

Improving lives together

# Specialist residential service for adults with learning disabilities and complex needs

Kirkside House, Leeds

Good

Now taking referrals



Located in a historical area in Leeds, Kirkside House is a specialist residential service providing outcome focused care for adults with learning disabilities and associated complex needs who may have behaviours that challenge.

Person-centred planning is at the heart of everything we do and we are able to meet the changing needs of our residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported.



Mixed gender



18+ years



7 beds in 3 living units

## Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



## Our service at a glance

There are 3 living areas within Kirkside House all supporting individuals who are at different stages in their care pathway. There is a 4 bed unit for individuals to live in small groups with lounge, dining room and kitchen. The service then has a 2 bed ground floor unit, allowing 2 individuals their own space. This part of the service is suitable for individuals who may have physical/mobility issues. Finally, we have a 1 bed bespoke unit for an individual who requires 2-1 care. This unit has its own living space and its own private garden.

Externally there is a large garden which is shared with Kirkside Lodge (also a residential service located in the same grounds). There is plenty of space in the garden for individuals to participate in the horticultural project, where they grow their own vegetables, create hanging baskets, or enjoy the sensory garden and outside space.

We also host the bakery project, these two projects and a textile project are ran in conjunction with the other local Cygnets residential services. These projects introduce vocational and learning activities designed to give residents

the opportunity to learn valuable skills and develop confidence in a safe and familiar environment.

We ensure we involve family or advocates in an individual's care. We have high staffing levels to ensure that we are able to meet the changing needs of the residents as they progress through their care pathway.

The service is in walking distance of community facilities including shopping centres, cafes and leisure centres. It is also only a 1 minute walk from the 800 year old Kirkstall Abbey, where the residents can visit to enjoy the surroundings, learn about the historical ruins or visit the on-site café.



★ ★ ★ ★ ★  
 Rated 'Good'  
 by the CQC

**Bakery project** - At our on-site bakery project, individuals are taught how to make cakes and other sweet treats, whilst also learning about the safety aspect of a kitchen

**Community meetings** residents give thoughts and feedback on the service

**Horticultural projects** - hosted in the large garden where individuals learn how to grow produce and taking care of chickens

**Monthly themed activity days**

**Supporting individuals to enhance their social skills**

**100%** of individuals are happy with the activities they do

“  
 Staff make me feel safe  
 - Resident  
 ”

**Education centre** - we provide AQA accredited courses for individuals. The course depends on each individual's skills. Courses include IT, arts and craft, budgeting, music and many more

**100%** of residents stated that they feel safe

**Easy read and other accessible information** available to all residents

**Good relationship** with local CLDT

**Textiles project** - giving individuals the opportunity to learn to sew and create new things each week

**100%** of residents stated that the staff are polite and treat them with respect

**Focused on reducing restrictive practice**

**Our facilities:**

- > En-suite bedrooms
- > Lounges
- > Dining room
- > Multiple kitchens
- > 2 activity rooms
- > Large garden

**Our community links:**

- > Cinemas
- > Local parks
- > Community groups
- > Colleges
- > Shops, cafes and restaurants
- > Sports clubs
- > Great public transport links
- > 20 minutes to Leeds City Centre
- > Excellent transport links and local amenities

“  
 The support that both my daughter and I have received during the pandemic has been extremely reassuring and of the highest quality - Family member  
 ”

“  
 I am very lucky that my daughter is living at Kirkside, long may it continue - Family member  
 ”

**i** For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

**Our referral process:**

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

**Where are we?**

**Kirkside House**  
 1 Spen Lane, Kirkstall,  
 Leeds, West Yorkshire LS5 3EJ

**Phone number**  
 0113 278 4131

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