

Improving lives together

Medium Secure Personality Disorder Services for Men

**Madison and Columbus,
Cygnet Hospital Bury,
North West**



**Beds
available
Now taking
referrals**

Cygnet Hospital Bury offers a dedicated personality disorder service on two wards, Columbus and Madison, in a medium secure setting. Both wards deliver care for men with enduring mental health needs, co-morbidity and behaviours which challenge in a calm, therapeutic environment with a focus on service user experience, shared care and safety.

There are five core treatment phases used across both wards:

1. Preadmission/Preparation
2. Assessment and admission/Getting to know you
3. Stabilisation/Feeling safe
4. Active treatment and rehabilitation/individualised therapy and improving quality of life
5. Transition and discharge/Preparing to move on



Male



18+ years



26 beds
across 2 wards



Our service user profile

- > Men, 18+ years
- > Primary diagnosis of personality disorder
- > Detained under the Mental Health Act, including Ministry of Justice restrictions
- > Requiring assessment and treatment in a secure environment
- > May have a history of trauma

Therapies and activities

Each service user has a treatment plan and a weekly therapeutic timetable which can include:

- > Individual and group psychology
- > Counselling for drug and alcohol misuse
- > Anger management
- > Social skills development
- > Daily living skills development
- > Healthy living
- > IT skills training
- > Education and vocational development
- > Group games and activities



The model of treatment is based on the principles of the recovery model including psychological therapies, occupational therapy, social therapy, physical healthcare and medication.

Staff are trained to provide a pattern of care that continuously challenges maladaptive patterns of behaviour and provides ongoing opportunities to learn and try out more adaptive courses of action and we use the myPath framework to focus interventions towards a service user's future life outside hospital.



Service user survey results

Each service user at Cygnet Hospital Bury is given the opportunity to complete an individual satisfaction survey.

100%



of individuals are given choices about the types of groups/therapies they are involved in



100%

of service users are treated as individuals when it comes to rules and restrictions



100%

of individuals are aware of how to make a complaint



100%

of service users feel staff are caring and supportive



100%

of service users are involved in decisions about their care and treatment



*Results taken from Columbus and Madison Ward 2022 service user surveys.



Where are we?

Cygnet Hospital Bury
off Buller St, Bolton Rd, Bury,
North West BL8 2BS

Phone number
0161 762 7200



CYG-658 | Date of Preparation: 27/06/23



For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Please visit cygnetgroup.com for more info | Follow us on social media:



Integrity

Trust

Empower

Respect

Care