# Improving lives together

Specialist residential service for adults with learning disabilities and associated complex needs

Hansa Lodge, Essex

Good

Located in Rainham in Essex, Hansa Lodge is a 5 bedroom residential service for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Each individual we support is unique, they have their own goals, needs and interests. We work with each resident to ensure that their life is filled with activities that they enjoy, whilst also supporting them to develop their life skills to enable them to step-down along their care pathway into supported living.







Female



18+ years



Cygne

5 beds

#### Our resident profile:

- Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



## Our service at a glance

Hansa Lodge is a spacious and homely detached property on a residential street within walking distance of local amenities. There is also good public transport links close by with Rainham train station just a short drive away.

Within the service there are 5-ensuite bedrooms, 2 lounges, a dining room, kitchen with a separate laundry and a spacious activity room. Externally there is a large garden with plenty of space for outside games and activities as well as a place for individuals to grow their own plants and vegetables.



Our team supports individuals in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

We offer a wide variety of activities for individuals to choose from, including, community outings, 1:1 activities, regular bingo sessions and any excuse for a themed party in the service.

We understand that the relationships our residents have with their family and friends are very important and integral to their well-being. Therefore we ensure that we enable the individual to stay in touch with loved ones and can facilitate home visits.

#### Our facilities:

- > 5 bedroom
- > Lounges
- > Dining room
- > Kitchen
- > Large garden
- Activity room



Easy read and other accessible information available to all residents



Wide range of activities chosen by service users







Person-centred meal planning with independent cooking skills and healthy eating



Supporting residents on holidays and day trips



**Excellent location with** easy access to local towns and beaches



Games of bingo enjoyed regularly by all residents



Supporting residents to step-down along their pathway to supported living

Regular pamper days



Homely environment with 24/7 support





### Our feedback

"I like living at Hansa Lodge and the staff team are nice." Resident

"The team leaders are lovely". Resident

"Our daughter has been at Hansa Lodge for 2 years and in that time we have always felt supported by the staff. We are very happy with the care and support our daughter has and are made to feel very welcome when we visit." Parents

"I like Hansa Lodge because it has a lounge and also a quiet room where I can go if I want my own space." Resident







#### Our referral process:

- Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- Assessment arranged and undertaken via our management team
- Feedback provided on whether our service can meet the individual's needs
- Assessment pack formulated including care plans and funding information
- Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement







