



Press Release

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For Immediate Release

Bradford Worker Wins Assistant Psychologist of the Year

A Bradford woman has won Assistant Psychologist of the Year at a national awards ceremony for her work supporting men struggling with their mental health.

Stephanie Lawson is an Assistant Psychologist at Cygnet Adarna House, a rehabilitation service for men with mental illness and a secondary diagnosis of autism spectrum disorder (ASD). Located on Beacon Road, Bradford it supports up to nine men and provides a homely and community facing environment for individuals who are preparing for community life, but need further support to move to more independent living.

Stephanie was singled out during the Cygnet Annual Psychologists Conference and National Awards 20223 for her commitment to delivering consistently high standards of care.

Organised by Cygnet Health Care, one of the UK's leading health and social care companies offering services to those with mental health needs, learning disabilities and autism, the Assistant Psychologist of the Year award celebrates the person who has consistently demonstrated that they have made a positive impact at their service and continue to make a significant contribution to the wider staff team.

Presenting the award, Dr Matt Gill, Regional Director of Psychology at Cygnet Health Care, said: *"Working as an Assistant Psychologist is one of the most challenging roles in our psychology teams. They not only perform an invaluable role in the delivery of our psychology services, they are also one of the most important members of the MDT, whether it's delivering psychology groups, collecting data for governance or providing training to staff. The role is varied and the demands are enormous.*

"I am pleased that we have been able to celebrate the amazing work our Assistant Psychologists do and I speak for all of our qualified Psychologists when I say we wouldn't be able to do our job without their support.

"The nominees for this award have demonstrated a range of skills throughout their work and I would like to congratulate Stephanie and thank her for the work she does every day and the difference she makes for the patients she cares for."

Upon receiving the award, Stephanie said: *"Being part of the team establishing Adarna House as a new service was an incredibly rewarding experience and my job role provides me a strong sense of achievement and satisfaction.*

"Being given this award was unexpected but I'm very grateful for being recognised for this hard work."

Dr Tony Romero, CEO of Cygnet Health Care, said: *“These awards recognise the achievements and difference our motivated, compassionate and value-driven psychologists make for our services users every single day.*

“We have seen so many wonderful examples of how they, alongside their teams, go above and beyond for the benefit of the individuals in their care.

“As CEO I am proud to count these exceptional individuals as colleagues who exemplify our values at Cygnet.

“This accolade is testament to Stephanie’s hard work, commitment and dedication. At Cygnet Health Care, we strive to provide the highest quality and standard of care and always put our service users at the heart of what we do. This is demonstrated impeccably by Stephanie.”

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Notes to Editors:

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care’s pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care’s focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet’s facilities are rated as good or outstanding, which is above the national average.

www.cygnethealth.co.uk