Improving lives together

Neuropsychiatric Service for Men

Cygnet St William's, Darlington

Good

Cygnet St William's is a 12 bed Neuropsychiatric care and treatment facility offering those affected by acquired brain injuries. It is a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and longer placement to support and help manage the progression of their symptoms.

The hospital is a modern purpose built facility which has been designed specifically to provide a clinically led evidence based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages our service users and offers them the opportunity to minimise their challenging behaviour and maximise their independence.

We provide a resource intensive in-house Neuropsychiatry interdisciplinary team dedicated to the 12 service users at Cygnet St William's.



Scan the QR code or click here to watch a short video on Cygnet St William's







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12 beds

Our person centred approach puts the individual at the centre of their treatment and discharge planning. The service offers a wide range of activities and facilities to promote independent function. Positive behaviour goals are focused on discharge planning to support service users to return to community living – either with support or independently.

Our facilities:

- > En-suite individual bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Living room
- > Additional communal areas
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms
- > On-site laundry facilities
- Specific dietary needs met by our in-house catering team

Our service user profile:

- Men aged 18+ affected by a neurological condition where challenging behaviour is the leading impairment
- May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
 - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
 - Established or suspected neurodegenerative condition including Huntington's Disease
 - Specialist Dementia e.g. Pick's Disease, Frontotemporal Dementia
 - Korsakoff's Syndrome or other substance abuse related brain injury

- > Presenting symptoms may include:
 - Dysphasia or other communication problems
 - Dysphagia with or without the requirement of PEG support/ modified diets
 - Moderate to severe cognitive impairment
 - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
 - Mobility impairments
- > Presenting comorbidities may include:
 - Psychiatric disorders including psychoses
 - Complex epilepsy
 - Post-ictal psychosis
 - Organic personality disorder



Service user survey results

Each service user at Cygnet St William's is given the opportunity to complete an individual satisfaction survey

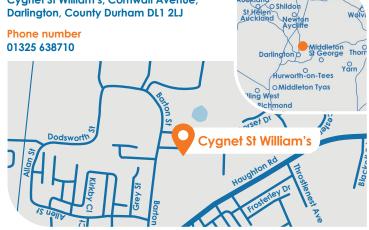


Our services at a glance:

- Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- 3 6 month inpatient assessment/review of behaviour management
- Overview and stabilisation of medication with monitoring of side effects
- Risk assessment and management
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community Reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions

Where are we?

Cygnet St William's Cygnet St William's, Cornwall Avenue, Darlington, County Durham DL1 2LJ



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Integrity

Trust

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Ferryhill

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