



**Press Release**

**19 May 2023**

**For Immediate Release**

**Wolverhampton Nurse Wins Nurse of the Year**

A Wolverhampton nurse has been recognised for her outstanding care and compassion at Cygnet's annual nursing awards.

Cynthia Neta, a Senior Nurse at Sedgeley House on Woodcross Street, Wolverhampton, scooped the top prize of Nurse of the Year.

She was recognised alongside other nurses from across Cygnet health and social care services for their outstanding care and compassion at the company's annual nursing awards.

The Cygnet Nursing Conference and Awards took place last week at the National Motorcycle Museum in Birmingham where the company also launched its' two-year nursing strategy.

Award categories included Nurse of the Year, Support Worker of the Year, Compassionate Leader of the Year and Diversity and Inclusion award.

Sedgeley House is a high dependency inpatient rehabilitation service for men with complex needs. Cynthia said she was shocked at scooping the prize.

"I am very excited," she said. "This award feel like recognition for the difference I have made at the hospital."

Cynthia was presented with her award by Karen Johnson, Senior Vice President of Universal Health Services.

Nominating Cynthia, the team at Sedgeley House said: "Cynthia has been with us for over 2 years now and there has been a drastic change in our patient care.

"Cynthia is a physical health nurse and supports all members of our team. She works alongside the GP and ensures our patients receive the best physical health care."

The event was held in person for the first time since before the pandemic. Exploring the theme of Excellence in Clinical Leadership, and hosted by David Wilmott, Director of Nursing, it was a day to celebrate the best of nursing staff and care at Cygnet.

Dr Tony Romero, CEO of Cygnet Group, said: "Our nurses are the core, the heart of everything we do. When everybody's at home, when everybody's distracted, our nurses are there doing the right thing, when nobody's watching, for our patients.

"They are the ones that join us together and we need to be so thankful. It is thanks to our nurses and the quality of their care that people improve.

"We owe so much to our nurses and I'm very proud of all of our nurses and award winners like Cynthia. It has been terrific to recognise all of the talented individuals across Cygnet group."

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**Notes to Editors:**

For more information, please contact Gemma Attew, External Communications Manager, on [gemmaattew@cygnethealth.co.uk](mailto:gemmaattew@cygnethealth.co.uk) or 07718 244811.

**About Cygnet Health Care**

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care's pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care's focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet's facilities are rated as good or outstanding, which is above the national average.

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