

Improving lives together

Specialist residential service with nursing for adults with learning disabilities

Trinity House, Lockerbie



Located in the heart of a residential community in Lockerbie, Trinity House is a specialist residential service with nursing, supporting adults with learning disabilities and complex needs. The team also support individuals who have behaviours that may challenge and associated mental or physical health needs.



Mixed Gender



18+ years



13 beds in 2 living units



Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability
- > May present with behaviours that challenge
- > May have autism
- > May have mental or physical health needs

Our service at a glance

Trinity House has 11 en-suite bedrooms in a detached period property set away from the main road. There is a choice of living areas, a bright dining room, an activities room and a life skills kitchen. Outside there is a large garden where the residents grow their own vegetables and they have chickens who provide eggs for the service.

Also in the grounds is a 2 bed bungalow, this part of the service supports those who are making their move towards more independent living. As well as its own kitchen and living space, the bungalow also has its own private garden.

The team at Trinity House are focused on ensuring that residents are part of their local community and can access education, employment and other opportunities to meet their needs. Individuals are supported at local paid and voluntary work placements, as well as at living and vocational skills courses at the local college.

The individuals at Trinity House may be stepping down from hospital provision or may need a more robust package of care than can be provided in supported living. They may also be on a journey towards a place of their own.



100% of individuals achieve over 25 hours of **meaningful activity** each week



Residents are supported to attend **college courses**

Inspected and rated with 4's and 5's with the Care Inspectorate



Person-centred recruitment

Residents are part of the staff interview panel



Supporting individuals to access **local volunteering opportunities**

On-site multi-disciplinary team consisting of psychology and speech and language therapy



Residents grow **their own vegetables** and have chicken's to provide their eggs



Quarterly charity events



ran by residents in aid of local charities

Values board in communal area to gain **resident feedback**



Large garden for entertaining



Monthly themed events - any excuse for a party



Handyman provides **woodwork workshops** for residents



Our facilities:

- > En-suite bedrooms, which individuals are supported to personalise
- > Choice of living areas
- > Dining room
- > Activities room
- > Life skills kitchen
- > Garden with greenhouses and seating areas

Our community links:

- > Leisure centres
- > Hydrotherapy and sensory centres
- > Social clubs
- > Shops and cafés
- > Colleges and work placement settings
- > Local river for fishing



For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Trinity House
38 Carlisle Road, Lockerbie,
Scotland DG11 2DS

Phone number
01576 204 676



CYG-535 | Date of Preparation: 13/04/23

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