

Improving lives together

# Neuropsychiatric Service for Men

Cygnnet St William's, Darlington

Good



Cygnnet St William's is a 12 bed Neuropsychiatric care and treatment facility offering those affected by acquired brain injuries. It is a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and longer placement to support and help manage the progression of their symptoms.

The hospital is a modern purpose built facility which has been designed specifically to provide a clinically led evidence based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages our service users and offers them the opportunity to minimise their challenging behaviour and maximise their independence.

We provide a resource intensive in-house Neuropsychiatry interdisciplinary team dedicated to the 12 service users at Cygnnet St William's.



Scan the QR code or click here to watch a short video on Cygnnet St William's



Male



18+ years



12 beds

Our person centred approach puts the individual at the centre of their treatment and discharge planning. The service offers a wide range of activities and facilities to promote independent function. Positive behaviour goals are focused on discharge planning to support service users to return to community living – either with support or independently.

## Our facilities:

- > En-suite individual bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Living room
- > Additional communal areas
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms
- > On-site laundry facilities
- > Specific dietary needs met by our in-house catering team

## Our service user profile:

- > Men aged 18+ affected by a neurological condition where challenging behaviour is the leading impairment
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
  - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
  - Established or suspected neurodegenerative condition including Huntington's Disease
  - Specialist Dementia e.g. Pick's Disease, Frontotemporal Dementia
  - Korsakoff's Syndrome or other substance abuse related brain injury
- > Presenting symptoms may include:
  - Dysphasia or other communication problems
  - Dysphagia with or without the requirement of PEG support/ modified diets
  - Moderate to severe cognitive impairment
  - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
  - Mobility impairments
- > Presenting comorbidities may include:
  - Psychiatric disorders including psychoses
  - Complex epilepsy
  - Post-ictal psychosis
  - Organic personality disorder

### Community links

include the Dolphin Centre, which is a sports centre with gym, swimming pools, and hydrotherapy pool.



### Physical health care clinic

is supported by a Registered General Nurse



### Therapy kitchen

and additional therapy spaces



### Inter-disciplinary team input including:

- Psychologist
- Occupational Therapist
- Speech and Language Therapist
- Physiotherapist
- Clinical Hospital Manager
- Therapy Coordinator
- Nurses across RMN/RGN/RNLD disciplines
- Support Workers
- GP cover from local practice



**Onsite Gym** which has weights, exercise bikes and parallel bars for support with mobility rehab



**Close to local town of Darlington**, with access to cinemas, parks, shopping and cafes.



**Multi-functional outdoor space** including garden



## Service user survey results

Each service user at Cygnet St William's is given the opportunity to complete an individual satisfaction survey

**100%**

of individuals have always felt safe during their time in hospital



**100%**

of individuals feel the staff are caring and supportive



**100%**

of service users feel there are enough staff to support them



**100%**

of service users feel they are treated as an individual when it comes to rules and restrictions



**100%**

of service users think the care and treatment they are receiving is helping them progress towards discharge



### Our services at a glance:

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behaviour management
- > Overview and stabilisation of medication with monitoring of side effects
- > Risk assessment and management
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community Reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions

\* Data taken from 2022 surveys

## Where are we?

**Cygnet St William's**

Cygnet St William's, Cornwall Avenue, Darlington, County Durham DL1 2LJ

**Phone number**  
01325 638710



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For more information or to make a referral please call 0808 164 4450 or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

### Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/[chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Please visit [cygnetgroup.com](https://cygnetgroup.com) for more info | Follow us on social media: [Twitter](#) [Facebook](#) [Instagram](#) [LinkedIn](#)

Integrity

Trust

Empower

Respect

Care