



Press Release

For Immediate Release

London Care Worker Wins Support Worker of the Year

A London care worker has been recognised for her outstanding care and compassion at Cygnet's annual nursing awards.

Anna Kowalska is a Support Worker at Cygnet Hospital Beckon, on Tunnan Leys. The hospital, which supports women, has four different specialist wards including mental health with learning disability, personality disorder and an acute admissions service. Anna scooped the prize of Support Worker of the Year.

She was recognised alongside other nurses from across Cygnet health and social care services for their outstanding care and compassion at the company's annual nursing awards.

The Cygnet Nursing Conference and Awards took place last week at the National Motorcycle Museum in Birmingham where the company also launched its' two-year nursing strategy.

Award categories included Nurse of the Year, Support Worker of the Year, Compassionate Leader of the Year and Diversity and Inclusion award.

Anna explained: "This feels absolutely amazing. It says the work that I do does count. I want to thank my colleagues for nominating me. I have a constant drive to do more, to do better and improve things.

"The care we give to people is so important. Our focus, as a company, is always on the individual we care for and I'm really proud to be recognised with this award."

Anna was presented with her award by Karen Johnson, Senior Vice President of Universal Health Services.

Nominating Anna, the team at Cygnet Beckton, part of the Cygnet Health Care division, said: "Anna is a very dedicated person and is very effective when teaching. She goes above and beyond to ensure that all individuals are competent and provides key skills to all that need it.

“Anna is always there to help in any way that she can. She is very knowledgeable in all her roles and she gives 110% in everything that she does. Anna empowers people to the best that they can.”

The event was held in person for the first time since before the pandemic. Exploring the theme of Excellence in Clinical Leadership, and hosted by David Wilmott, Director of Nursing, it was a day to celebrate the best of nursing staff and care at Cygnet.

Dr Tony Romero, CEO of Cygnet Group, said: “Our nurses are the core, the heart of everything we do. When everybody’s at home, when everybody’s distracted, our nurses are there doing the right thing, when nobody’s watching, for our patients.

“They are the ones that join us together and we need to be so thankful. It is thanks to our nurses and the quality of their care that people improve.

“We owe so much to our nurses and I’m very proud of all of our nurses and award winners like Anna. It has been terrific to recognise all of the talented individuals across Cygnet group.”

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Notes to Editors:

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care’s pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care’s focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet’s facilities are rated as good or outstanding, which is above the national average.

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