



# Your guide to Cygnet Heathers

Neuropsychiatric Care

# Cygnnet Heathers

West Bromwich

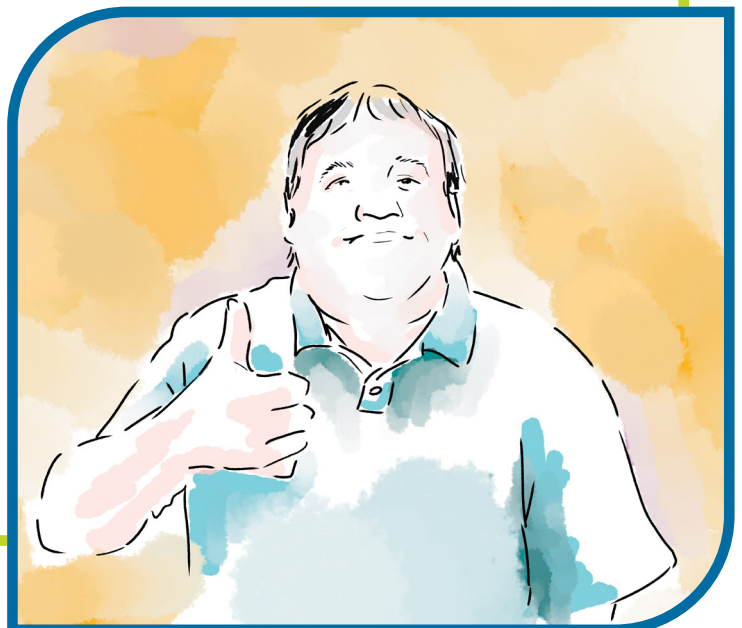
## Registered address:

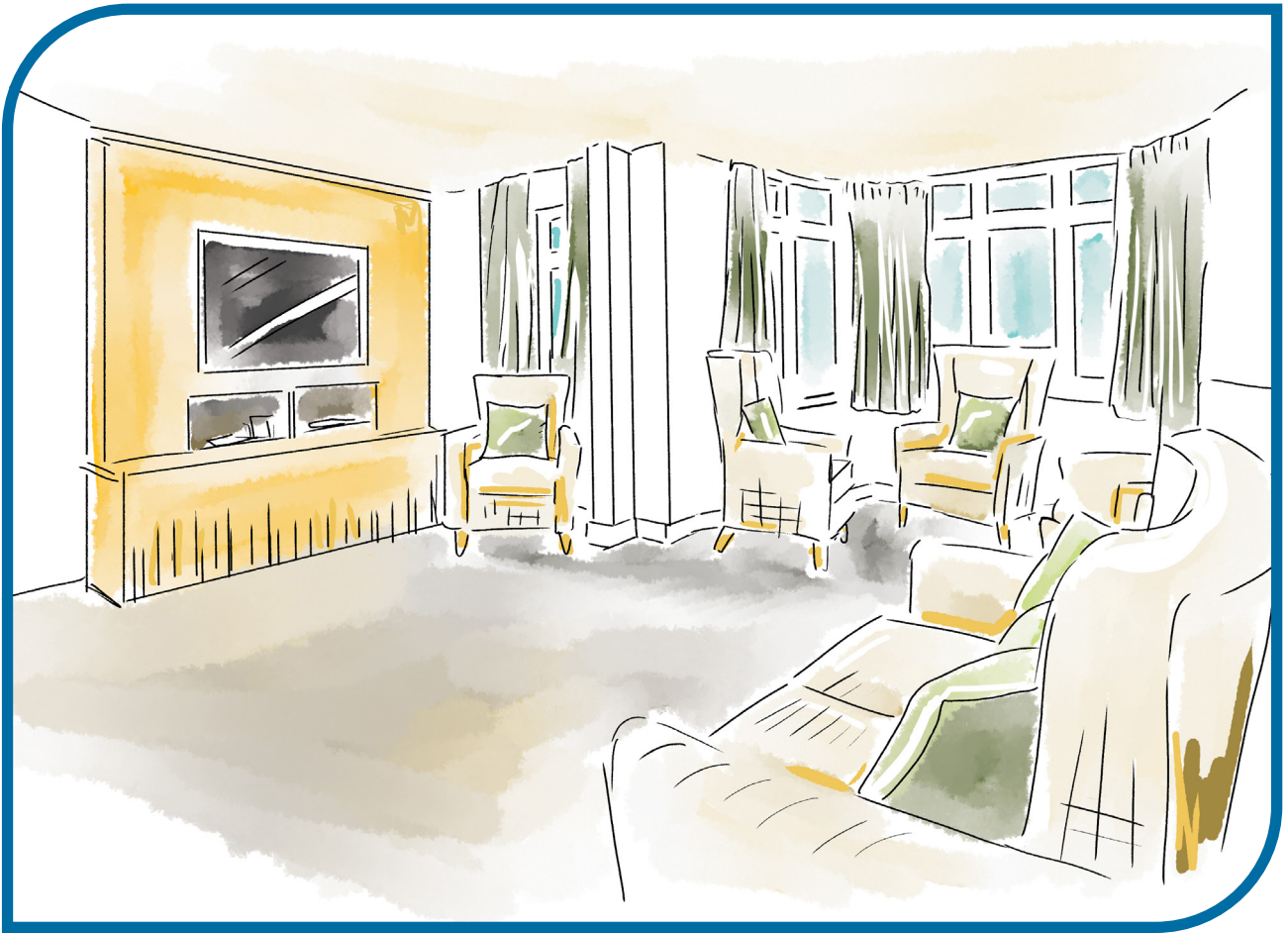
Cygnnet Heathers  
Grout Street,  
West Bromwich,  
West Midlands  
B70 0HD

Cygnnet Heathers is owned by Cygnnet Health Care.  
Cygnnet Heathers is located in the West Midlands.

The people we  
care for here are:

- Male
- 18+





Up to 20 people can stay at Cygnet Heathers.

We have a specially designed interior using colours and lighting. This makes the layout of the buildings easier to understand.

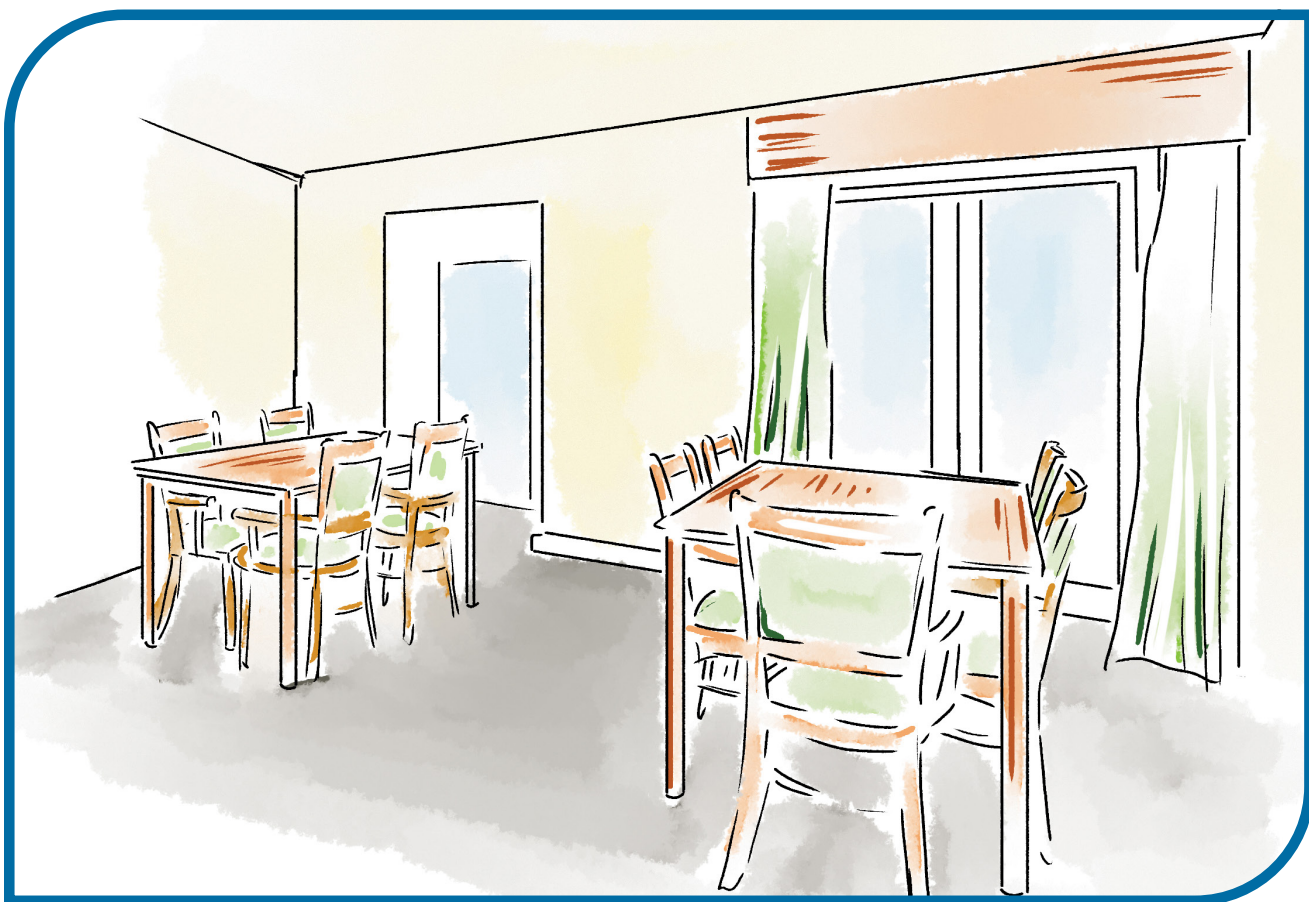


## Living spaces

You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.

We also have accessible bathrooms. We can help you move around safely if you find it difficult to walk or get out of bed. We have special equipment to help if needed.





You will share dining and lounge areas with others.

There are a variety of activities for you to get involved with.



## Our team



There are a range of staff available to you. They will support you and make you as comfortable as possible.

We will make sure you have what you need to maximise your independence and quality of life.

## Who is here to help you?

- Psychiatrist
- Psychologist
- Occupational Therapist
- Speech and Language Therapist
- Physiotherapist
- Hospital Manager
- Head of care
- Nurses
- Support Workers
- Local GP support



## Group activities

We have a variety of groups for you to get involved with, these will help your quality of life. The group activities can give you skills in:

- life skills
- mindfulness
- mental health
- using public transport
- social skills
- well-being

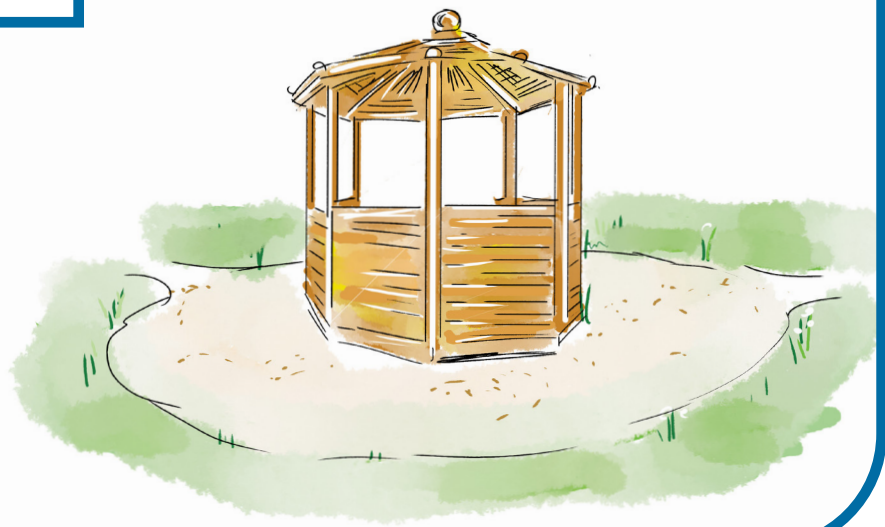
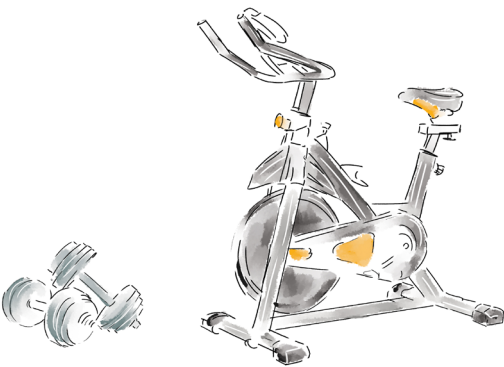




## Our facilities

We will try to make your stay with us as pleasant as possible. Some of the facilities available to you are:

- gym
- garden
- therapy kitchen

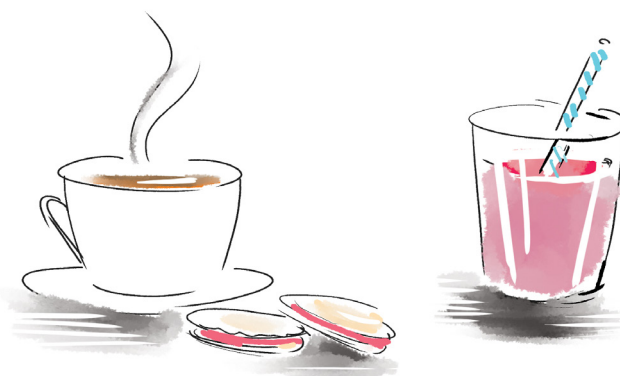


## Goals

We will work with you to make a **person-centred plan**. We will talk to you about your needs and aims and jointly make a plan to make you be as independent as possible. Our aim is to improve your quality of life.



## Community



We can help you learn independent living skills. You are encouraged to go out into the community. Nearby we have:

- cafés
- library
- shops
- museums
- Birmingham city centre
- Cadbury world

We also support voluntary jobs. We can support you to find a voluntary job if you would like one.

## Your notes

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Address	Cygnat 4 Millbank, 3rd Floor, Westminster, London, SW1P 3JA
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Telephone	0207 123 5706
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Website	<a href="http://www.cygnatgroup.com">www.cygnatgroup.com</a>
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CYG\_ER\_011 | Date of Preparation: 11/05/23



**Accessible  
Information  
Standard**