



# **Your guide to Cygnet Newham House**

**Neuropsychiatric Care**

# Cygnets Newham House

Middlesbrough

**Registered address:** Cygnets Newham House  
Hemlington Village Rd,  
Middlesbrough,  
North East  
TS8 9DE

Cygnets Newham House is owned by Cygnets Health Care. Cygnets Newham House is located in the North East of England.

The people we care for here are:

- Female
- 18+





Up to 20 people can stay at Cygnet Newham House.  
Up to 12 people can stay in the central building.

We also have 2  
bungalows. These house  
4 people each. Each  
bungalow has it's own  
kitchen, lounge, bathroom  
and a small garden.



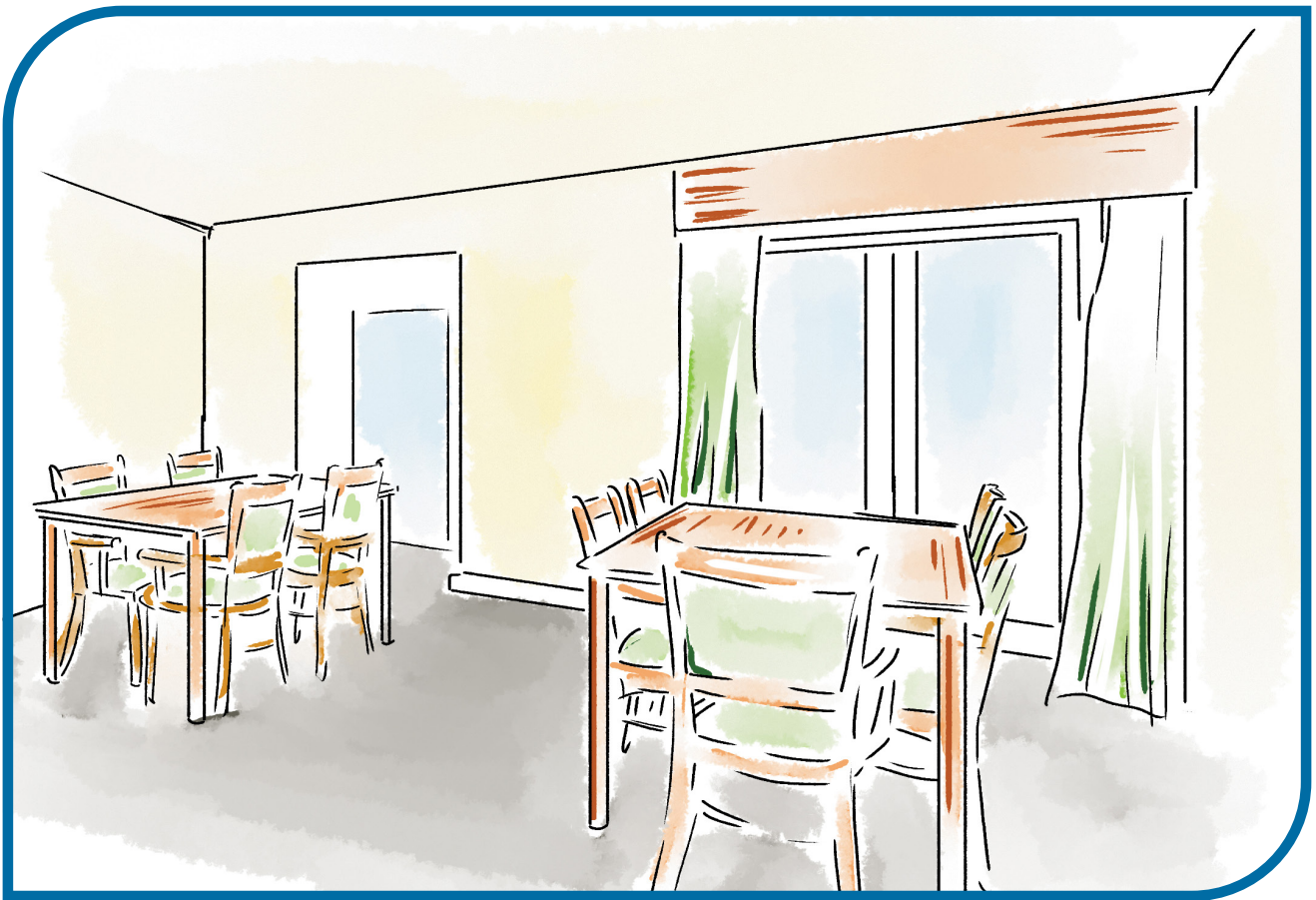


## Living spaces

You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.

We also have accessible bathrooms. We can help you move around safely if you find it difficult to walk or get out of bed. We have special equipment to help if needed.





You will share dining and lounge areas with others.

There are smaller lounge rooms if you need a quiet space.



## Our team



There are a range of staff available to you. They will support you and make you as comfortable as possible.

We will make sure you have what you want and need to maximise your independence and quality of life.

## Who is here to help you?

- Neuropsychiatrist/Psychiatrist
- Neuropsychologist/Psychologist
- Occupational Therapist
- Speech and Language Therapist
- Physiotherapist
- Dietitian
- Hospital Manager
- Therapy Coordinator
- Nurses
- Support Workers
- Local GP support



## Our facilities

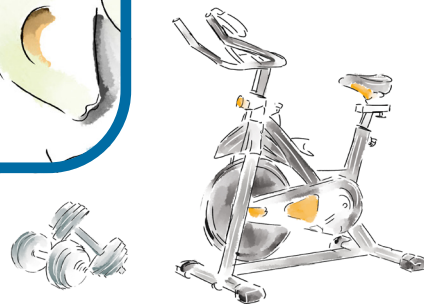
We will try to make your stay with us as pleasant as possible.

Some of the facilities available to you are:

- dining room
- communal lounge
- salon/beauty area
- gym
- therapy kitchen
- IT room
- outdoor space and gardens
- on-site laundry



If you have any dietary needs these can be met by our in-house catering team.





## Goals

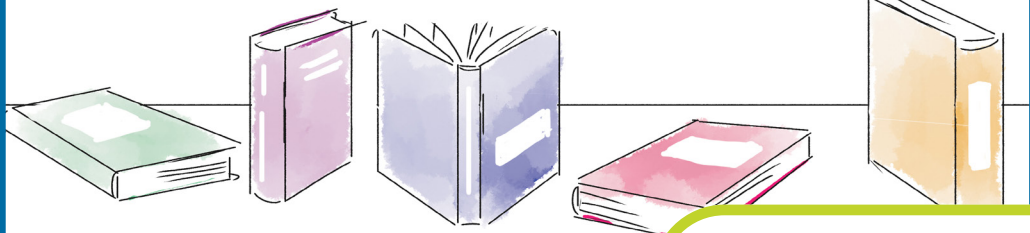


We will work with you to make a **person-centred plan**. We will talk to you about your needs and aims and jointly make a plan to make you be as independent as possible. Our aim is to improve your quality of life.

## Community

You are encouraged to go out into the community.  
Nearby we have:

- Caulby Shopping Centre
- local garden centre
- Cleveland Hills
- cafés
- library
- local shops



Your notes

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Address

Cygnat

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Westminster,

London,

SW1P 3JA

Telephone

0207 123 5706

Website

[www.cygnatgroup.com](http://www.cygnatgroup.com)

CYG\_ER\_014 | Date of Preparation: 22/05/21



Accessible  
Information  
Standard