

Improving lives together

Specialist residential service for adults with learning disabilities, autism and complex needs

Conifers, Derbyshire

Good



Conifers is a specialist residential home providing outcome focused care for adults with a primary diagnosis of profound to moderate learning disability and autism with associated complex needs. We aim to provide a safe, comfortable and effective environment, promoting independence and community integration. Person-centred planning is at the heart of everything we do, based on each person's specific needs. We understand that consistency and continuity of care is important for the individuals we support.



Mixed gender



18+ years



7 beds

Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disabilities
- > May have a autism
- > May have communication challenges
- > May have associated complex needs
- > May have physical disabilities and require specialist mobility equipment



Our service at a glance

Conifers is a seven bed home with en-suite bedrooms located on the ground floor, enabling the team to support individuals who may be in a wheelchair.

The home is situated in a leafy village close to local amenities. Derby City Centre is 4 miles away and Nottingham City Centre is 14 miles away. Conifers is easily accessible due to good road and rail links.

As part of our care pathway, Conifers enables each individual to build upon their skills to achieve further independence, self-advocacy and confidence, leading to better quality of life.

Our team supports individuals in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

We offer a wide variety of activities for individuals to choose from, including, community outings, sensory therapy, 1:1 activities or simply relaxing indoors listening to music.



Our community links:

- > Elvaston Castle Country Park
- > Pride Park Stadium
- > Derbion Shopping Centre
- > Nottingham Forest Football Club
- > Places of worship
- > Local shops, cafés and restaurants
- > Supermarkets
- > Good road and rail networks

Homely environment
with 24 hours support



Residents meetings take place monthly



Focused on reducing restrictive practice



Regular themed days and parties



Sessions with music tutor



Person-centred meal planning, including regular sensory food tasting



Consistently 100% of individuals achieve over 25 hours of activities each week



Independent advocate attends the service



Person-centred keyworker allocation, staff and resident interests are matched



Spacious garden with outdoor activities including an therapy / activity annex



Easy read and other accessible information available



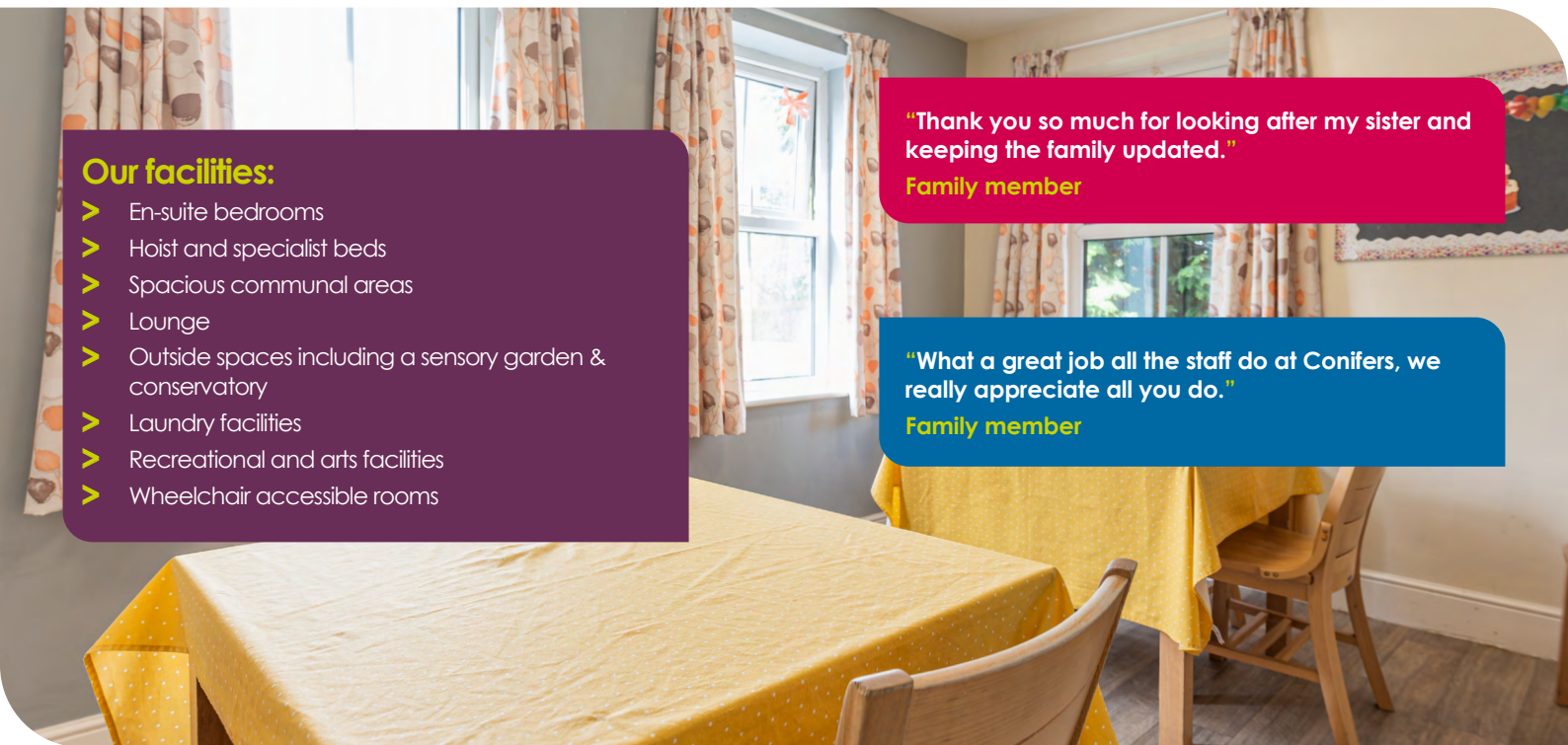
Community activities based on each individual's interests



Monthly pet therapy



Excellent location close to countryside and local towns

Our facilities:

- > En-suite bedrooms
- > Hoist and specialist beds
- > Spacious communal areas
- > Lounge
- > Outside spaces including a sensory garden & conservatory
- > Laundry facilities
- > Recreational and arts facilities
- > Wheelchair accessible rooms

"Thank you so much for looking after my sister and keeping the family updated."

Family member

"What a great job all the staff do at Conifers, we really appreciate all you do."

Family member



For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

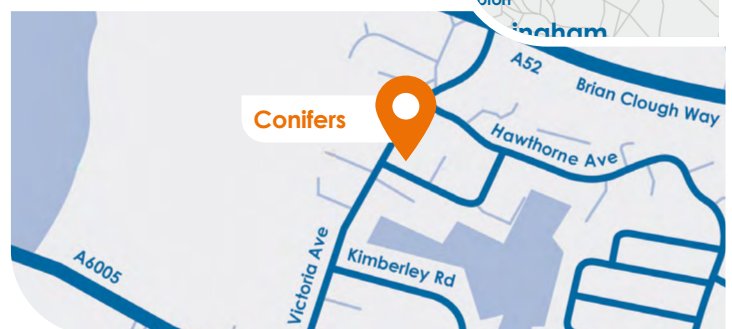
Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Conifers
1 Central Avenue, Borrowash, Derby,
East Midlands DE72 3JZ

Phone number
01332 417031



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