

Improving lives together

Specialist residential service for adults with learning disabilities

Gables, Essex

Good

Placements available
Now taking referrals

Located in the heart of a residential community in Colchester, Gables is a specialist residential service supporting adults with learning disabilities and associated complex needs who may have behaviours that challenge. The home provides longer term placements for individuals who require round the clock care and support. Person-centred planning is at the heart of everything we do, based on each individual's specific need.



Mixed gender



18+ 18+ years



7 beds



Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of learning disability
- > May present with behaviours that challenge
- > May have autism
- > May have associated complex needs
- > May have mental or physical health needs

The service at a glance

Gables has 7 en-suite bedrooms which the residents are encouraged to personalise to their own tastes. There are communal spaces including living areas, a bright dining room and an activities of daily living (ADL) skills kitchen to support skill development. Outside there is large garden which has seating for the residents to relax and entertain family members and also a quieter sensory garden.

The team at Gables are focused on ensuring that residents are part of their local community and can access various opportunities to meet their needs. We understand that consistency and continuity of care is important for the individuals we care for.

The home is situated in Colchester, which is Britain's oldest recorded town. Colchester is now a thriving, modern town with many great attractions including Colchester Zoo and Colchester Castle Museum. Nearby there are excellent shopping facilities and many amenities for residents. The coast is a short drive away and London is accessible by regular rail links with journeys taking under an hour.

Our community links:

- > Gateway College and Wilson Marriage College
- > Colchester United Football Club
- > Voluntary work centres
- > Horticultural community programmes
- > Places of leisure and entertainment
- > Charity partnerships and fund raising initiatives
- > Community environment projects and social outings
- > Local shops, libraries and cinemas



Rated ★★
'Good' ★★
with the CQC

Easy read and other
accessible information
available to all residents

Weekly
community
meetings

Supporting individuals to
access **volunteering
opportunities**

100%
of relatives think that
the staff team are
friendly and caring

Supporting
residents
to have
annual
holidays

80%
of staff have
worked at the
service **for over
10 years**

"I feel that this is the best
home that he has been at,
he is safe, cared for with
respect. There is plenty of
entertainment, activities
and social events and my
husband and I are included
in everything. It is a very
caring environment."
Family member

0%
agency
usage for
10 years

Large garden
with outdoor activities
including a sensory garden



For more information or to make a referral
please call **0808 164 4450** or email
chcl.referrals@nhs.net

Where are we?

Gables
262 Ipswich Road, Colchester,
Essex, CO4 0ER

Phone number
01206 841515



CYG-562 | Date of Preparation: 13/04/23

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Integrity

Trust

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Respect

Care