



# Your guide to Cygnet Grange

Neuropsychiatric Care

# Cygnets Grange

Nottinghamshire

**Registered address:** Cygnets Grange,  
39-41 Mason Street,  
Sutton-in-Ashfield,  
Nottinghamshire,  
East Midlands,  
NG17 4HQ

Cygnets Grange is owned by Cygnets Health Care.  
Cygnets Grange is located in the East Midlands.

The people we  
care for here are:

- Male
- 18+





Up to 8 people can stay at Cygnet Grange.

We are a small unit with a friendly and welcoming team. We will make sure you have what you want and need to maximise your independence and quality of life.

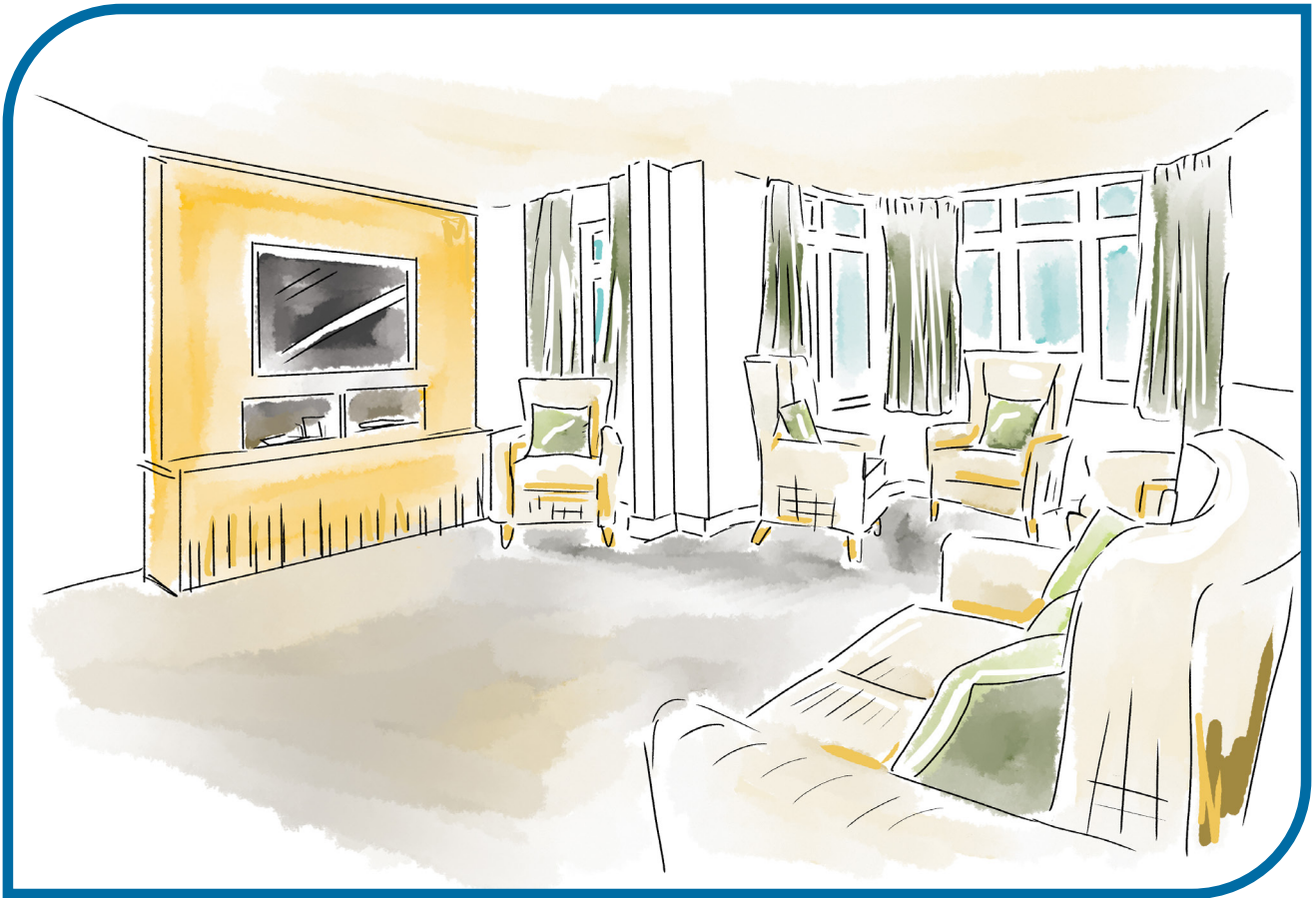


## Living spaces

You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.

We also have accessible bathrooms. We can help you move around safely if you find it difficult to walk or get out of bed. We have special equipment to help if needed.





You will share dining and lounge areas with others.

There are a variety of communal areas.



## Our team



There are a range of staff available to you. They will support you and make you as comfortable as possible.

## Who is here to help you?

- Psychiatrist
- Psychologist
- Nurses
- Occupational Therapist
- Speech and Language Therapist
- Hospital Manager
- Therapy coordinator
- Support Workers

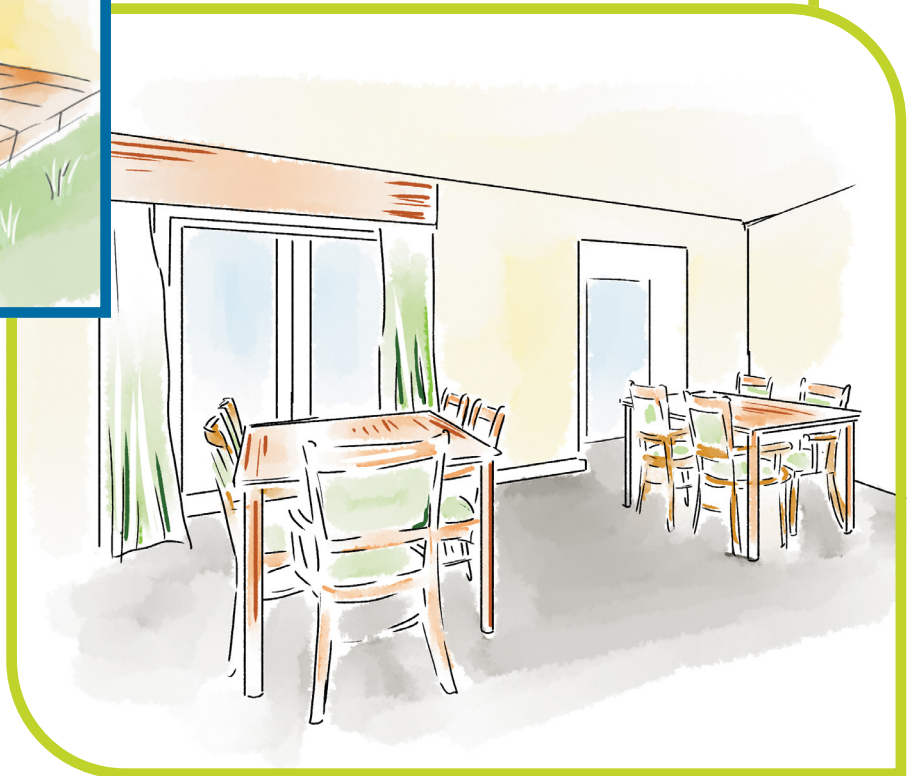
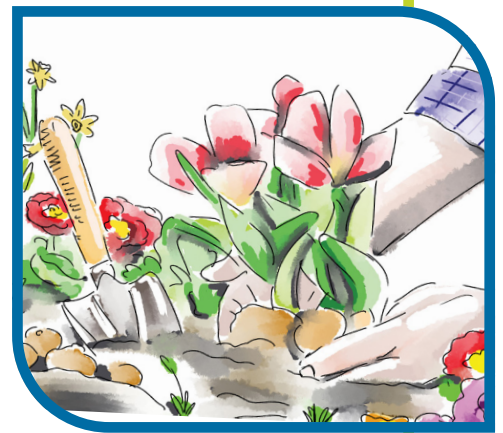


## Our facilities

We will try to make your stay with us as pleasant as possible.

Some of the facilities available to you are:

- dining room
- living room
- communal areas
- outdoor space and gardens
- on-site laundry





## Goals



We will work with you to make a **person-centred plan**. We will talk to you about your needs and aims and jointly make a plan to make you be as independent as possible. Our aim is to improve your quality of life.

## Community

You are encouraged to go out into the community. Nearby we have:

- cafés
- parks
- local shops

We also support voluntary jobs. We can support you to find a voluntary job if you would like one.



Your notes

Lined area for notes

Address

Cygnnet Health Care

4 Millbank, 3rd Floor,

Westminster,

London,

SW1P 3JA

Telephone

0207 123 5706

Website

[www.cygnethealth.co.uk](http://www.cygnethealth.co.uk)

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Accessible  
Information  
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