

Your guide to
Wyvern Ward

Cygnet Hospital Derby

Mental Health Rehabilitation

Wyvern Ward

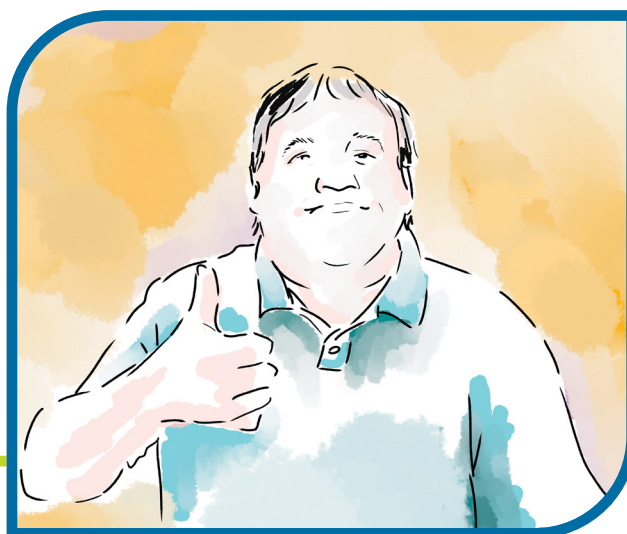
Derbyshire

Registered address: Cygnet Hospital Derby,
100 City Gate,
London Road,
Derby
Derbyshire,
DE24 8WZ

Wyvern Ward is part of Cygnet Hospital Derby.
This is located in Derbyshire. Cygnet Hospital
Derby is owned by Cygnet.

The people
we care for at
Wyvern Ward are:

- Male
- 18+





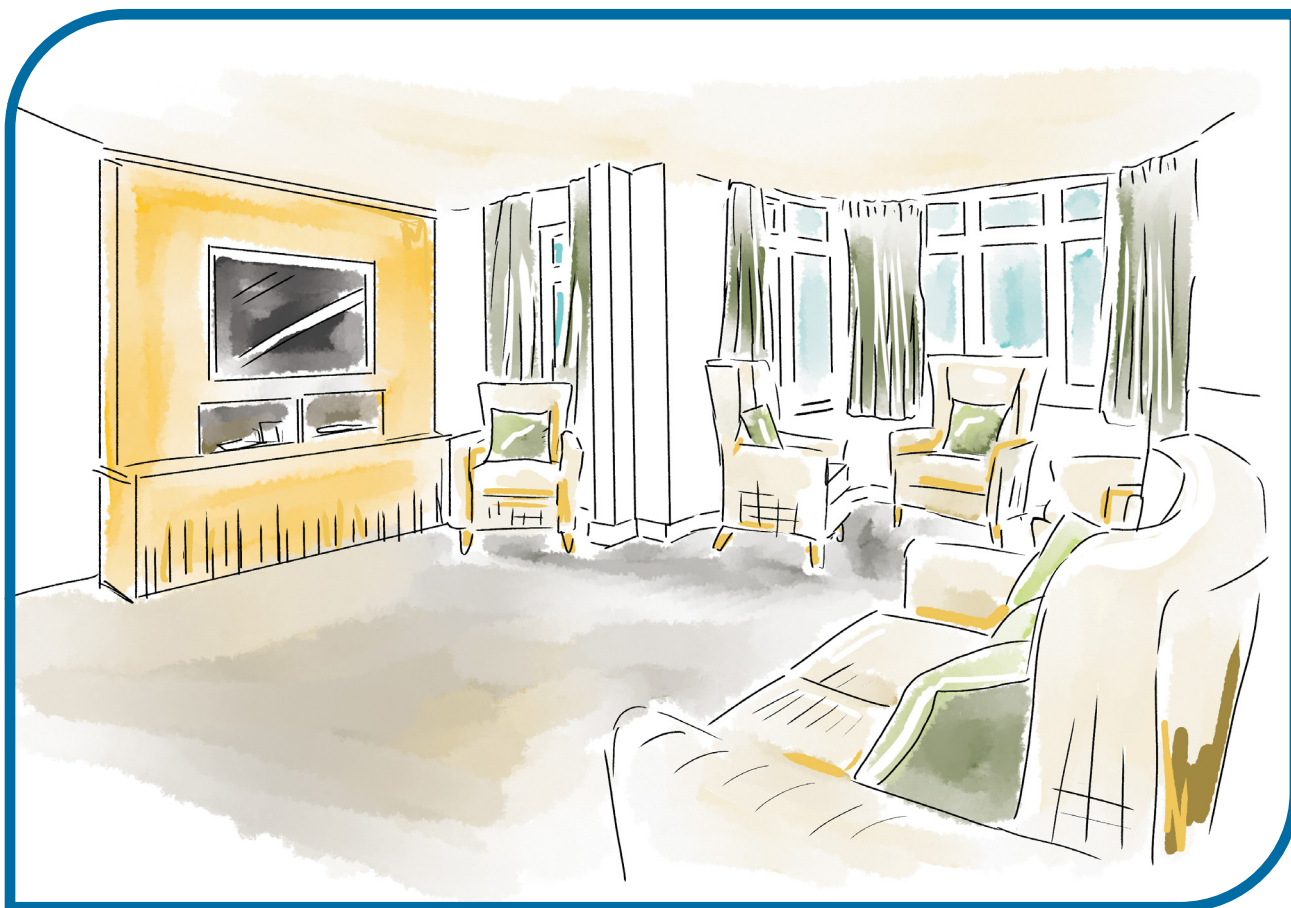
Up to 19 people can stay at Wyvern Ward.

We will give you support to enhance your personal skills and help you to be more involved in the community. We want you to feel safe and comfortable while you stay here



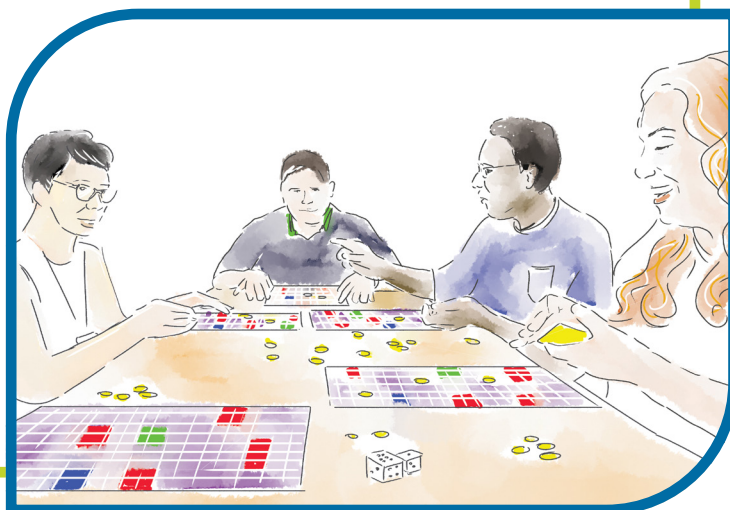
Living spaces

You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.

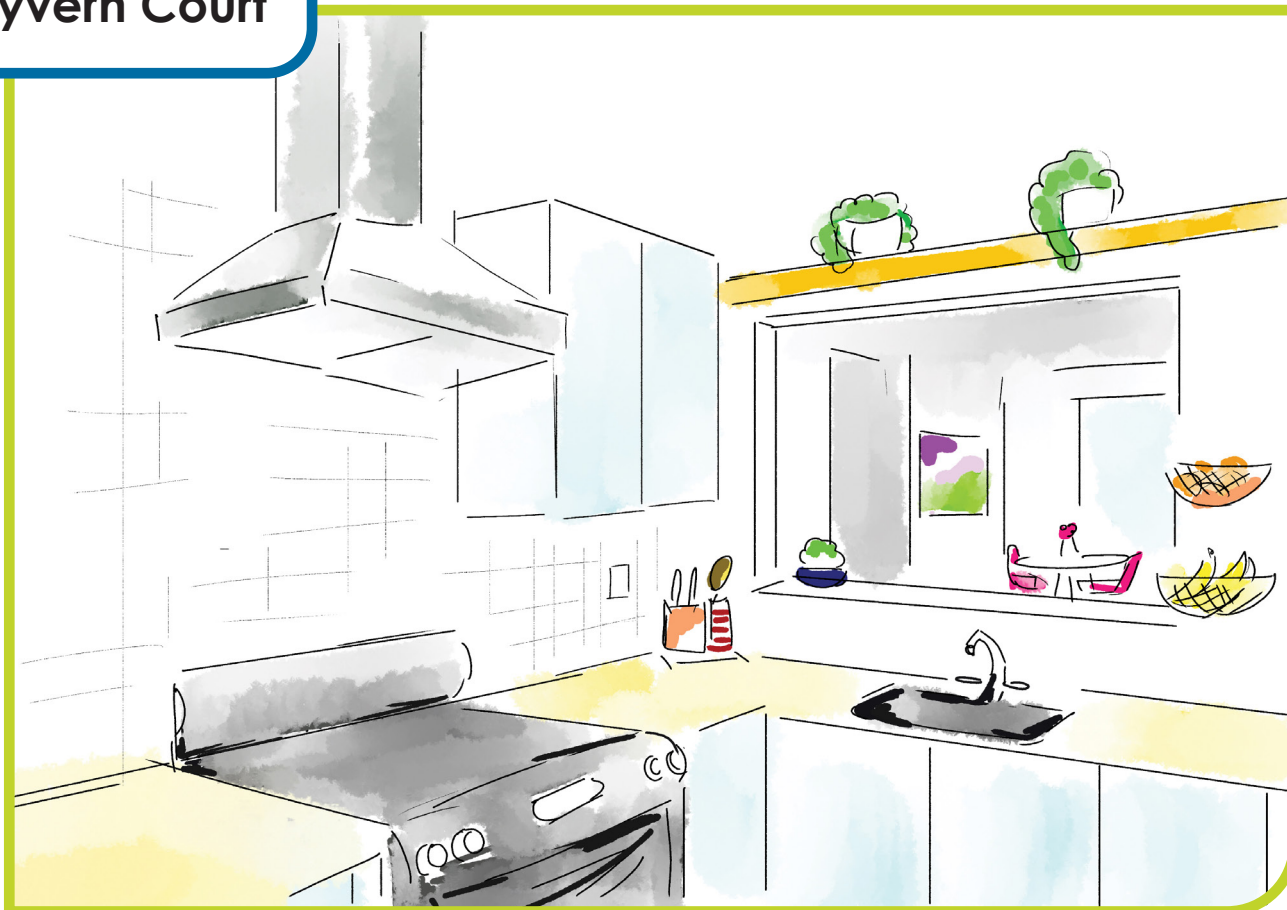


You will share dining and lounge areas with other people.

We also have a variety of activity rooms.



Wyvern Court



We also have a 3 bed apartment to provide a more independent way of living.

If you stay here you will be supported by staff who will work closely with you to help prepare you to move on to a residential service or supported living setting.

Our team



There are a range of staff available to you. They will be supportive and encouraging.

We will make sure you have what you want and need to maximise your independence and help you in your recovery.

Who is here to help you?

- Hospital Manager/Ward Manager
- Medical Director
- Clinical Manager
- Responsible Clinician
- Clinical Team Leader
- Nurses
- Psychology Team
- Drama Therapist
- Social Worker/Educational Co-ordinator
- Occupational Therapy Team
- Weekend Activity Co-ordinator
- Independent Mental Health Advocate
- Support Workers
- Medical Secretary
- Ward Clerk
- Substance Misuse Lead
- Music tutor



Goals

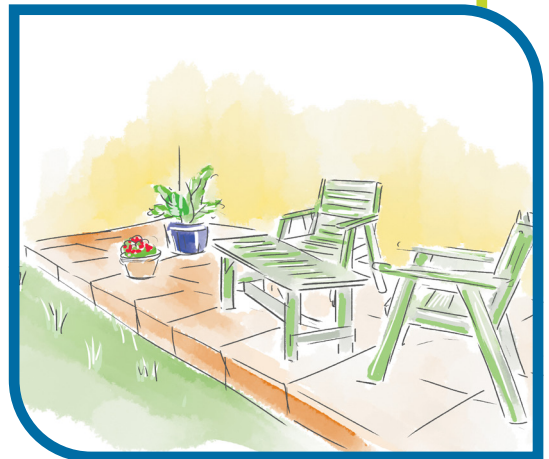
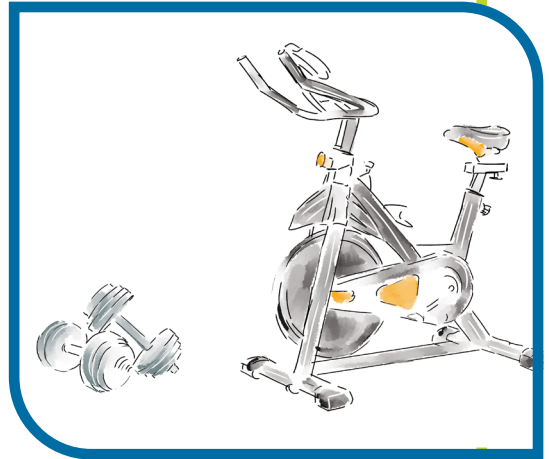
We will work with you to make a **person-centred plan**. We will talk to you about your needs and aims and jointly make a plan to make you be as independent as possible. Our aim is to help you in the best way for you.



Our facilities

We will try to make your stay with us as pleasant as possible. Some of the facilities available to you are:

- En-suite bedrooms
- Therapy kitchen
- Variety of activity & games rooms
- Garden with outdoor seating
- Lounge & dining rooms
- Gym
- IT café
- Multi-faith room
- Recovery Academy



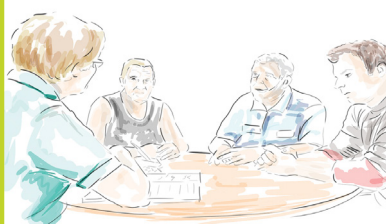
Activities



There are plenty of activities to get involved with such as football or arts activities.



We have weekend therapists who organise recreational activities such as, walking, going to the cinema and eating meals out.



If you want you can be involved with the **people's council**. This is a meeting where people get involved in what happens at Wyvern Ward. You can share your opinions and have your say about what you think.

Community

When the time is right you are encouraged to go out into the community. Nearby we have:

- Alvaston Park
- Elvaston Castle
- Derby City Centre
- Train station
- Pride Park stadium
- Wyvern Shopping Centre
- Peak district is not too far away



Your notes

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