



Press Release

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For Immediate Release

Darlington Psychologist wins Researcher of the Year

A Darlington psychologist has won Researcher of the Year at a national awards ceremony for her work supporting people struggling with their mental health.

Bobbie Turnbull is a Consultant Clinical Psychologist at Cygnet St William's, a 12 bed Neuropsychiatric service on Cornwall Avenue, Darlington, which offers care and treatment to those affected by acquired brain injuries. The service, run by Cygnet Health Care, also offers those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and longer term placement to support and help manage the progression of their symptoms.

Bobbie was singled out during the Cygnet Annual Psychologists Conference and National Awards 20223 for her contribution to research during her 10-year career at Cygnet Health Care.

Organised by Cygnet Health Care, one of the UK's leading health and social care companies offering services to those with mental health needs, learning disabilities and autism, the Researcher of the Year award celebrates a psychologist who has demonstrated continued innovation in developing psychological knowledge through research and practise. The research, both published and unpublished, must have been of a quality sufficient for the contribution to become widely recognised as an important development in psychology.

Presenting the award, Dr Erica De Lange, Regional Director of Psychology at Cygnet Health Care, said: *"Bobbie's research has made a significant impact on the practise of psychology and the wider discipline of psychology through the publication of academic knowledge.*

"She was nominated for her contribution to Cygnet research as learning and development lead. She has been working at Cygnet for more than 10 years and has been at the centre of our internal and external research."

Upon receiving her award, Bobbie, said: *"I am very pleased to receive the researcher of the year award. It has been a privilege over the past few years to see the research team grow and develop and to work with all the researchers both within the company and externally who choose to do their research with us.*

"It is lovely to see the progression of projects and to see ideas evolve into studies which evidence the great work achieved in the company."

Dr Tony Romero, CEO of Cygnet Health Care, said: *"These awards recognise the achievements and difference our motivated, compassionate and value-driven psychologists make for our services users every single day.*

“We have seen so many wonderful examples of how they, alongside their teams, go above and beyond for the benefit of the individuals in their care.

“As CEO I am proud to count these exceptional individuals as colleagues who exemplify our values at Cygnet.

“This accolade is testament to Bobbie’s hard work, commitment and dedication. At Cygnet Health Care, we strive to provide the highest quality and standard of care and always put our service users at the heart of what we do. This is demonstrated impeccably by Bobbie.”

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Notes to Editors:

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care’s pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care’s focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet’s facilities are rated as good or outstanding, which is above the national average.

www.cygnethealth.co.uk