

EID MUBARAK

By Lisa Boyles



Cygnet Hospital Sheffield celebrated Eid this year with a wonderful day of fun, food, and friendship. Sumairaa, our (new) General Manager, cooked up a storm for all of the staff across the hospital to enjoy. There were queues of people waiting to try the food, and not a scrap was wasted. Sumairaa and the Multi-cultural Ambassadors also provided activities such as henna body art for all. What a wonderful celebration enjoyed by all!



NEXT STEPS

By Amy White



Tayla Howard, an Engagement Officer from Sheffield College, visited Phoenix School at the end of April and gave a presentation on further and higher education to our students.

She covered a variety of topics, from student loans to mental health support. Students from all year groups attended the session and came away with a clear understanding of their options and what to expect from the next stage of their educational journey.

CONGRATULATIONS

By Seb Thompson

In April we celebrated that Ellie Manby became a fully qualified forensic psychologist. Ellie had joined us as a trainee towards the end of her training and has already

become a valued member of the Spencer MDT. Ellie is a fantastic asset to both the Spencer ward and the wider hospital and everyone looks forward to working with her in a qualified capacity for many many many years to come.

Congratulations Ellie – we are very lucky to have you!



HOPPY EASTER

By Kerry Booth



Cygnet Health Care Sheffield celebrated the start of Easter with an Easter egg competition and

an Easter egg hunt. Our very own Easter Bunny (Ali Curtis) also hoppily visited every ward to deliver chocolate treats for all and pose for photos.

Our Easter egg competition was judged by the Easter Bunny (obviously), Lisa Boyles and Fiona Holden.

Sheffield Easter Egg Competition results:

1. Griffin Ward with Easter Island



2. Unicorn Ward with Cheesecake filled Easter Eggs



3. Spencer Ward with an Easter Nativity



Special thanks to Griffin Ward for designing an Easter egg hunt for our adult ward Spencer. It was thoroughly enjoyed with the ladies rearranging the letters to make the sentence "Don't worry, be hoppy".



CAMHS Easter Egg Hunt results:

1. Unicorn Ward
2. Griffin Ward
3. Pegasus Ward



STAFF RECRUITMENT DAY

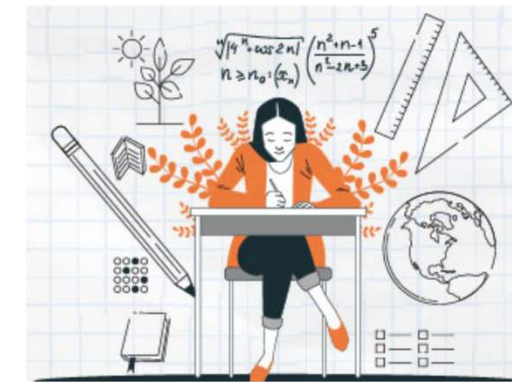


them a star rating based on their interactions with her.

By Ali Curtis

Cygnets Sheffield held a recruitment day at Crowne Plaza in May. Nurses and Senior Support Workers from all four wards took part in selecting our new recruits. Sam from Spencer joined for the day and screened all applicants giving

EXAM SEASON



By Chloe Eagle

Young people across all three CAMHS wards have been sitting their GCSE examinations at the Phoenix School in May (and will continue to do so into June). This is a phenomenal achievement for our young people, and we could not be more proud of their hard work and dedication. Sitting examinations can be incredibly stressful, and young people across the country both in and out of hospital will no doubt be experiencing anxiety around exams. However, exams are also a fantastic marker of progress for our young people as they show concrete planning of next steps and working towards a more positive future outside of hospital.

We would like to say a huge "well done" to the young people that have sat exams so far and wish them the best of luck for their remaining ones.

We would also like to say thank you to staff across the hospital who have accommodated changes during the exams and supported our young people through this vital period.



Joint Council for Qualifications

Phoenix School also underwent an inspection this month from the Joint Council for Qualifications (JCQ), the governing body for the largest qualification providers in the country, which they passed with flying colours.

ANTI-RACIST SCHOOL AWARD

By Chloe Eagle

This month, the Phoenix School met with the Multi-Cultural Ambassadors to discuss the schools recent application for the Leeds Beckett University Anti-Racist School award.

The Award is described as:

"a community school approach to developing a culture of anti-racism in your school providing a framework to evidence policies and initiatives for both staff and pupils within the wider school community. Using a development framework, schools will evaluate current anti-racist practices, identify gaps, develop and strengthen these and work towards building an anti-racist community for all."

The school will continue to work with the Multi-Cultural Ambassadors to fill in an audit of current practices to identify areas for improvement which we will then endeavour to develop and strengthen.



The Phoenix School of Therapeutic Education

Has made a Pledge to Commit to Achieve the

Anti-Racist School Award

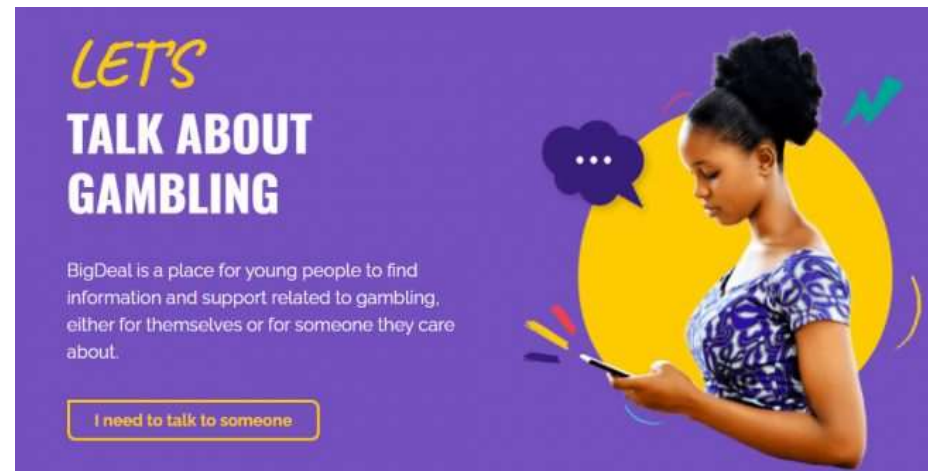
May 2023

BIG DEAL?



By Amy White

At the end of May, GamCare's Education and Training Lead, Nicole Barklam, visited Phoenix School and gave a workshop to our students on gambling harms. The workshop covered the impact of harmful gambling, as well as how to recognise the signs of gambling-related harm in themselves or others. Students reported that the workshop had given them the confidence to make informed choices about gambling in the future.



WHAT'S UP NEXT?

