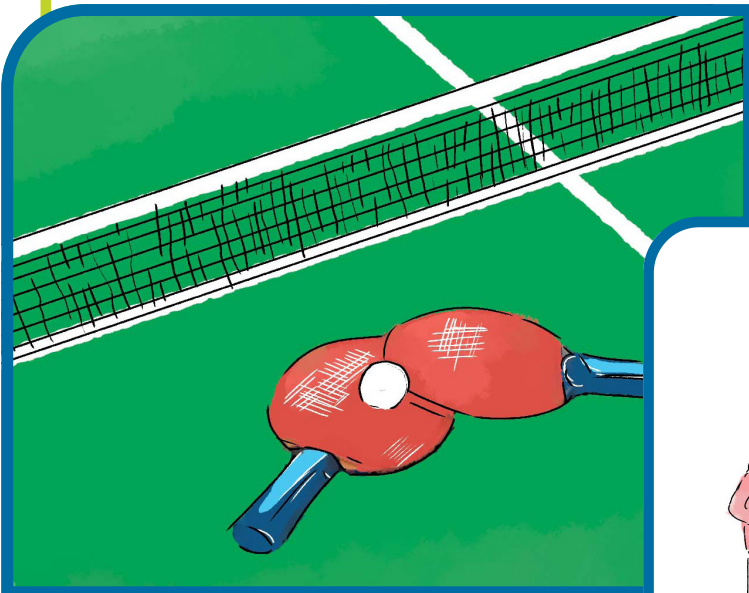
We have weekly community meetings and if you want you can be involved with the **people's council**. This is a meeting where people get involved in what happens at Cygnet Oaks. You can share your opinions and have your say about what you think.



## Community

When the time is right you are encouraged to go out into the community. Nearby we have:

- Pure heaven holistic therapy
- Table tennis coaching with Inclusive Ping Pong
- Barnsley MIND
- Citizens advice Barnsley
- Barnsley Recovery College
- Short bus ride into Barnsley town centre which features an abundance of community facilities to access





Address

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Westminster,  
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SW1P 3JA

Telephone

0207 123 5706

Website

[www.cygnethealth.co.uk](http://www.cygnethealth.co.uk)

CYG\_ER\_065 | Date of Preparation: 19/06/23



Accessible  
Information  
Standard