

Improving lives together

Specialist residential service for adults with learning disabilities

Ducks Halt, Essex

Good

Now taking referrals

Based in the picturesque village of Kirby-le-Soken, Essex, Ducks Halt supports adults who are living with learning disabilities and complex needs, including those who have additional mental and physical health needs, and behaviours that may challenge.

At Ducks Halt, each individual we support is unique, they have their own goals, needs and interests. We work with each resident to ensure that their life is filled with activities that they enjoy, whilst also supporting them to develop their life skills to enable them to live independently. We encourage and enable the individuals we support to lead a full and happy life.



Mixed Gender



18+ 18+ years



5 beds

Our resident profile:

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



Our service at a glance

Ducks Halt is a detached bungalow in a beautiful small village in Essex, which has a couple of pubs along with a village shop and post office. Just two miles away is Walton-on-the-Naze where the residents regularly visit and make the most of the facilities in a typical seaside town. Nearby there are plenty of community facilities for individuals to access, including shops, colleges, a swimming pool and local parks. Ducks Halt has 2 vehicles for the staff to take the residents out on day trips. Clacton and Colchester are a short journey away, providing an extensive array of activities and places to visit.

Ducks Halt is homely and we support residents to personalise and decorate their room as they would like it to be. The service has relaxing living areas and a kitchen to prepare drinks, food and snacks for themselves or their visitors. There is a large garden with a seating area and space for gardening and other outdoor interests, including hosting parties.

We understand that the relationships our residents have with their family and friends are very important and integral to their wellbeing. Therefore we ensure that we enable the individual to stay in touch with loved ones and can facilitate home visits.

Our facilities:

- > 5 bedroom, some of which are en-suite
- > Lounge
- > Dining room
- > Kitchen
- > Large garden with seating area, raised beds for gardening and space for outdoor activities

Our community links:

- > Beaches including the pier and funfair
- > Restaurants and cafés
- > Leisure centres
- > Local spa
- > Colchester zoo
- > Bowling
- > Shopping centres
- > Excellent transport links

Rated 'Good' with the CQC 

2 service vehicles to support outings and independence 

Excellent location with easy access to local towns and beaches 

Supporting residents to step-down along their pathway to supported living 

Easy read and other accessible information available to all residents 

"Some great positive risks have been taken as well as fantastic consistency of care and firm boundaries." External professional

Promote family involvement and facilitate home visits 

Consistently 100% of individuals achieve over 25 hours of activities each week 

Achieved the Dignity in Care Award 

Residents attend Adult Learning College for various life skills courses 

Close relationship with community learning disability team 

Homely environment with 24/7 support 


Our resident feedback

100% of individuals supported at Ducks Halt feel safe 

"I get to pick out my own menus for what I want to cook and eat." Resident

100% of individuals say staff help them to do things that are important to them 

"I am happy with starting my college courses" Resident

"My care is excellent" Resident 

100% of the residents are happy that they can make choices about their own life 



100% of individuals say their care has made them feel better about their life 



"The staff help me to stay in contact with my family" Resident

"I like the activities I get to do. I got to get my nails done and I have a hair appointment booked which I am looking forward to." Resident

Taken from resident surveys completed in November 2021

For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Where are we?

Ducks Halt, 8 Walton Road, Kirby-le-Soken, Essex CO13 0DU

Phone number 01255 853930



- Our referral process:**
- 1 Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
 - 2 Assessment arranged and undertaken via our management team
 - 3 Feedback provided on whether our service can meet the individual's needs
 - 4 Assessment pack formulated including care plans and funding information
 - 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

CYG-1105 | Date of Preparation: 19/04/23

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