





# Your guide to Cygnet Lodge Woking

**Mental Health Rehabilitation** 

# Cygnet Lodge Woking

Registered address: Cygnet Lodge Woking Barton Close (off Redding Way) Knaphill, Woking Surrey, South East GU21 2FD

Cygnet Lodge Woking is owned by Cygnet. Cygnet Lodge Woking is located in Surrey.

The people we care for here are:

- Male
- 18+



Surrey



Up to 31 people can stay at our mental health service at Cygnet Lodge Woking.

There are 2 wards:

- Marlowe Ward 20 beds
- George Williard Ward 11 beds



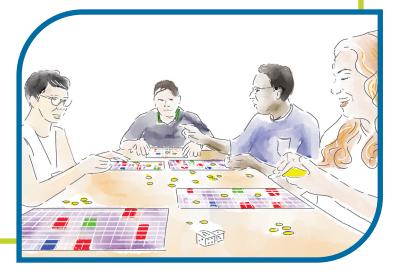
# Living spaces

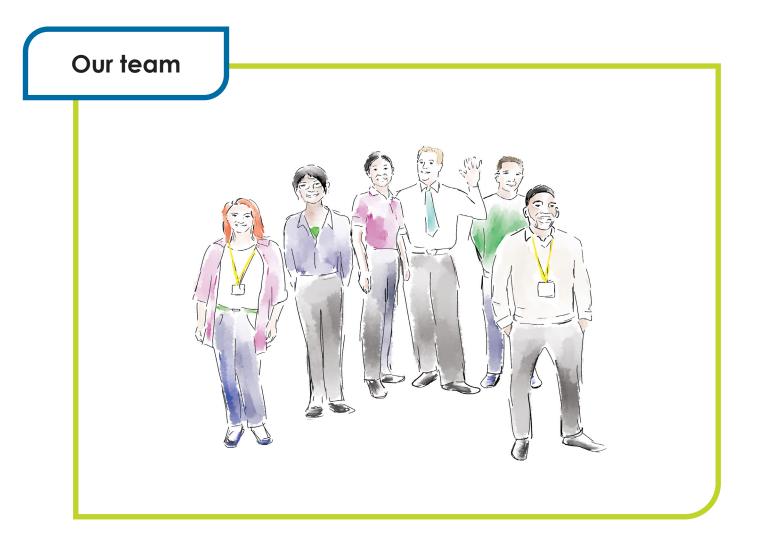
You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.



You will share dining and lounge areas with other people.

We also have a variety of activity areas and an IT café.





There are a range of staff available to you. They will be supportive and encouraging.

We will make sure you have what you want and need to maximise your independence and help you in your recovery.

# Who is here to help you?

- Psychiatry team
- Nursing team
- Psychology team
- Occupational therapy team
- Support team

All service users are registered with the local GP.



# Goals

We will work with you to make a **person-centred plan**. We will talk to you about your needs and aims and jointly make a plan to make you be as independent as possible. Our aim is to help you in the best way for you.



#### **Our facilities**

We will try to make your stay with us as pleasant as possible. Some of the facilities available to you are:

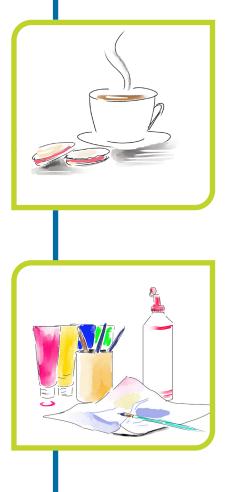
- En-suite bedrooms
- Variety of activity areas
- IT café
- Living room
- Dining room
- Therapy kitchen
- Gym
- Spacious enclosed garden with horticulture and woodwork areas







# Activities





Our focus is to help you increase your independence. Where possible, we will work with you through work and education.

There are plenty of activities to get involved with. You can work on daily living skills these will be timetabled into your plan to help you gain more independence.

We have a weekly community meeting and if you want you can be involved with the **people's council.** This is a meeting where people get involved in what happens at Cygnet Lodge Woking. You can share your opinions and have your say about what you think.

# Job support and Voluntary work

There are many opportunities to find work in the community. You can work with with local organisations and businesses. Staff will help you to find opportunites.

We also have close links with Woking College and Guildford college where you can gain qualifications or training for future employment.



Your notes	

Address	Cygnet
	4 Millbank, 3rd Floor,
	Westminster,
	London,
	SWIP 3JA
Telephone	0207 123 5706
Website	www.cygnetgroup.com
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