



Press Release

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For Immediate Release

Mansfield Art Psychotherapist Scoops Award

A Mansfield Art Psychotherapist has scooped the prize of Allied Health Professional of the Year at a national awards ceremony for her work supporting those struggling with their mental health.

Samantha-Louise Parker is a Supervising Art Psychotherapist at Sherwood Lodge, on Rufford Colliery Lane, Mansfield. The Cygnet Health Care-run service supports up to 26 men with learning disabilities and associated complex needs who may also have behaviours that challenge

Samantha-Louise was singled out during the Cygnet Annual Psychologists Conference and National Awards 20223 for her commitment to delivering consistently high standards of care.

Organised by Cygnet Health Care, one of the UK's leading health and social care companies offering services to those with mental health needs, learning disabilities and autism, the Allied Health Professional of the Year award celebrates the person who helps patients live their lives as fully as possible through treatment and rehabilitation.

Presenting the award, Dr Shaun Keegan, Regional Director of Psychology at Cygnet Health Care, said: *"I'd like to thank all of our incredible and extraordinary creative allied health professionals across the organisation.*

"Since starting at Sherwood Lodge, Sam has become a central part of the team. She is extraordinarily dedicated to delivering an exceptional service. Sam has had a significant and positive effect on our service users' lives with her dedication, warmth and enthusiasm."

Upon receiving the award, Samantha-Louise said: *"I am pleased and honoured to receive this award. Being awarded with 'Allied Health Professional of the Year' means a great deal to me, and this is a very proud moment for me, having worked for the company for 14 years.*

"I really appreciate the acknowledgement of my efforts, hard work and dedication to my role as Supervising Art Psychotherapist. I am grateful to everyone who nominated me, and the recognition of my work by colleagues. It means so much to me that the work that I am so passionate about resonates with others. I would also like to congratulate the other finalists and award winners."

Samantha-Louise is responsible for the provision of specialist intervention for a caseload of service users who attend Art Psychotherapy sessions. This includes both group and individual work, assessment, consultation and treatment. On occasions this involves working collaboratively with other members of the multidisciplinary team, working closely with the Psychology department in identifying individual's psychological treatment pathway.

Dr Tony Romero, CEO of Cygnet Health Care, said: *“These awards recognise the achievements and difference our motivated, compassionate and value-driven psychologists make for our services users every single day.*

“We have seen so many wonderful examples of how they, alongside their teams, go above and beyond for the benefit of the individuals in their care.

“As CEO I am proud to count these exceptional individuals as colleagues who exemplify our values at Cygnet.

“This accolade is testament to Samantha’s hard work, commitment and dedication. At Cygnet Health Care, we strive to provide the highest quality and standard of care and always put our service users at the heart of what we do. This is demonstrated impeccably by Samantha.”

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Notes to Editors:

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care’s pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care’s focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet’s facilities are rated as good or outstanding, which is above the national average.

www.cygnethealth.co.uk