



Press Release

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For Immediate Release

Sherwood Lodge Psychologist Scoops Top Award

A Psychologist who works with men learning disabilities said she felt “honoured and privileged” to win a prestigious Psychologist of the Year award.

Dr Rebecca Gibbs is Lead Forensic Psychologist for the East Midlands region for Cygnet Social Care. She is based at Cygnet Sherwood Lodge, on Rufford Colliery Lane, Mansfield, which supports up to 26 men with learning disabilities and associated complex needs who may also have behaviours that challenge.

Dr Gibbs was singled out during the Cygnet Annual Psychologists Conference and National Awards 2023 where she scooped the top prize.

Organised by Cygnet Health Care, one of the UK’s leading health and social care companies offering services to those with mental health needs, learning disabilities and autism, the Psychologist of the Year award was awarded to the person who made the greatest contribution to their service.

Presenting the award, Dr Shaun Keegan, Regional Director of Psychology at Cygnet Health Care, said: *“Bex has come through the ranks and has had a significant and outstanding impact at a local and regional level in the delivery of an excellent service. Her leadership is exemplary and she is highly respected amongst her peers. She shares her expertise and knowledge wherever needed and exudes joy with her work.*

“In short, she is seen by all her colleagues as an asset to Cygnet.”

Upon receiving the award, Dr Gibbs said: *“I am very honoured and privileged to have been awarded the ‘Psychologist of the Year’.*

“Thank you to those who nominated me, and more importantly, thank you to all my fantastic colleagues who continue to support and work alongside me in our important roles as mental health professionals.”

Dr Tony Romero, CEO of Cygnet Health Care, said: *“These awards recognise the achievements and difference our motivated, compassionate and value-driven psychologists make for our services users every single day.*

“We have seen so many wonderful examples of how they, alongside their teams, go above and beyond for the benefit of the individuals in their care.

“As CEO I am proud to count these exceptional individuals as colleagues who exemplify our values at Cygnet.

“This accolade is testament to Rebecca’s hard work, commitment and dedication. At Cygnet Health Care, we strive to provide the highest quality and standard of care and always put our service users at the heart of what we do. This is demonstrated impeccably by Rebecca.”

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Notes to Editors:

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care’s pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care’s focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet’s facilities are rated as good or outstanding, which is above the national average.

www.cygnethealth.co.uk