

Improving lives together

Specialist residential service for adults with autism and learning disabilities

Birches, Nottinghamshire

Good

Now taking referrals



Birches is a 6 bed specialist residential service for adults with autism and learning disabilities, who may also present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

Person-centred planning is at the heart of everything we do, based on each person's specific needs. We understand that consistency and continuity of care is important for the individuals we care for.



Mixed gender



18+ years



6 beds

Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of autism and learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- > May have associated complex needs
- > May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders



Our service at a glance

Birches has 6 en-suite bedrooms as well as numerous communal spaces including 2 lounges, a dining room, a sensory room, IT suite and a large kitchen. Externally there are 2 gardens, one large garden with a swing, trampoline and vegetable patch and a quiet sensory garden also.

The home is located near to the bustling town and city centres of Newark, Lincoln, Grantham and Nottingham, providing easy reach to local amenities, including parks, pubs, restaurants and leisure facilities.

As part of our care pathway, we enable each individual to build upon their skills to achieve further independence, self-advocacy and confidence, leading to a better quality of life.

The team supports each individual to create person-centred activity planners and develop daily living skills both inside the home and out in the community. The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry.

Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

We understand that the relationships our residents have with their family and friends are very important and integral to their wellbeing. Therefore we ensure that we enable the individual to stay in touch with loved ones and can facilitate home visits.



- Rated 'good' with the CQC
- Supporting residents on holiday
- Activity co-ordinator to help plan person-centred activities and trips
- Easy read and other accessible information available to all residents
- Supporting individuals to enhance their skills and their social circles
- On-site multi-disciplinary team consisting of occupational therapy, speech and language therapy, psychology and psychiatry
- Supporting individuals to fulfil their potential and achieve a meaningful life
- Central location with easy access to many local towns
- 70% of staff have been at the service for more than 5 years
- 'Birches Blog' noticeboard updated weekly with useful information for residents
- Residents meetings take place monthly including 'you said, we did'
- Supporting residents to step-down along their pathway to supported living
- Achieved the Dignity in Care Award

Resident survey results

- 100% of residents feel safe
- 100% of residents say staff treat them with respect
- 100% of individuals say staff help them to do things that are important to them
- 100% of residents say staff give them enough information so they can make their own decisions

*Surveys were carried out in Jan 2022

Our community links:

- > Leisure Centres
- > Retail parks and local shops
- > Cinemas and bowling alleys
- > Restaurants, pubs and cafés
- > Good public transport links
- > Local seaside towns
- > Local parks

Our facilities:

- > En-suite bedrooms
- > Lounge
- > Dining room
- > Large garden including a sensory garden, vegetable patch, swing and trampoline
- > Sensory room
- > Activities of daily living kitchen



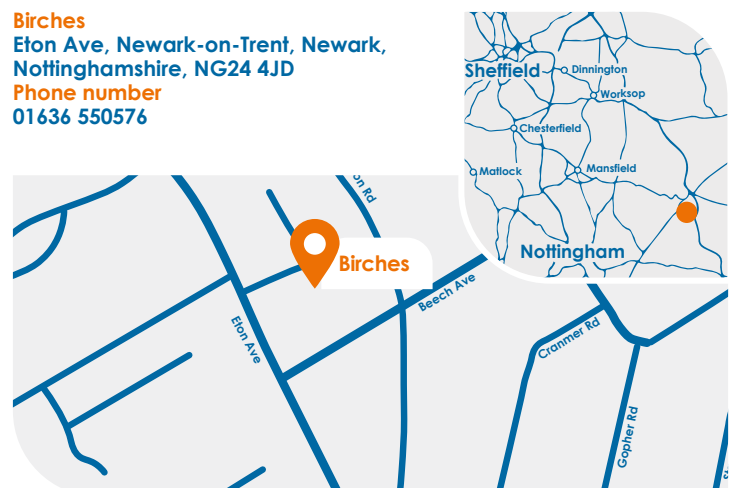
For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Birches
Eton Ave, Newark-on-Trent, Newark,
Nottinghamshire, NG24 4JD
Phone number
01636 550576



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